

MOKARA

 SPAS

A Memorable Occasion...

An Escape...

A Solution...

At Mokara Spa we offer an experience, an opportunity for each and every guest to create their ultimate journey to relaxation and rejuvenation. Each experience has been carefully crafted and developed using the world's most exclusive and luxurious products to leave you pampered, by the knowing hands of highly-trained Aestheticians and Massage Therapists.

Discover your options

Mokara Spa invites you to visit with our Spa Experts to assist you in choosing the correct treatment or program to ensure you achieve your desired outcome. We are committed to assisting you make the right choice so your journey and experience is memorable and solution-oriented.

SPA ETIQUETTE

GUEST TIMELINESS

Allocate a minimum of 30 minutes prior to your treatment to allow yourself ample time to change and enjoy the facilities. Arriving late will only shorten the time available for your spa treatment. Remember, your treatment must end on time to prevent further delays, regardless of how late you start.

RESPECT OUR GUESTS

The Mokara Spa offers guests the rare opportunity to relax in a calm, quiet environment with no disruptions or distractions. Please speak softly and help us maintain this peaceful atmosphere by turning off your cell phone, personal electronic devices, and cameras upon entering the spa.

HEALTH AND COMFORT LEVEL

Please notify the Spa Front Desk before booking treatments if you are pregnant, have allergies, high blood pressure, any physical ailments, or disabilities. This will prepare our staff in advance to provide the best possible spa treatment or therapy for you. Shaving is not recommended before a body treatment or men's facial. If you choose to shave, please do so at least four hours prior to your service.

MINIMUM AGE

The Mokara Spa is an adult facility and appropriate for guests 18 years of age and older. There are specific treatments offered for younger guests. Please contact our Spa Front Desk for more details.

WHAT TO WEAR

The Mokara Spa is a clothing optional environment. Robes and slippers are provided for your comfort and professional draping is performed throughout your treatment. Please remove any jewelry and other valuables prior to your visit.

CANCELLATION POLICY

As a courtesy to all, we ask that a six-hour notice be given if you need to cancel or change your appointment. For a cancellation with less than a six-hour notification, guests will be charged 50 percent of the treatment fee, or \$35 same day rescheduling fee. For no-show appointments, the full treatment fee will be charged. Spa packages are subject to 12 hours cancellation policy.

GROUPS OR LARGE PARTIES

Please contact our Spa Sales Coordinator for information on group treatment packages and group rates that are available at Mokara Spa.

RELAXATION

MASSAGE SELECTIONS

MOKARA SIGNATURE MASSAGE - 80 MINUTES

Sun-Thur \$200 - Fri-Sat \$205

Experience a uniquely therapeutic and deeply relaxing treatment. With the use of a specifically chosen aromacology blend oil and music, one of our skilled therapists will perform a massage combining exclusive techniques with the use of hot and cold stones. You will develop a truly unique and unforgettable experience.

SWEDISH MASSAGE - 50/80/100 MINUTES

Sun-Thur \$130/\$195/\$250 - Fri/Sat \$140/\$205/\$275

Our most popular massage and certainly one of our most enjoyable, The Mokara Swedish massage promotes relaxation, enhances circulation, relieves muscle pain and tension, improves flexibility, and stimulates lymphatic flow to flush out toxins.

DEEP TISSUE MASSAGE - 50/80/100 MINUTES

Sun-Thur \$140/\$205/\$280 - Fri/Sat - \$150/\$215/\$300

Experience the rejuvenating effects of deep-tissue massage, from increased circulation to enhanced muscle function and elasticity. Designed especially for guests who regularly receive massages, this intense indulgence helps restore proper body alignment and range of motion by focusing on the deeper layer of muscle tissue.

SPORTS MASSAGE - 50/80 MINUTES

Sun-Thur \$135/\$200 - Fri-Sat \$145/\$210

This massage is perfect before or after your favorite sports activity. This vigorous massage targets the muscles most commonly used by athletes. Our sports massage combines Swedish-style massage with the benefits of trigger points, compression, stretches, and cross-fiber friction techniques.

