

# MOKARA

SPA





relax. revive. rejuvenate.

# EXPERIENCE YOU IN A NEW LIGHT.

The Mokara Spa offers a unique opportunity to experience yourself from a relaxed perspective. In an oasis of rejuvenation, discover a vast array of treatments and amenities, wellness facilities and programs, salon services and more.

# MASSAGES

## RIVER ROCK

### 75 MINUTES

Our signature massage. A treatment designed to leave you feeling as free and independent as floating in water. You will travel on a journey through exclusive techniques featuring the use of hot and cold stones. Our locally inspired aromatherapy blend will stimulate your senses and take you into a deep state of Hill Country relaxation.

## BARTON SPRINGS

### 50 MINUTES | 80 MINUTES | 100 MINUTES

Our most popular massage and certainly one of our most enjoyable. This version of a Swedish massage promotes relaxation, enhances circulation, relieves muscle pain and tension, improves flexibility and stimulates lymphatic flow to flush out toxins.

## THE SADDLERY

### 50 MINUTES | 80 MINUTES | 100 MINUTES

Texas' version of a deep tissue massage. Inspired by the original Mokara Hotel & Spa's roots as a saddle shop, this massage will ease and condition your distressed muscles, much like the restoration of your favorite pair of cowboy boots or saddle.

## SPORTS

### 50 MINUTES | 80 MINUTES | 100 MINUTES

Perfect before or after your favorite fitness activity, this vigorous massage targets the muscles most commonly used by athletes. This sports treatment combines a Swedish-style massage with the benefits of trigger points, compression, stretches and cross-fiber friction techniques.

## MOUNT BONNELL

### 50 MINUTES | 80 MINUTES

One of the most visited sites in Austin, Mount Bonnell is a historic landmark featuring a 775-foot high peak with breathtaking views of the Texas Hill Country. Let our hot stones melt away your stress similar to a Mount Bonnell hike on a warm summer day. The result is a massage that eases discomfort and promotes a holistic sense of well-being.

## MOTHER-TO-BE MASSAGE

### 50 MINUTES

A wonderful and relaxing Swedish massage designed specifically for our moms-to-be in their second and third trimester. Specialized pregnancy support pillows and bolsters are used to provide extra comfort.

## HIMALAYAN SALT STONE

### **50 MINUTES | 80 MINUTES**

Himalayan salt stones, formed by 84 essential minerals, are heated to produce a sense of deep relaxation. The stones are massaged over meridians to melt fascia, provide deep muscle relief and soothe the accumulation of stress and tension in the joints. The sea salt moisturizes and plumps the skin while providing an alkaline detox for the body that improves sleep.

## ARNICA RESTORATION

### **50 MINUTES | 80 MINUTES | 100 MINUTES**

An ancient herbal remedy, arnica has been used throughout Europe as well as North and South America for centuries to help alleviate pain. This rejuvenating treatment incorporates the healing properties of arnica by utilizing stimulating massage oil followed by warm compresses and an application of arnica gel.

## ATX FOOT FIX

### **50 MINUTES**

This luxurious treatment begins with an invigorating foot scrub. A rich moisturizing cream is then massaged into the feet and calf muscles, followed by a cooling muscle gel. It's the perfect finish to an active day on one of our legendary golf courses or hiking the Barton Creek greenbelt.

## NIRVANA STRESS RELIEF

### **50 MINUTES | 80 MINUTES | 100 MINUTES**

This deeply revitalizing treatment uses aromatherapy and tranquil massage techniques to unwind the body, reboot the mind and transform stress into balance. Choose from four aromatherapy blends of exotic herbs and essences, featuring ingredients such as warm and grounding cardamom, calming neroli, clarifying balsam fir and energizing holy basil.

## BLUE EUCALYPTUS ENERGIZING

### **50 MINUTES | 80 MINUTES | 100 MINUTES**

This holistic treatment combats adrenal fatigue caused by our modern and fast-paced lifestyles. The session begins with a steaming blue eucalyptus inhalation to enhance immunity and is followed by a vigorous therapeutic massage with ginger root oil to rebalance the adrenal system.

## GOLF PRO

### **50 MINUTES | 80 MINUTES**

The perfect treatment for post-golf recovery or anyone seeking the benefits of a deep tissue massage. Your therapist will combine a golf ball with their personal touch to ease sore muscles and improve mobility.



# MASSAGES

## HERBAL MASSAGES

**50 MINUTES | 80 MINUTES | 100 MINUTES**

### **BALANCE**

A warming herbal massage that grounds the mind, eases muscle tension and restores internal balance.

