RESERVATIONS

For reservations, please contact us by phone or email:

In-room: ext. 2220 | Local (904) 432-2220
Toll-free (877) 843-7722 | aispa@omnihotels.com

Advance reservations are recommended and may be reserved with any major credit card. Please notify us of any medical conditions at time of booking. We kindly ask that you provide 24-hour notice should you need to cancel your reservation to avoid charges. A 20% service charge is customarily added to each Spa service and shared amongst the Spa staff. However, this may be adjusted at your discretion. The Spa meditation area and locker rooms are reserved for guests ages 18 and over. All prices and services are subject to change.

GIFT CARDS

Spa gift cards make an ideal year-round gift for any special occasion. These cards may be purchased for a specific dollar amount.

RETAIL BOUTIQUE

Continue your regimen at home. Spa & Salon products are available in our retail boutique. For mail orders call (877) 843-7722 or e-mail us at aispa@omnihotels.com.

SEA, SAND & SALT PACKAGE  110 min $325
Your package begins with a dry brush exfoliation followed by a salt scrub to cleanse and re-mineralize your skin. The warm waters of our Vichy shower will rinse and prepare the skin for a firming and detoxifying seaweed body wrap. You will enjoy a customized herbal tincture and tea combination as you prepare for the unique experience of our quartz sand table massage.

QUARTZ SAND TABLE MASSAGE  50 min $170
The gentle and deeply affecting warmth of this light touch customized massage provides physical and mental relaxation. This unique service is also beneficial for arthritis, fibromyalgia, joint or back pain and insomnia.

QUARTZ SAND TABLE MASSAGE WITH VIBRATIONAL THERAPY  80 min $265
Enhance your customized experience with the addition of vibrational therapy. Additional stretching techniques and Tibetan hand hammered singing bowls transport you to an even deeper state of relaxation and balances the mind, body and spirit.

SIGNATURE SERVICES

For ages 18 and older.

Psammo therapy utilizes heated sand and dates back to ancient Egypt. Filled with Bavarian quartz and Persian salt, our state-of-the-art sand table combines massage, warmth and zero gravity positioning for a unique and relaxing treatment.

License #MM35285
60 Amelia Village Circle | Amelia Island, FL 32034
(877) 843-7722 | omniameliaislandplantation.com
**SPA PACKAGE**
Facial for ages 16 and older. Massage for ages 18 and older.

**MASSAGE TREATMENTS**
For ages 18 and older.

**SWEDISH MASSAGE** 50 min $135 | 80 min $205
Our most popular massage and one of our most enjoyable. This massage uses light to moderate pressure, while promoting relaxation, enhancing circulation, relieving muscle pain & tension and improving flexibility.

**AROMATHERAPY MASSAGE** 50 min $145 | 80 min $215
This flowing, light to moderate pressure relaxation massage includes potent herbal aromatherapy oils formulated to stimulate internal healing. Relaxation points of the back, face and feet are targeted.

**DEEP TISSUE SPORTS MASSAGE** 50 min $155 | 80 min $235
Experience the rejuvenating effects of a deep tissue massage. This intense indulgence helps restore body alignment and range of motion by focusing on the deeper layer of muscle tissue.

**LOMI LOMI MASSAGE** 80 min $225
This Hawaiian based service utilizes techniques that have been passed down through generations for over 1,500 years. Therapists use vigorous, rhythmic strokes and gentle stretches to treat the body, mind and spirit. You will leave feeling relaxed, refreshed and renewed. **Limited availability.**

**HOT STONE MASSAGE** 75 min $190
This relaxing massage harnesses the restorative power of thermotherapy. Direct application of warm stones and hands carefully and effectively penetrates the muscles.

**COUPLES MASSAGE** 50 min $285 | 80 min $430
Treat yourself and a companion to ultimate relaxation with a dual massage in the comfort of a private treatment room. Your experience continues as you both relax in our private couples relaxation room.

**REFLEXOLOGY** 25 min $70 | 50 min $125
An ancient Chinese practice based on the notion each body organ corresponds to a specific point on the foot. A restorative process in which feet are massaged to re-establish an optimal flow of energy.

**PRENATAL MASSAGE** 50 min $135
This massage focuses on the mother-to-be. Safe pregnancy techniques help to alleviate fatigue, soothe muscle and joint pain, and improve circulation. **Must be past first trimester.**

**COUPLES MASSAGE** 50 min $290 | 80 min $440
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**GENTLEMAN’S SELECTIONS**
Facial for ages 16 and older. Massage for ages 18 and older.

**GENTLEMAN’S FACIAL** 50 min $135 | 80 min $215
This customized, deep cleansing and hydrating facial is scientifically formulated to address the gender-specific needs of men. Our detailed consultation on your home care program will assure continued results.

**HAIR CARE**
Wet Cut..................................................$40
Ladies Shampoo, Cut & Style.........................$70 & up
Color Only (per color)........................................$75
Full Highlights..............................................$160 & up
Partial Highlights.......................................$130 & up
Permanents & Style.................................$140 & up
Updo & Style...............................................$90 & up
Bridal Consult, Hair.................................$75 & up
Men’s Cut & Style......................................$40
Beard Trim...............................................$15

**MANICURES & PEDICURES**
Includes buff or polish.

**MANICURES**
Spa Manicure..........................................80 min $80
Soft Palms Manicure.................................50 min $55
Men’s Handshake Maintenance..................25 min $45

**PEDICURES**
Spa Pedicure..............................................80 min $99
Paradise Feet Pedicure..............................50 min $75
Pampered Soles Pedicure..........................50 min $60
Men’s Sports Foot Treatment......................25 min $55

**SPA DAY OUT PACKAGE | $275**
Offering the ultimate in relaxation, you will enjoy a 50-minute Swedish Massage, a 50-minute Cleansing Facial, a refreshing salad and a non-alcoholic beverage. **No substitution of services.**

**PRENATAL MASSAGE**
Safe pregnancy massage for mothers-to-be. This massage focuses on the mother-to-be. Safe pregnancy techniques help to alleviate fatigue, soothe muscle and joint pain, and improve circulation.

**PLANTATION BLOSSOM RITUAL** 80 min $215
This combination exfoliation & massage service begins with a warmed exfoliant of lemon, papaya, cherry blossom, and rice powder cream. A foot massage based on reflexology is next, followed by a relaxing body massage.

**SWEET SUGAR GLOW** 50 min $125
Using mango and coconut sugar scrub, this treatment rids the body of old skin cells, revealing new healthy skin. Your skin’s elasticity will be enhanced and moisture replenished.

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