HOT STONE MASSAGE - 50/80 MINUTES

Sun-Thur \$155/\$200 - Fri-Sat \$165/\$210

Stiffness and soreness slowly melts away as warm stones are glided along the body. This supremely relaxing massage harnesses the restorative power of thermotherapy - the direct application of warm stones and hands that thoroughly penetrates muscles. The result is a massage that eases discomfort and promotes a holistic sense of well-being.

MOTHER TO BE MASSAGE - 50 MINUTES

Sun-Thur \$130 - Fri-Sat \$140

A wonderful relaxing Swedish massage designed specifically for our moms-to-be in their second and third trimester.

THAI MASSAGE - 80 MINUTES

Sun-Thur \$180 - Fri-Sat \$200

This ancient art, developed during the age of Buddha 2500 years ago, includes a gentle manipulation of your sore muscles and attention to pressure points along the energy lines of your body. You'll emerge refreshed, energized and at peace (loose fitting clothing required for this treatment).

FOUR HANDS MASSAGE - 50/80 MINUTES

Sun-Thur \$225/\$295 - Fri-Sat \$235/\$305

This is an authentic experience where two therapists work on you at the same time, mirroring each other's movements. Massage therapists will focus on muscles that need the most attention. You can trust their intuition to provide you with a transcendent self-care experience.

THE ULTIMATE AROMATHERAPY MASSAGE - 50/80 MINUTES

Sun-Thur \$140/\$200 - Fri-Sat \$235/\$305

With your selected oil blend, your therapist will use carefully applied pressures to stimulate the nervous system. Utilizing specific techniques along the spine, relieving muscular tension, and encouraging healthy circulation, this treatment will dissolve away all of your stress and tension. This unique full body massage experience, drawn from a fusion of eastern and western techniques, enables the therapist to focus on body, mind and spirit.

ZONE THERAPY

To target specific areas

RIVER WALK FOOT RESTORATION - 50 MINUTES

Sun-Thur \$130- Fri-Sat \$140

A luxurious treatment designed specifically for tired feet. This treatment begins with an invigorating foot scrub. A cooling foot balm is then massaged into the feet and calf muscles to restore vital energy flow, before finishing with a rich moisturizing cream to soften and replenish.

SLEEP INDUCING MASSAGE - 50 MINUTES

Sun-Thur \$130 - Fri-Sat \$140

Soothing strokes along with relaxing massage techniques will be used in order to induce sleep. A fruit pectin-infused oil blended with pure essential oils will add a sensory stimulating and organic element to the experience.

REFLEXOLOGY - 25/50 MINUTES

Sun-Thur \$75/\$125 - Fri-Sat \$80/\$135

Reflexology, an ancient Chinese practice based on the theory that each organ in the body corresponds to a specific point on the foot or hand. This is a restorative treatment in which feet and hands are massaged to reestablish an optimal flow of energy or "chi" throughout the body. It's the perfect finish to an active day spent strolling along the River Walk or honing your skills on the golf course.

THERAPEUTIC MASSAGE - 50/80 MINUTES

Sun-Thur \$140/\$205- Fri-Sat \$150/\$215

Let one of our highly trained therapists create a customized massage experience around your distinct needs. Whether you want to re-energize, detoxify or simply relax, this treatment combines a variety of massage techniques to help you reach your goal.

LYMPHATIC DRAINAGE - 50 MINUTES

Sun-Thur \$150 - Fri-Sat \$155

A detoxification-specific massage that utilizes light touch to increase circulation and assist in lymphatic system circulation and drainage.

MASSAGE ENHANCEMENTS

Complement your signature massage experience with a variety of enhancements. Select up to two enhancements for any 50 or 80-minute service.

