



SOUPS & STARTERS

CHIPOTLE CHICKEN CHOWDER 8
sweet corn dumplings

FROM THE CAST IRON KETTLE 6
scratch made soup

VENISON CHILI 9
griddled jalapeño-cheddar bread

SMOKED PAPRIKA DUSTED CALAMARI 8
Texas twister and smoking chipotle sauce

CHILI RUBBED CHICKEN QUESADILLA 9
guacamole and pico de gallo

TEXAS CHILI CON QUESO 8
served with warm tortilla chips

SALADS

HOUSE SALAD 6
mixed field greens, hot house tomatoes,
shredded carrots and cucumber, choice of dressing

TEXAS COBB SALAD 11
Texas blue cheese, jicama, avocado, romaine, smoked bacon,
roasted poblano pepper and buttermilk dressing

SOUTHWESTERN CAESAR 9
crisp romaine, charred corn, ancho croutons
and cilantro-lime caesar dressing

BLT CHOP SALAD 9
field greens, applewood smoked bacon, tomatoes, and hard boiled eggs
tossed in wild honey mustard dressing

SMOKY SPINACH SALAD 8
baby spinach, roasted red pepper, caramelized onion, crumbled Texas goat cheese,
smoked shallot and pine nut vinaigrette

CHILI CANTALOUPE SALAD 8
chili roasted cantaloupe, mixed greens, green beans, baby tomato,
Brazos Valley Select cheese, lemon jalapeño dressing

ADD TO YOUR SALAD:
grilled chicken, seared salmon, grilled mahi mahi or sautéed shrimp

4

CAST IRON LUNCH BUFFET

Monday to Friday

CHEF'S SCRATCH MADE SOUP, ASSORTED SALADS, ARTISAN CHEESE AND DRIED FRUIT
TORTILLA CHIPS WITH ASSORTED GARNISH, HOUSE BAKED ROLLS WITH CREAMERY BUTTER
SOUTHERN INSPIRED ENTREES, COMFORTING SIDE DISHES, ACTION STATION,
TEMPTING SELECTION OF DOWN HOME CAKES, TORTES, FRESH CUT FRUITS AND PUDDING

16.95



SANDWICHES

All sandwiches served with our homemade pickles and your choice of french fries, sweet potato or taro chips.

RED SNAPPER TACOS 10

chipotle aioli, chow chow

TEXAS PANINI 10

mesquite smoked turkey, peppered boar salami, tasso ham, monterrey jack and southwestern olive relish on grilled potato bread

PEPPERED BLT 9

crispy, thick cut Niman Ranch peppered bacon, lettuce, tomatoes, and red pepper mayo on jalapeño-cheddar bread

HALF POUND BLACK ANGUS BURGER 12

choice of: aged cheddar, swiss or pepper jack on challah bun

SOUTHWESTERN CLUB 10

hickory smoked turkey, chipotle bacon, and jalapeño jack cheese on potato bread

TEXAS SHRIMP PO' BOY 12

hatch chili dusted fry shrimp, lemon aioli, shredded lettuce and tomato on hoagie bun

grilled mahi mahi or charred vegetables may be substituted for shrimp

COWTOWN BRISKET DIP 11

smoked sliced brisket, caramelized onion, Rahr beer and honey bun, chipotle demi

CAST IRON ENTRÉES*

CHICKEN FRIED BLACK ANGUS STEAK 18

country gravy, yukon gold mashed potatoes

ROASTED WILD SALMON 16

whole grain butter, lemon confit, slow braised sweet char

GRILLED MARINATED HANGER STEAK 17

cilantro chimichurri, sweet potato fries

CHICKEN AND WILD MUSHROOM PIE 15

slow braised chicken and wild mushroom stew served in puff pastry

All above entrée accompaniments may be substituted by our fresh vegetable of the day, yukon gold mashed potatoes or green chili mac and cheese.

Add a side salad to any entrée 4

*Consuming raw or undercooked meats, poultry, seafood shellfish, or eggs may increase your risk of food-borne illness.



Cast Iron prides itself on offering local and regional food products wherever possible.
18% Gratuity added to parties of 8 or more.