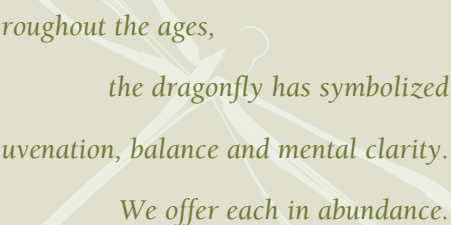


The Spa



S e r v i c e s M e n u

Experience luxury with a European sensibility at the incomparable Spa at the Omni Orlando Resort at ChampionsGate. Here, you can select from an impressive array of treatments designed to refresh and rejuvenate mind, body and spirit. From complete packages to massages, facials, body treatments, nail and salon services, the Spa is the perfect place to enjoy the very highest levels of personalized attention.



*Throughout the ages,
the dragonfly has symbolized
rejuvenation, balance and mental clarity.
We offer each in abundance.*

A Sampling of Our Services:

- ~ An Extensive Selection of Massages
- ~ Hot Stone Massage
- ~ Body Treatments
- ~ Essential Oil Aroma Body Wrap
- ~ Facial Treatments
- ~ Men's Facials
- ~ Salon Services

Spa Guide

Maximizing Your Spa Experience

Please arrive at least 20 minutes prior to your first treatment (excluding salon services) to allow time to check in. This will also allow you to enjoy the facility. The use of the steam, sauna and whirlpool will relax your muscles so that you receive the full benefits of your service.

Arriving late for your scheduled service will deprive you of valuable treatment time. To avoid delaying the next guest, your treatment will end on time regardless of how late you begin.

Spa Etiquette

The Spa is an adult environment of relaxation and tranquility. Please respect all of our guests' right to privacy and quietude by turning off pagers and cellular phones when you enter the Spa.

Personal Possessions

We regret that we cannot be held responsible for the loss of, or damage to, personal articles, including clothing and accessories. We ask that you remove all jewelry before any service. We recommend leaving your jewelry at home or in the safe provided in your guest room.

Service Gratuity Charge

An 18% gratuity charge will be automatically added to your Spa and Salon treatment package prices.

Gift Certificates

May we suggest our gift certificates as an ideal gift year-round for any special occasion? Telephone and mail orders are available.

Reservations

Facility Use

Guests of the Omni Orlando Resort at ChampionsGate may use the Fitness Center at no additional charge. Non-resort guests may use the Fitness Center for a daily fee of \$25; however, the fee is waived with the purchase of a 50-minute Spa service. Guests must be at least 16 years of age to use the facilities and services at the Spa.

We recommend reserving your Spa and Salon services at least one week prior to your visit for the widest selection of treatments and appointment times. Please allow additional notice when booking for holidays and weekends. Spa and Salon treatments may be guaranteed with a credit card.

The Dragonfly Boutique

May we recommend a visit to our exclusive Boutique, which features specialty items and our full line of exclusive Spa products.

Cancellation Policy

If you must cancel or reschedule your Spa or Salon service, please let us know four hours ahead of time to avoid being charged for a scheduled treatment. Groups of 10 or more booking services in the Spa require a two-week guarantee. The Spa strictly adheres to our cancellation policy.

Spa Packages

The Dragonfly Package

Dragonfly Signature Spa Facial and Dragonfly Signature Manicure and Pedicure

Approx. 3 hours ~ \$234

Hydrating Island Escape Package

Deluxe Hydractive Facial, Hydrating Island Wrap, Island Bliss Manicure and Pedicure

Approx. 3½ hours ~ \$328

The Classic

Deep Cleansing Facial and 80-minute Swedish Massage

Approx. 2½ hours ~ \$240

The Quick Fix

Refresher Facial, Tension Reliever Massage and Paradise Manicure and Pedicure

Approx. 2 hours ~ \$190

Trip to the Fountain of Youth

Fountain of Youth Facial, Swedish Massage and Hydrating Solar Manicure and Pedicure

Approx. 4 hours ~ \$328

Men's Spa Escape

Deep Tissue Massage, Mana'ia Wrap and Gentlemen's Facial

Approx. 3 hours ~ \$297

Couples Package

Duet Swedish Massage and Duet Body Relax Essential Oil Wrap

Approx. 2 hours ~ \$396

Bridal Package

Bridal hair style and make-up application, Body Relax Manicure and Pedicure

Approx. 3 hours ~ \$265

Bridal Party Package

Body Relax Manicure and Pedicure, special occasion hair and make-up

Approx. 2½ hours ~ \$220

With a minimum of five people, bride receives her service free.