SCALP & FACE MASSAGE, FEET TENSION RELIEF - 20 MINUTES
\$45 EACH

REJUVENATION

FACIAL CARE

SELECTIONS PROTECT

MOKARA PERSONALIZED FACIAL - 50/80 MINUTES

Sun-Thur \$135/\$190 - Fri-Sat \$140/\$200

A personalized and optimal facial treatment will be designed after a thorough skin analysis and consultation. This innovative and power-packed facial will protect your cells' DNA with Alpine stem cells and OsmoTec, a molecular catalyst that delivers active ingredients to the heart of the skin cell for ultimate age prevention results.

ANTIOXIDANT REVITALIZING FACIAL - 50 MINUTES

Sun-Thur \$150 - Fri-Sat \$160

Skin detoxification is essential for cellular regeneration. This blend of potent vitamins and minerals will treat the skin and neutralize harmful substances that induce aging from the inside out. The resulting detoxification will allow nutrient revitalization which is vital for maintaining youthful skin.

PREVENT

HIGH SKIN REFINER DELUXE ANTI-AGING FACIAL - 80 MINUTES

Sun-Thur \$235 - Fri-Sat \$250

BABOR is at the forefront of developing innovative ways to treat the skin. Using Nobel Prize-winning discoveries, HSR® de luxe is a deep lifting treatment that will help lengthen the life of our skin's DNA and slow down the natural aging process by stopping the glycation of our collagen and elastin, resulting in a reduction of lines and wrinkles.

SEA CREATION FACIAL - 120 MINUTES

All Days

\$350

The combination of specially selected active ingredients from the depths of the ocean and our perfect, exclusive treatment lends skin an incomparably smooth, firm, and youthful appearance. At the same time, the treatment bestows complete inner balance and a feeling of grace while activating the body's energy systems for radiant beauty.

CORRECT

ALPHA BETA PEEL FACIAL - 80 MINUTES

Sun-Thur \$200 - Fri-Sat \$220

This intermediate peel treatment is for a wide range of skin types and combines both alpha and beta

hydroxyl acids to minimize the appearance of surface lines, smooth out rough texture, aid in clearing acne, and help fade hyperpigmentation.

DEEP PORE-CLEANSING FACIAL - 50 MINUTES

Sun-Thur \$150 - Fri-Sat \$160

This treatment is for congested pores and is designed to reduce oil while hydrating skin types.

BEAUTY CARE ENHANCEMENTS

Complement your signature facial experience with a variety of enhancements. Select up to two enhancements for any 50 or 80-minute service.

Collagen Booster Moisture Veil - 15 Minutes

\$30

Sensational Eyes & Lips

\$50

AHA Gentle Chemical Anti-Aging Peel - 15 Minutes

\$50

BODY CARE SELECTIONS

VITAMIN A · C · E INTENSE MOISTURE TREATMENT - 50 MINUTES

Sun-Thur \$155 -

Fri-Sat \$165

Relax during this intensely moisturizing treatment, beginning with a body exfoliation. Utilizing the award-winning Vitamin A · C · E Body Cream in combination with luxurious body oils and lotions, your body will feel revitalized.

ANTI-STRESS REFRESHING BODY EXFOLIATION - 50 MINUTES

Sun-Thur \$145 -

Fri-Sat \$150

Uniquely fine Canadian sea salts packed with minerals combines with harmonious body oil to release all stress and dispel all tension. The skin is silky and hydrated.

SMOOTH SKIN DETOXIFYING BODY WRAP - 50 MINUTES

Sun-Thur \$155 - Fri-

Sat \$165

Anti-cellulite body booster and active treatment utilizes the proven benefits of anti-cellulite massage, while detoxifying with fat-burning ingredients. The result is smoothed-out, taut skin, giving a slimmer and toned appearance for one desired area.

RE-BALANCING THERMAL MUD-WRAP - 70 MINUTES

Sun-Thur \$165- Fri-

Sat \$170

Detoxify inside and out with our most luxurious body treatment. The body and the skin will be rid of

dead skin cells with a rich sea-salt exfoliation followed by a rich mud from the Eifel region to eliminate toxins from the body and re- mineralize the skin. The mineral spring of Aachen, located in Germany, has a balancing effect on the whole body.

