

SEAGLASS

GRAB & GO BREAKFAST

BREAKFAST

- BEACH BREAKFAST.....22
scrambled eggs + breakfast potato + country sausage
pecanwood smoked bacon
- PECANWOOD SMOKED SALMON BAGEL.....20
cold smoked salmon + herb cream cheese +
mixed green + tomato + red onion + caper +
hard cooked egg + everything bagel
- MILK-LAB OATMEAL (SELECT ONE).....8
> cultivated blueberry + vermont maple
> toasted coconut + cassia cinnamon
> green apple + sunflower

HANDHELDS

- CROISSANT SANDWICH.....15
scrambled eggs + bacon + cheddar
- FARM & GARDEN WRAP.....14
egg white + spinach + roasted tomato + feta

DAILY BOWLS

- ISLAND BREEZE BOWL.....15
orange + mango + banana + coconut + chia
- PUFFED ANCIENT GRAIN BOWL.....16
chocolate-hazelnut spread + raspberry + yogurt

BREAKING BREAD

- BLUEBERRY MUFFIN.....6
- CARROT-BRAN MUFFIN.....6
- OMNI MORNING COOKIE.....6

SNACKING WELL

- FRESH BERRY CUP.....12
strawberry + raspberry + blueberry
- WHOLE FRUITS.....4
banana or apple
- GREEK YOGURT.....8
- YOGURT PARFAIT.....10
- CHEESE & CHARCUTERIE.....16

SEAGLASS

BEVERAGES

COFFEE

| | SM | MD | LG |
|-------------------|-----|-----|-----|
| COFFEE OF THE DAY | 4 | 5 | 6 |
| CAFÉ AU LAIT | 4.5 | 5.5 | 6.5 |

ESPRESSO

| | | | |
|---------------------------|------|------|------|
| ESPRESSO (single, double) | 4 | 6 | |
| CAPPUCCINO | 4.75 | 5.75 | 6.75 |
| AMERICANO | 4.5 | 5.5 | 6.5 |
| LATTE | 4.75 | 5.75 | 6.75 |
| FLAVORED LATTE | 5.5 | 6.5 | 7.5 |
| FLAVORED MACCHIATO | 5.5 | 6.5 | 7.5 |
| MOCHA | 5.5 | 6.5 | 7.5 |
| WHITE CHOCOLATE MOCHA | 5.5 | 6.5 | 7.5 |

COFFEE-FREE

| | | | |
|-----------------------|-----|-----|-----|
| HOT COCOA | 4.5 | 5.5 | 6.5 |
| BOURBON HOT CHOCOLATE | 9 | 10 | 11 |

HOT TEA

| | | | |
|--------------------------------|------|------|------|
| CHAI TEA LATTE | 4.75 | 5.75 | 6.75 |
| HOT TEA | 4 | 5 | 6 |
| DIRTY CHAI (contains espresso) | 5.5 | 6.5 | 7.5 |

ICED DRINKS

| | | | |
|----------------------------|------|------|------|
| COLD BREW | 5 | 6 | 7 |
| NITRO COLD BREW | 5.5 | 6.5 | 7.5 |
| ICED LATTE | 5 | 6 | 7 |
| ICED VANILLA LATTE | 5.5 | 6.5 | 7.5 |
| ICED CARAMEL MACCHIATO | 5.75 | 6.75 | 7.75 |
| ICED MOCHA | 5.75 | 6.75 | 7.75 |
| ICED WHITE CHOCOLATE MOCHA | 5.75 | 6.75 | 7.75 |
| ICED TEA, ROTATING FLAVOR | 4 | 5 | 6 |
| ICED CHAI TEA LATTE | 5 | 6 | 7 |

COLD BLENDED

| | | | |
|-----------------|-----|-----|-----|
| FRAPPE | 6 | 7 | 8 |
| FLAVORED FRAPPE | 6.5 | 7.5 | 8.5 |

REFRESHERS & SMOOTHIES

| | | | |
|-------------------------------|---|---|---|
| STRAWBERRY ACAI | 6 | 7 | 8 |
| BLOOD ORANGE, COCONUT, GINGER | 6 | 7 | 8 |
| SEASONAL | 6 | 7 | 8 |
| PROTEIN BERRY SUPER SMOOTHIE | 7 | 8 | 9 |
| GEORGIA PEACH SMOOTHIE | 7 | 8 | 9 |

CUSTOMIZE

| | | | |
|---------------------------|---|-------------|---|
| ADDITIONAL FLAVORED SYRUP | 1 | | |
| ADDITIONAL ESPRESSO SHOT | 2 | | |
| SOY MILK | 1 | ALMOND MILK | 1 |
| B-12 BOOST | 3 | | |