

From The Locals

BUTTERMILK PANCAKES 26

cinnamon honey butter + maple syrup
add banana +3 | add chocolate chips +3 | add blueberries +3

ISLAND TOAST 26

french toast + banana + rum sauce + coconut + anise sugar

AMELIA BREAKFAST* 29

eggs + herb roasted potatoes + toast + pecanwood smoked bacon
sausage + coffee + juice

BISCUITS AND GRAVY 19

buttermilk biscuits + country gravy
add two eggs* +10

PICK THREE OMELET (SELECT THREE) 28

spinach + bell pepper + mushroom + vidalia onion + tomato
pecanwood smoked bacon + sausage + local shrimp + ham + cheddar
feta + mozzarella + gouda

Sand Dune Waffles

BEACHES & DREAMS 27

peaches + cream + spiced pecans + orange maple syrup

DAYBREAK* 29

hot and sweet chicken thigh + sausage gravy + fried egg

SUNSHINE BLISS 26

seasonal berries + granola + mint

Sea Oats

SEA OAT STEEL-CUT OATMEAL 19

beach berries + granola

HIGH TIDE AVOCADO TOAST* 28

nine grain toast + avocado + everything spice + fried egg
arugula + heirloom tomatoes
add smoked salmon + 10

OCEAN BLUE SMOOTHIE BOWL 21

yogurt + acai + avocado + blueberry + coconut + seeds

BEACH BERRIES 19

dragon fruit + prickly pear + strawberries + raspberries + blueberries



Sides

TOAST & JAM 6

nine grain, white, caraway rye or gluten-free

SCRATCH MUFFIN 6

blueberry, orange or chocolate

MORE PASTRIES 6

croissant, bagel or biscuit

FARM EGG* 6

your way

BREAKFAST MEATS 9

pecanwood smoked bacon, blueberry-maple
sausage, country sausage, ham or chicken sausage

DRY CEREAL 10

today's selection

Omni Hotels & Resorts cares about providing a healthy and nourishing morning meal. Carefully selected to accommodate modern eating lifestyles, signature offerings include chef-crafted egg bowls, warm house made pastries and locally-sourced grains and proteins. Beverage selections include fresh-squeezed orange juice and Stance Coffee which is directly sourced from the farmers and helps families harvest a better future. Omni's Morning Table is flexible nourishment beyond the buffet, made for your enjoyment in our restaurant or for your convenience On The Go.

The Morning Table 30

stance coffee | numi tea | florida juices | fresh cut fruit | sun berries | yogurts | gluten-free cereals
organic kashi cereals | seven grain granola | bacon | blueberry-maple sausage patties | old-style country sausage | amelia skillet potatoes
omelets | daily breakfast bowl | smoked salmon | cheese | cured meats | biscuits & gravy
bread & butter bar | gluten-free breakfast breads | bagels | jams & preserves | our honey | muffins | all-butter croissants

Liquid Sunshine

FLORIDA JUICE 6
orange or grapefruit

CHEF-SQUEEZED ORANGE JUICE 10
from our juicer today

JUICE 6
V8, tomato, apple or cranberry

STANCE COFFEE 5
regular or decaf

ESPRESSO 4 / 6
single or double

MILK 5
skim, 2%, whole, soy, oat, almond or chocolate

NUMI TEA 5
english breakfast, rooibos chai, earl grey,
jasmine green or chamomile

CAPPUCCINO OR LATTE 7
vanilla, caramel, hazelnut or mocha

MINERAL WATER 5
acqua panna or san pellegrino

ICED TEA 5
sweet or unsweetened

SOFT DRINKS 5
coke, diet coke or sprite



Junior Chefs

Sized for those under the age of twelve

SAND DOLLAR PANCAKES 14
mini buttermilk pancakes + maple syrup
add chocolate chips + 2

SEASIDE BISCUIT 14
biscuit + sausage + over-hard egg + cheddar cheese + herb roasted potatoes

HALF MOON S'MORES WAFFLE 16
waffle + hazelnut spread + toasted marshmallows

DRY CEREAL 10
today's selection

*Consuming raw or undercooked meats / poultry / seafood / shellfish, or eggs may increase your risk of foodborne illness. Parties of 8 or more will have an automatic gratuity of 21% added to the check.