SUMMER RAIN - 50 MINUTES

Sun-Thur \$135 - Fri-Sat

\$140

As refreshing and invigorating as a summer rain, enjoy a full body Swedish massage under a cascade of warm water. The experience is enhanced by the use of aromatherapy oil for the massage.

COUPLE'S RITUALS

COUPLE'S RETREAT MASSAGE - 50/80/100 MINUTES

Sun-Thur \$270/\$385/\$540 - Fri-Sat \$275/\$390/\$550

Treat yourself and a companion to the ultimate in relaxation. A dual massage in the comfort of our beautiful spa. Each tandem session is conducted by two of our highly skilled massage therapists.

BODY RESTORATION - 75 MINUTES

Sun-Thur \$400 - Fri-Sat \$410

Restore your body including a dual 50-minute hot stone massage followed by a 25-minute reflexology massage in the comfort of a private treatment suite.

PERFECT BODY & GLOW SKIN RITUAL - 100 MINUTES

Sun-Thur \$540- Fri-Sat \$555

This ritual commences with our couple's retreat massage to alleviate muscle pain and tension followed by our Mokara customized facial, stimulating cell renewal and skin protection against aging. This ritual is performed in the private treatment suite.

MEMORABLE OCCASION - 3 ½ HOURS

\$450

What better gift is there than that of your time? What about creating a shared memory? This package, designed for two people, includes a dual 50-minute Swedish massage in the comfort of a private treatment suite followed by dual spa pedicure and lunch at the Rooftop Café.

PERSONAL JOURNEYS

REVITALIZE YOUR SENSES - 3 ½ HOURS

\$425

Combining a Lymphatic Drainage Body Treatment, the ancient healing technique of Reflexology and an Antioxidant Revitalizing Facial, your body will be nourished and balanced. While the initial results may be subtle, the long-range impact of these treatments is often profound. Lunch at the Rooftop Café is included.

MOTHER TO BE SPA GETAWAY - 4 HOURS

\$475

Specially designed for mothers-to-be, these special therapies will help her to embrace the many emotional, hormonal and physical changes unique to motherhood. The spa getaway consists of a 50 minute Mother to Be Massage, 50 Min Mokara Signature Facial and Rose Hydrating Manicure & Pedicure. Lunch at the Rooftop Café is included.

SPA FOR HIM - 4 HOURS

\$415

Men need spa days too. That's why Mokara has created the Spa for Him package. This package contains a 50 Min Sport Massage or Deep Tissue Massage, 50 Min Black Diamond Exfoliation Facial followed by Gentleman Nail Grooming for hands and feet. Lunch at the Rooftop Café is included.

SPA FOR HER - 4 HOURS

\$425

Pamper yourself and feel renewed and beautiful with a 50 Min Swedish massage, 50 Min Mokara Personalized Facial and finish with a Deluxe Pedicure & Mokara Manicure. Lunch at the Rooftop Café is included.

ULTIMATE SPA ESCAPE - 5 HOURS

\$600

Indulge in a luxury experience with high-end Spa treatments that consist of a 50 Min Hot Stone Massage, 50 Min High Skin Refiner Lifting Facial, Vitamin A.C.E Intense Body Moisture and a Deluxe Pedicure. Lunch at the Rooftop Café is included.

REFRESH & GO - 75 MINUTES

\$160

In a fast paced world, it seems like one never takes the time for oneself. This journey is inspired by the modern health and beauty-minded professional on the go. 25 Min Massage, 25 Min Facial and Classic Manicure.

PERSONALIZED JOURNEY

Select 3 Spa treatments of 50 Min or more and enjoy a saving of 15% off (Package cannot be combined with more than one guest /Spa lunch cannot be considered as one service).

PAIRED SELECTIONS

ESSENTIAL

Sun-Thur \$239- Fri-Sat \$250

A 50-minute Swedish Massage followed by our 50-minute Mokara Personalized Facial.

BODY & FEET

Sun-Thur \$189 - Fri-Sat \$199

A 50-minute Swedish Massage followed by our Mokara Pedicure.

BEAUTY NAILS

\$105

Classic Manicure followed by our Mokara Pedicure.