Groomsmen Package

Hair Cut and Manicure/Pedicure

Approx. 1½ hours ~ \$125

Massages

Tension Reliever

Focusing on the head, neck and shoulder area, where we accumulate the most stress and tension. Not a full body massage.

20 minutes ~ \$65

Swedish Massage

Classic European massage that uses light to moderate touch over the full body. This massage improves circulation and promotes relaxation.

50 or 80 minutes ~ \$105/\$162

The Deep Tissue Massage

A combination of moderate to deep pressure that uses a variety of techniques to relieve tight, sore muscles.

50 or 80 minutes ~ \$115/\$177

The Golfer's Massage

A customized massage based on the guest's needs.

A caring therapist applies pressure to release the toxins, relieve stress and stimulate circulation in troubled areas.

50 minutes ~ \$110

Aromatherapy Massage

This nurturing floral experience lavishes the skin with fragrant flower extracts. The natural floral essential oils are used to relax, energize and soothe muscles and senses.

50 or 80 minutes ~ \$110/\$170

Dragonfly Stone Massage

Smooth basalt lava stones, warmed to utilize their healing properties, are placed on key tension areas and integrated into a variety of massage techniques.

50 or 80 minutes ~ \$120/\$185

Prenatal Massage

Safe, full-body massage with warm oils to relieve the aching muscles which accompany pregnancy.

50 minutes ~ \$105

Duet

Share your experience with a friend, with simultaneous massages in a specially designed treatment room. Two therapists and two tables are used during these services.

50 or 80 minutes ~ \$210/\$324

In-Room Massage

All massage services are available in the privacy of your guest room (excluding Dragonfly Stone Massage).

50 or 80 minutes ~ Additional \$60 service fee.

In addition, there is an array of add-on services that you may opt to indulge in:

Scalp Treatment \$20

Foot Treatment \$25

Mineral Mud Back Treatment \$25

Facials

The Business Facial

A great pick-me-up for those on the go. Includes cleansing, toning, vapor mist, exfoliation and hydrating moisturizer.

25 minutes ~ \$65

Deep Cleansing Facial

Classic European facial includes cleansing, exfoliation, extraction, soothing massage and a customized finishing mask. This service benefits all skin types.

50 minutes ~ \$105

Gentlemen's Facial

This deep cleansing treatment is specifically designed for the special skin care needs of men. The therapeutic and relaxing treatment leaves your skin toned and revived.

Please shave 2 hours prior to your treatment.

50 minutes ~ \$105

The Fountain of Youth Facial

Helps to smooth out the appearance of fine lines and wrinkles, stimulates cells and firms tissue. Marine spring water combines toning and anti-free radical effects to help prevent surface aging.

50 minutes ~ \$140

Deluxe Hydractive Facial

Innovative facial treatment designed to provide the hydration necessary for mature skin. Exclusive freeze-dried marine vegetable fibers saturate the upper epidermis, providing instant hydration and visible results after one treatment.

50 minutes ~ \$140

Dragonfly Signature Spa Facial

A warm, marine therapy compress is applied on the back and spine to induce relaxation. Our facial includes an AHA exfoliation, which ensures optimal efficiency of our treatment masque, and an intensive anti-aging eye contour masque helps soothe the fragile eye area while reducing fine lines and wrinkles. Your skin is bathed in essential minerals and vitamins to stimulate collagen, repair damage, refine pores and resurface your complexion.

70 minutes ~ \$160

Ultimate Back Facial

Dedicated to the beauty and purification of the back, this treatment draws impurities and thoroughly cleanses hard-to-reach areas. A customized masque is selected to complete the facial-like experience, so the back can be bared with confidence.

50 minutes ~ \$100

Regenerating Vitamin C Facial

This facial is designed to give all skin types that special, pampered treatment they deserve. Your skin will feel hydrated, refreshed and ready to take on the environmental ravages of the day. It is the perfect antidote for skin that needs a circulation boost from air travel, illness, medications or stress.

