

HAIR SERVICES

Nourishing Hair Cure	50 min./ \$ 75
Nourishing Long Hair Cure	65 min./ \$ 85
Ladies' Cut and Style	\$ 65 & UP
Gentlemen's Cut & Style	\$ 35 & UP
Blow Dry & Style	\$ 35 & UP
Up-do	\$ 90 & UP
Bridal Hair Consultation	\$ 90 & UP
Bridal Party Services	SPECIAL GROUP RATES CALL FOR PRICE

MAKE-UP SERVICES

Make-Up Application	50 min./ \$ 65
Make-Up Lesson	50 min./ \$ 90
Bridal Make-Up Application	65 min./ \$ 100
Bridal Make-Up Consultation	50 min./ \$ 75
Bridal Party Make-Up	SPECIAL GROUP RATES CALL FOR PRICE

FITNESS SERVICES

Sunrise Yoga	60 minutes \$ 30
Springs Stretch & Walk	\$ 85 first person \$ 35 each additional person
Private Yoga Lessons	60 minutes \$ 75 first person \$ 35 each additional person
Private Pilates Instruction	60 minutes \$ 75 first person \$ 35 each additional person

ABOUT YOUR SPRINGS ETERNAL SPA VISIT

We advise that you make reservations **4-6 weeks in advance**. Reservations for non resort guests will be accepted 72 hours prior based upon availability. We have both male and female service providers, and you will be scheduled with either unless you state your preference.

RESTRICTIONS

The minimum age requirement for access into the Spa Locker Rooms, Baths, Relaxation Lounge, and Fitness Center is 18 years of age. Guests 18 years of age and over may enjoy private spa services in Massage, Facials, Baths, Body Treatments, and Salon Services. Children of guests 14-17 years of age may enjoy all Salon Services and a Teen Facial but must be accompanied by an adult for their entire service.

CANCELLATIONS

If you must cancel or change your spa reservation, please notify us at **least 24 hours** prior to your scheduled appointment time to avoid a cancellation charge. Cancellations made with less than a 24 hour notice will be charged full value of the service. "No-shows" will also be charged in full.

PUNCTUALITY

If you arrive late for your spa service, your service may be modified. Please note that in order to honor the next scheduled appointment, your service will still end at its scheduled time.

UPON ARRIVING

Please arrive at **least 30 minutes** prior to your spa service. If your schedule allows, we highly recommend that you allow yourself an hour prior to your spa service to enjoy our Bedford Bath Ritual. If you are a guest of the resort, we encourage you to leave your personal belongings in the security of your guest suite.

SPECIAL CONSIDERATIONS

Guests who have high blood pressure, heart conditions, or have any other medical complications are advised to consult with a physician prior to reserving any spa appointments. Please make your spa service provider aware of any medical condition. Men having facials should shave no less than two hours prior to their facial for ultimate comfort.

SPA ETIQUETTE

For the peace, quiet and well being of our guests we respectfully request that cell phones are turned off while in the Spa.



SPRINGS
ETERNAL
SPA

SPA SERVICES MENU

*For a Spa Service reservation,
please dial extension 5633
or call
814-624-5633*

OMNI  HOTELS & RESORTS
bedford springs | pennsylvania

Where two prices are listed, the first amount is a special rate offered for services received Tuesday through Thursday. The second amount listed is for services received Friday through Monday.

MASSAGE SERVICES

Eternal Therapeutic	50 min./ \$115/\$130 80 min./ \$175/\$190
Eternal Serenity	80 min./ \$175/\$190
Aromatherapy	50 min./ \$125/\$140 80 min./ \$175/\$190
Aromatic Stone	80 min./ \$185/\$200
Shober's Stone	80 min./ \$180/\$195
Mother-To-Be	50 min./ \$115/\$130
Hydrossage	80 min./ \$160
Hiker's Delight	25 min./ \$65
Blackberry Retreat	25 min./ \$65

BATH AND BODY RITUALS

Relaxing Ritual	100 min./ \$220
add a relaxing bath	120 min./ \$250
Relaxing Bath	20 min./ \$50/\$65
Detox Ritual	100 min./ \$220
add a Detoxifying bath	120 min./ \$250
Detox Bath	20 min./ \$50/\$65

SPA-TOGETHER SERVICES

All Massage Services	Call For Price
Excluding Hydrossage Massage	
All Bath Services	Call For Price

BODY SERVICES

Peppermint Lavender	50 min./ \$115
Sugar Maple Glow	50 min./ \$115
Honeysuckle Ginger Dew	50 min./ \$115
Thermal Mud Wrap	80 min./ \$160
Herbal Body Cure	80 min./ \$160

ADDITIONAL BODY SERVICES

Tropical Salt Mousse	50 min./ \$125
Body Exfoliation	
Tropical Escape	80 min./ \$175
w/papaya/pineapple wrap	

EYE TREATMENTS

Anti-Wrinkles	20 min./ \$60
Compliment a Facial	20 min./ \$40
Decongesting	20 min./ \$60
Compliment a Facial	20 min./ \$40

FACIAL & BODY DEPILATION

Eye Brow	\$20
Abdomen	\$35
Lip or Chin	\$20
Half Back	\$45
Bikini	\$35
Full Face	\$60
Lip and Brow	\$35
Half Legs	\$60
Under Arm	\$35
Full Arms	\$90
Forearm	\$35
Chest	\$90
Full Legs	\$95
Full Back & Shoulders	\$95

FACIAL SERVICES

Aromatherapy Facial	50 min./ \$125/\$140
Rose Radiance	50 min./ \$120/\$135
Timeless European	50 min./ \$120/\$135
Rosacea Treatment	50 min./ \$125/\$140
Gentlemen's Cure	50 min./ \$120/\$135
Morning Dew	80 min./ \$195/\$210
Eternal Glow Indulgence	80 min./ \$165
Collagen Cure	80 min./ \$165
"C" the Revitalization	80 min./ \$165
Eternal Youth with Caviar	80 min./ \$195/\$210

PEDI-CURES AND MANI-CURES

*Eternal Spa Mani-Cure	50 min./ \$65/\$80
*Eternal Spa Pedi-Cure	65 min./ \$95/\$110
Zensational Mani-Cure	50 min./ \$65/\$80
Zensational Pedi-Cure	65 min./ \$95/\$110
Aura Balance Mani-Cure	50 min./ \$65/\$80
Aura Balance Foot Ritual	65 min./ \$95/\$110
*Classic French Mani-Cure	65 min./ \$85/\$100
*Classic French Pedi-Cure	80 min./ \$105/\$125
Anti-Aging Mani-Cure	50 min./ \$65/\$80

* (Includes Paraffin Treatment)

SPRINGS ETERNAL PACKAGES

Springs Eternal Cure - Full Day	\$450
Nature Cure - Half Day	\$325
Deep Tension Cure - Half Day	\$400
Eternal Luxury Cure - Half Day	\$485