*Paired selections cannot be combined with more than one guest /Spa lunch cannot be considered as one service.

MEN EXCLUSIVE SELECTIONS

MEN SPORTS MASSAGE - 50/80 MINUTES

Sun-Thur \$135/200 - Fri-Sat \$145/210

Perfect before or after your favorite sports activity, this vigorous massage targets the muscles most commonly used by athletes. Our sports massage combines Swedish-style massage with the benefits of trigger points, compression, stretches, and cross-fiber friction techniques.

MEN DEEP TISSUE MASSAGE - 50/80/100 MINUTES

Sun-Thur \$140/\$205/\$280 - Fri-Sat \$150/\$215/\$300

Experience the rejuvenating effects of deep-tissue massage, from increased circulation to enhanced muscle function and elasticity. Designed especially for guests who regularly receive massages, this intense indulgence helps restore proper body alignment and range of motion by focusing on the deeper layer of muscle tissue.

BLACK DIAMOND EXFOLIATION FACIAL - 50 MINUTES

Sun-Thur \$135 - Fri-Sat \$140

Fine cultured black diamonds and silver spheres will gently yet thoroughly exfoliate the skin. The product will be applied to the face and massaged into the skin, gently removing dry, dead skin, leaving a clean, healthy, glowing complexion.

BACK SCULPTURE - 50 MINUTES

Sun-Thur \$135 - Fri-Sat \$140

A facial for your back, the entire back area will be thoroughly cleansed, toned and exfoliated. After which extractions will take place if needed. Hydrating essential oils in a vegetal base will be applied and massaged into the skin followed by an application of a soft clay mask assisting in balancing sebum production and finishing with a hydrating lotion.

SPA FOR HIM - 4 HOURS

\$415

Men need to Spa too. That's why Mokara Spa created the Spa for Him package. The Spa for Him package contains a 50 Min Sport Massage or Deep Tissue Massage, 50 Min Black Diamond Exfoliation Facial followed by Gentleman Nail Grooming for hands and feet. Lunch at the Rooftop Café is included.

GENTLEMEN'S MANICURE - 25 MINUTES

\$30

Specifically designed for men, this treatment moisturizes and invigorates while leaving skin hydrated and looking incredibly groomed and refreshed. Treatment includes cuticle trimming and a natural buff.

GENTLEMEN'S PEDICURE - 50 MINUTES

\$75

Specifically designed for men, this treatment moisturizes and invigorates while leaving skin hydrated and looking incredibly groomed and refreshed. Treatment includes cuticle trimming and a natural buff.

SALON SERVICES

HAIR SERVICES -

| | |
|---------------------------|----------------|
| Lady's Haircut Only* - | Starts at \$65 |
| Cut and Blow Dry Short - | \$85 |
| Cut and Blow Dry Medium - | \$95 |
| Cut and Blow Dry Long - | \$105 |
| Men's Haircut - | \$50 |
| Children's Haircut - | \$35 |
| Bangs Trim - | \$25 |
| Beard Trim - | \$25 |

BLOW-DRY

| | |
|----------------------|------|
| Short - | \$65 |
| Medium - | \$70 |
| Long - | \$75 |
| Extra Long - | \$80 |
| Extension blow-dry - | \$90 |

UP-DO - Starts at \$75

Does not include shampoo and blow-dry

EVENT STYLE/CURLS Starts at \$75

Does not include shampoo and blow-dry

CHEMICAL SERVICES

| | |
|-------------------------|----------------|
| Single Process Color* - | Starts at \$65 |
| Touch-Up Color - | \$65 |
| Color Gloss - | \$75 |

HIGHLIGHTS

| | |
|-----------------------------------|-----------------|
| Full Head* - | Starts at \$175 |
| Half Head* - | Starts at \$95 |
| Individual Foil (up to 6 foils) - | \$30 |

*Price varies due to length and thickness of hair.

