# **ENHANCEMENTS**

## CBD RELIEF 50 MIN \$20 | 100 MIN \$40

Add this CBD enhancement to your massage to target your specific needs for relief from pain in your shoulders, neck, forearms, and/or calves.

# HOT STONE 50 MIN \$20 | 100 MIN \$40

Add warmth to your massage by including a targeted enhancement with hot stones. This is a great way to experience a combination of hot stones with a traditional style massage.

## AROMATHERAPY UPGRADE 50 MIN \$10 | 100 MIN \$20

Enjoy a sensory journey when you choose an aroma from our selection of Pure Fiji oils, to escape into full relaxation.

## RESERVATIONS & SPA DETAILS

RESERVATIONS: In-room: ext. 2220 | 904.432.2220 | aispa@omnihotels.com

Advance reservations are recommended and may be reserved with any major credit card. Please notify us of any medical conditions at time of booking. We kindly ask that you provide 24-hour notice should you need to cancel your reservation to avoid charges.

A 20% service charge is customarily added to each Spa service and shared amongst the Spa staff. However, this may be adjusted at your discretion.

All services are reserved for guests ages 18 and over. All prices and services are subject to change.

### **EXCITING ENHANCEMENTS AHEAD - A BOUTIQUE SPA EXPERIENCE AWAITS!**

We're elevating your spa experience! While our main spa undergoes a stunning transformation, we invite you to indulge in a specially curated selection of treatments at our intimate boutique spa within the hotel. Please visit us in our temporary sanctuary located in suite 171.

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## SIGNATURE SERVICE

#### TROPICAL BLOSSOM RITUAL 100 MIN \$350

This Japanese inspired Hanakasumi ritual begins with a body exfoliation using a warmed exfoliant of cherry blossom, lemon, papaya, and lotus. From there, you will experience a concentrated foot treatment, before concluding with a relaxing body application of cherry blossom scented rice-powder cream.

# **FACIALS**

Includes cleansing, exfoliation, mask, toning and moisturizer.

### CUSTOM CLEANSING FACIAL 50 MIN \$155

Re-establish the natural beauty and health of your skin with pure ingredients and simple luxury. Customized to provide your complexion with the most benefits.

### GENTLEMAN'S FACIAL 50 MIN \$155

This customized, deep cleansing and hydrating facial is scientifically formulated to address the gender-specific needs of men. Our detailed consultation on your home care program will assure continued results.

#### YOUTH RENEWAL FACIAL 100 MIN \$350

Restore your youthful glow! Saffron, sophora and peptides combine to restore your skin while targeting wrinkles and slackened skin. Exfoliation, stimulation massage techniques and a double dermo filling mask leave the skin feeling fresh, plump and youthful. The treatment ends with a hot oil application for the hands and feet.

## DX GLOW FACIAL 100 MIN \$350

This exclusive treatment provides a defense against daily environmental aggressors, restoring your skin's natural balance and enhancing its luminous radiance. Designed to leave you with a vibrant, youthful glow, the experience is elevated with a soothing paraffin hand and foot treatment, delivering a pampering touch of refinement.

#### BRIGHTENING GUA SHA CBD FACIAL 50 MIN \$185

The hydrating and anti-inflammatory benefits of Vital Body's Luminous CBD oil, delivers nourishment and radiance to your skin. Begin with a cleanse, exfoliation and hydrating mask. Next, the Gua Sha tool will enhance circulation, leaving your skin visibly revitalized.



Services highlighted in this color may be enjoyed from the comfort of your room. Please note that in-room massage services are exclusively available for guests staying in king rooms and suites due to space and layout considerations.

## **MASSAGE TREATMENTS**

#### PRENATAL MASSAGE 50 MIN \$155

This massage focuses on the mother-to-be. Safe pregnancy techniques help to alleviate fatigue, soothe muscle and joint pain and improve circulation. *Must be past first trimester*.

## SWEDISH MASSAGE 50 MIN \$155 | 100 MIN \$310

Our most popular massage and one of our most enjoyable. This massage uses light to moderate pressure, while promoting relaxation, enhancing circulation, improving flexibility and relieving muscle pain and tension.

## AROMATHERAPY MASSAGE 50 MIN \$165 | 100 MIN \$330

This flowing, light to moderate pressure relaxation massage includes potent herbal aromatherapy oils formulated to stimulate internal healing. Relaxation points of the back, face and feet are targeted.

## DEEP TISSUE SPORTS MASSAGE 50 MIN \$180 | 100 MIN \$360

Focusing on the deepest layers of muscle tissue, tendons and fascia, this intense indulgence helps restore body alignment and range of motion. This massage is designed specifically for those experiencing chronic pain along with muscle and sports related musculoskeletal issues.

## THERAPEUTIC CBD MASSAGE 50 MIN \$185 | 100 MIN \$360

Experience rejuvenation with Vital Body's powerful blend of CBD, arnica, ginger, rosehip oil, and six additional healing herbs. This therapeutic massage is designed to invigorate muscle and joint circulation, soothe the spirit, and deliver targeted relief. Enhanced by a delicate, grounding aroma featuring juniper, cedarwood, and lavender essential oils, this treatment offers a holistic escape for mind, body, and soul.

# SPECIALIZED TREATMENTS

## REFLEXOLOGY 50 MIN \$155

An ancient Chinese practice based on the notion each body organ corresponds to a specific point on the foot. A restorative process in which feet are massaged to re-establish an optimal flow of energy.

## ENERGIZING SCALP TREATMENT 50 MIN \$155

This treatment is designed to promote relaxation, ease muscle aches and soothe stress. An aromatic scalp and hair oil is warmed and applied vigorously to the scalp, neck and shoulders to stimulate circulation and relieve tension.

### DETOX & RENEWAL TREATMENT 50 MIN \$175

Detox your body with a full-body dry brush exfoliation designed to stimulate circulation and open pores, allowing hydrating massage oil to deeply penetrate your skin. A 30-minute targeted massage on the area of your choice, will leave you feeling refreshed and renewed. Take home a complimentary dry brush to maintain this wellness routine.