50 minutes ~ \$130

Eye Care and Lip Treatment

This treatment reduces puffiness, dark circles and fine lines around the eyes and decreases wrinkles around the mouth. Can easily be incorporated into any of our facials. 25 minutes ~ \$50

In addition, there is an array of add-on services that you may opt to indulge in:

- Scalp Treatment \$20
- Foot Exfoliation \$25
- Mineral Mud Back Treatment \$25

Body Exfoliations

Lavender-Sage Sugar Glow

Smooth the skin and calm the mind with our lavender sugar scrub. This natural detoxifying body scrub stimulates your immune system and exfoliates dry skin. It is recommended not to shave before this treatment. 25 minutes ~ \$70

Fiji Sugar Glow

Get the South Pacific Island glow with this tropical skin smoothing, super hydrating body glow. Organic cane sugar from Fiji along with exotic nut oils combine to gently exfoliate skin, leaving a youthful glow. This tropical treat concludes with a hydrating massage with exotic massage oil infused with island essences. 50 minutes ~ \$105

Body Treatments

Dragonfly Body Mask

This pampering experience starts with a dry brush massage. It continues with an application of soy clay, then you are comfortably wrapped in a warm cocoon and given a head and foot massage. The mask will help decrease bumps and smooth the skin's texture.

50 minutes ~ \$110

Seaweed Body Mask

This treatment will cleanse your body of impurities using a customized blend of natural seaweed and various essential oils. A perfect way to replenish your energy and relieve stress. Upon completion of the mask, a Sea Tonic is applied to the body to increase the elasticity of the skin.

50 minutes ~ \$110

Shea Butter Wrap

Shea butter is mixed with lemongrass essential oil to help promote hydration and deep relaxation. The treatment starts with a dry brush to the body, and then the butter is applied with long massage strokes. After the application of butter to the entire body, the guest is wrapped in a warm cocoon and given a head and foot massage.

50 minutes ~ \$115

Body Relax Essential Oil Wrap

Aspara is a natural plant that grows by the seashores, which has remarkable stress-relieving properties. (The product is a natural headache reliever). This relaxing treatment begins with a gentle dry brush, followed by a light massage application of Aspara serum and massage cream. After the application of Aspara, the guest is wrapped in a warm cocoon and given a head and foot massage.

50 minutes ~ \$115

Hydrating Island Wrap

Drift off to an island far away in the South Pacific. Your skin is gently dry brushed and then drenched in a treatment of virgin coconut, macadamia and other tropical oils that give your body a boost of vitamins and hydration. While you are basking in the warmth, a stone facial and scalp massage are added to induce a state of deep relaxation and complete this island escape.

50 minutes ~ \$115

Solstice Soother

The Dilo nut, lovingly called "The Tree of Life," is a traditional Fiji remedy designed to rehydrate the skin after a full day in the sun. High in cell-regenerating properties, this treatment will help the body's own healing mechanism to rapidly repair, replenish and nourish the skin.

50 minutes ~ \$105

Mana'ia Wrap (Mana'ia means powerful man)

Men will delight in this treatment. After a dry exfoliation you are immersed in tropical oils from Fiji and lightly wrapped to absorb the nutrients and vitamins of these tropical oils. A scalp, neck and face massage will be given to induce a state of deep relaxation and ease away the day's stress, leaving the body toned and the skin replenished.

50 minutes ~ \$110

Seasonal Spa Treatments

As the seasons change, so will our offerings of delicious seasonal treats. From decadent chocolate, pumpkin and cranberry to cooling fresh cucumber. We will keep you and your skin up-to-date. Ask for details.

Salon Services

Hair Care Therapy

Fijian Coconut Scalp Treatment

Warmed coconut oil rich in vitamins A, B, C and E is drizzled on the scalp and hair from a traditional coconut bowl and massaged in, leaving the hair and scalp fortified and nourished. (*Blow dry not included.*)

25 minutes ~ \$45

Intensive Moisturizing Treatment

Moisturizes and hydrates dry, parched hair. Excellent reparative treatment to help tame the frizzies and provides manageability for thick, coarse or flyaway hair. (*Blow dry not included.*)

25 minutes ~ \$45

Hair Care

Shampoo and Blow Dry ~ \$45

Ladies' Cut and Blow Dry ~ \$65

Men's Cut ~ \$35

Bang Trim ~ \$15

Braid ~ \$45

Single Process Color ~ Tint or Semi-Permanent ~ \$50

Foil Highlighting Partial ~ \$75 and up

 Full ~ \$150 and up

Consultation (applied to services). 15 minutes ~ \$30

Special Occasion Style ~ \$75

Bridal Hair ~ \$100 and up

Make-up

Make-up Application. 45 minutes ~ \$55

Bridal Make-up Application. 60 minutes ~ \$75

We encourage you to schedule a consultation prior to your wedding day for hair and make-up.