HAIR TREATMENTS

| | |
|--|-------------------|
| Signature Moisture Mask | 30 MINUTES - \$40 |
| Purifying Treatment for Dandruff (Anti bacterial/Anti inflammatory) | 30 MINUTES - \$40 |
| Well-Being Scalp Treatment Massage | 25 MINUTES - \$45 |

MAKE-UP SERVICES

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|---------------------------|------|
| Makeup Artistry - | \$75 |
| Makeup Touch-Up - | \$60 |
| Teen Makeup Application - | \$75 |
| Eyelash Application - | \$25 |

BRIDAL SERVICES

| | |
|------------------------------|----------------|
| Bridal Up-Do Consultation* - | \$50 |
| Bridal Design* - | Starts at \$75 |
| Bridal Makeup Consultation - | \$75 |
| Bridal Makeup - | \$85 |
| Accessory Addition - | \$25 |

*Does not include shampoo & blow-dry

BEAUTY CARE & WAXING SERVICES

| | | |
|-----------------|-------------------------|---------------------------------|
| Ears \$25 | Full Arm \$60 | Brow Shaping \$25 |
| Lip \$25 | Back & Shoulders \$75 | Includes wax, tweeze and trim |
| Cheeks \$25 | Half Leg \$50 | Full Face \$75 |
| Forehead \$25 | Full Leg \$90 | Does not include brow shaping |
| Chin \$25 | Abdomen Wax \$30 | Nose \$25 |
| Neck \$30 | Chest \$65 | Includes nostrils |
| Underarm \$60 | Women Bikini \$50 | Men's Grooming - \$ |
| Half Arm \$30 | Women Brazilian \$90 | Includes brow, nose and ear wax |
| | | Eyebrow Tint \$25 |
| | | Eyelash Tint \$25 |

NAIL SERVICES

CLASSIC MANICURE - 25 MINUTES

\$35

Reshapes nails, touch up cuticles, and massage and hydrate hands.

MOKARA MANICURE - 50 MINUTES

\$55

Designed especially for dry, chapped hands, our luxurious exfoliating scrub gently polishes the skin in preparation for the moisturizing massage that follows. Includes paraffin.

ALPHA BETA PEEL MANICURE - 80 MINUTES

\$85

This age-defying treatment for hands begins with a rejuvenating cleansing and exfoliation of your hands and half arms, an application of glycolic acid to your hands to boost your skin's texture and appearance and finish with a softening hand cream.

GENTLEMEN'S MANICURE - 25 MINUTES

\$30

Specifically designed for men, this treatment moisturizes and invigorates while leaving skin hydrated and looking incredibly groomed and refreshed. Treatment includes cuticle trimming and a natural buff.

MOKARA PEDICURE - 50 MINUTES

\$80

Perfect for the active lifestyle, this pedicure is designed for feet in need of intensive renewal. Your skin will be treated to a luxurious scrub, mask and massage. Cuticles are perfected and nails are trimmed, shaped, buffed and polished.

DELUXE PEDICURE - 80 MINUTES

\$120

All the elements of the Mokara pedicure with the addition of paraffin and additional massage.

MICRODERMABRESION PEDICURE - 50 MINUTES

\$95

This treatment involves manually applying specifically formulated microdermabrasion crystals designed for deep exfoliation. It sloughs off unwanted dry or damaged skin cells and reduces the appearance of unwanted cracks and fine lines of the feet and toes.

GENTLEMEN'S PEDICURE - 50 MINUTES

\$75

Specifically designed for men, this treatment moisturizes and invigorates while leaving skin hydrated and looking incredibly groomed and refreshed. Treatment includes cuticle trimming and a natural buff.

POLISH CHANGE-HANDS - 15 MINUTES

\$25

POLISH CHANGE-FEET - 15 MINUTES

\$25

NAIL REPAIR - 15 MINUTES

\$10

ACRYLIC/GEL REMOVAL - 25 MINUTES

\$20

ADD-ON SERVICES

French Polish – Hands \$12

French Polish – Feet \$12

Paraffin – Hands or Feet \$25

Gel Polish – Hands \$40

Gel Polish – Feet \$45