

OMNI SHOREHAM HOTEL

SPA AND SPORTS CLUB



2500 Calvert Street, NW
Woodley Park
Washington, DC 20008
202.756.5199

 **MASSAGE SERVICES** 

 **Tension Reliever**

A massage that focuses on neck and shoulders where most stress and tension accumulates.

50 minutes \$94.40 75 minutes \$147.50

 **Swedish massage**

A classic European massage that uses light to moderate touch over the full body while improving circulation and promoting relaxation.

50 minutes \$94.40 75 minutes \$147.50

 **Deep Tissue Massage**

A combination of moderate to deep pressure that uses a variety of techniques to release tight sore muscles.

50 minutes \$106.20 75 minutes \$159.30

 **Stone Massage**

Taken from the healing rituals of the Native Americans, this treatment stimulates a journey out of mind and body. Incorporating hot stones, a therapist delivers a well-synchronized massage to relieve tension and stress while promoting a harmonizing effect on the body's chakras.

50 minutes \$141.60 75 minutes \$165.20

 **Reflexology**

Ancient technique using pressure point massage on the feet and hands to restore the flow of energy throughout the body.

50 minutes \$94.40

 **FACIAL TREATMENTS** 

 **Business Facial**

For those with little time to spare, a cleansing facial that will leave you feeling rejuvenated.

50 minutes \$94.40

 **Deep Cleansing Facial**

Classic European facial including cleansing, exfoliation, soothing massage, and a customized finishing mask.

50 minutes \$94.40

 **Men's Facial**

Deep cleansing treatment specifically designed for the special skin care needs of men.

Please shave 2 hours prior to treatment.

50 minutes \$94.40

 **Ogenage Replenishing Facial**

Helps to smooth out the appearance of fine lines and wrinkles, stimulates cells, and firms tissue.

Marine spring water combines toning and the anti-free radical effects to help prevent aging.

80 minutes \$159.30

 **Deluxe Hydractive Facial**

Innovative facial treatment designed to provide the hydration necessary for mature skin.

Exclusive freeze-dried marine vegetable fibers saturate upper epidermis, providing instant hydration with visible results after one treatment

80 minutes \$159.30

 **Aromatherapy**

Natural essential oils are used to relax, energize, and smooth muscles and senses.

Can be added to any massage or facial.

\$30