Waxing

| | |
|-------------------------------|----------------------------------|
| Lip, Brow or Chin ~ \$25 each | Full Leg ~ \$80 |
| Under Arm ~ \$30 | Lower Leg ~ \$50 |
| Half Arm ~ \$35 | Bikini ~ \$35 and up |
| Full Arm ~ \$50 | Bikini & Full Leg ~ \$110 and up |
| Shoulders ~ \$35 | Bikini & Thigh ~ \$70 and up |
| Full Back ~ \$70 | |
| Chest ~ \$60 | |
| Stomach ~ \$30 | |

Nail Care

Polish Change

| | |
|--------------------------|-------------------------|
| Hands. 10 minutes ~ \$20 | Feet. 15 minutes ~ \$20 |
|--------------------------|-------------------------|

Paradise Manicure

A manicure for guests on the go. Our not-so-basic manicure includes a lemongrass scrub, nail and cuticle care, hydrating lotion and polish.

| | |
|-------------------|---------------|
| 25 minutes ~ \$30 | French ~ \$35 |
|-------------------|---------------|

Body Relax Manicure

A remarkable, refreshing manicure using natural sea plant extracts that possess a stress-relieving property. Finish with a cuticle clean-up, and nails are shaped and polished.

30 minutes ~ \$40

Island Bliss Manicure

Bask in a bath of coconut milk, followed by an exfoliation of cane sugar and tropical nut oils from Fiji. Your hands will then be wrapped in warm coconut butter infused with vitamins to hydrate and soften the skin.

40 minutes ~ \$45

Dragonfly Signature Spa Manicure

This deluxe citrus “facial for the hands” is the ultimate renewal treatment. An intense exfoliation will rejuvenate, deeply hydrate and help restore environmentally stressed hands to a more youthful and healthy appearance.

40 minutes ~ \$40

Hydrating Solar Manicure

Intensive therapy for dry, parched hands. Delicious, sweet almond oil, vitamin E and jojoba treatment. Dead Sea salts to exfoliate, rich shea butter to hydrate and finish with warm paraffin to lock in moisture.

40 minutes ~ \$50

Paradise Pedicure

A pedicure for guests on the go. Our not-so-basic pedicure includes a luxurious soak in our whirlpool, lemongrass exfoliation, hydrating massage and polish.

25 minutes ~ \$40

Body Relax Pedicure

A remarkable, refreshing pedicure using natural sea plant extracts that possess a stress-relieving property. Feet are bubbled in a warm bath then gently exfoliated.

A soothing and moisturizing massage follows with hydrating lotion. Finish with a cuticle clean-up, and nails are shaped and polished.

40 minutes ~ \$50

Island Bliss Pedicure

Get swept away on a tropical breeze as you relax for this tropical spa pedicure. First you will indulge in a warm bath of coconut milk and tropical nut oils from Fiji.

Your feet will be revived with an exfoliation of sugar cane infused with exotic oils and wrapped in a mask of coconut butter, leaving them hydrated and soft.

50 minutes ~ \$65

Dragonfly Signature Spa Pedicure

The ultimate in pedicures. From the tip of your toes to the top of your knees, this luxurious, therapeutic foot treatment features a variety of relaxing, natural elements from the sea. A marine-based masque hydrates, replenishes and protects, and award-winning Cucumber Heel Therapy relieves dry, cracked heels. Finish with a pampering foot and calf massage.

50 minutes ~ \$60

Hydrating Solar Pedicure

Intensive therapy for dry skin. Delight in this intoxicating sweet almond oil, vitamin E and jojoba treatment. Dead Sea salts to exfoliate, rich shea butter to hydrate and finish with warm paraffin to lock in moisture.

50 minutes ~ \$70

Princess in Paradise

Manicure or pedicure for the princess 12 and under.

15 minutes ~ \$20

Sculptured Nails

Full Set Acrylic. 120 minutes ~ \$65

Acrylic Fill. 60 minutes ~ \$45

Full Set Gel. 120 minutes ~ \$78

Gel Fill. 60 minutes ~ \$48

Repair for acrylic or gels (per nail). 15 minutes ~ \$9 each

Paraffin Treatment may be added.

Hands. 15 minutes ~ \$15 Feet. 15 minutes ~ \$22

French may be added to any nail treatment.

Hands ~ \$5

Feet ~ \$10

All services and pricing subject to change.



The Spa
at the

OMNI  ORLANDO RESORT
AT CHAMPIONSGATE

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