### **REST**

This deeply relaxing treatment, featuring long connective strokes, is designed to ease fatigue and soothe an over-stressed nervous system.

### **RENEW**

This stimulating massage encourages and relieves muscle soreness and stiff joints while energizing the senses.

### **DETOX**

This detoxifying treatment uses cleansing oils known for their decongestant and diuretic properties.

## ENHANCEMENTS

**SCALP AND FACE MASSAGE**

**FEET TENSION RELIEF**





# FACIALS

## BARTON CREEK SIGNATURE

### 50 MINUTES

This customized facial will directly address all skin needs: dry, oily, sensitive or tired. Every skin type or condition will be addressed by your esthetician. An innovative and power packed treatment will help protect your skin from premature aging while targeting the treatment to your exact skin type.

## HEALING WATERS

### 80 MINUTES

Indulgence, luxury and precisely coordinated active ingredients are the philosophy of this treatment. Experience the best of relaxation with unique massage techniques as well as the most active and rare ingredients found deep underwater to create a visibly firm, toned, deeply moisturized and wrinkle free surface. The result is a luxuriously plump and firm complexion.

## COLLAGEN INFUSION

### 50 MINUTES | 80 MINUTES

Plump and densify your skin with this collagen boosting therapy. Ultra-potent hyaluronic acid and collagen plump the skin from the inside out while smoothing fine lines and wrinkles. The effect of this treatment is amplified with a thermo sculpting mask to lift and reshape the facial contour.

## REVERSIVE ANTIAGING FACIAL

### 80 MINUTES

Turn back time utilizing the revolutionary time-reverse technology of the BABOR Re-Youth complex. This innovative, luxury facial treatment retains and extends skin cell lifespan, reactivates the skin's own anti-aging mechanism and reclaims lost radiance as it visibly softens fine lines and wrinkles. The lifting effects of this treatment are further intensified by the exclusive, deeply relaxing massage techniques.

## FOUNTAIN OF YOUTH

### 50 MINUTES

High Skin Refiner, the anti-wrinkle expert. Specially designed to improve the skin's resiliency, HSR uses innovative active ingredients to firm, tone and lift. The skin becomes firmer and plumper with more elasticity, allowing the face to regain its youthful contours.

## DETOX AND GLOW

### 50 MINUTES

Skin detoxification is essential for cellular regeneration. This blend of potent vitamins and minerals will treat the skin and neutralize harmful substances that induce aging from the inside out. The resulting detoxification will allow nutrient revitalization which is necessary for maintaining youthful skin.



# FACIALS

## SOOTHE AND RESTORE

### 50 MINUTES

This healing and restorative facial is ideal for sensitive or rosacea-prone skin. Designed to calm inflammation and redness, this facial features regenerating Manuka Honey and Calendula, as well as our hydrating and soothing Texas-grown aloe replenishing gel masque to provide immediate relief for irritated skin.

## MOISTURE DRENCH

### 50 MINUTES

Nature's cure for thirsty, moisture-deprived skin. This hydrating facial immediately replenishes the skin with deeply hydrating botanical blends. A sensorial soothing hibiscus enzyme peel smooths and calms stressed skin. A nourishing facial massage utilizing our Gotu Kola Healing Balm leaves skin radiant and protected from harsh environmental elements.

## TEXAS SUN SEEKER

### 50 MINUTES

For the Austin outdoor enthusiast, this treatment helps to reverse the effects of sun damage and premature aging. Potent antioxidants and corrective botanical extracts revitalize the skin. A breakthrough vitamin C wrinkle repair serum helps firm, brighten and dramatically reduce the appearance of wrinkles.



# FACIAL ENHANCEMENTS

Complement your signature facial experience with a variety of enhancements. Select up to two enhancements for any 50- or 80-minute service.

## SENSATIONAL EYES AND LIPS

**15 MINUTES**

## COLLAGEN BOOSTER MOISTURE VEIL

**15 MINUTES**

## AHA GENTLE CHEMICAL ANTI-AGING PEEL

**15 MINUTES**

## SILVER FOIL MASK

**15 MINUTES**



# BODY CARE

## MOKARA INNER GLOW RITUAL

### **80 MINUTES**

Your journey will begin with a refreshing head-to-toe body scrub. An aromatic melted shea butter is painted on the body as our expert spa therapists wrap you in a hydrating cocoon. While in the wrap, you will experience a relaxing hot oil scalp treatment with your selected aromatherapy. To conclude, the excess shea butter is massaged into the skin, leaving the body hydrated and relaxed.

## LEMON VERBENA BODY POLISH AND WRAP

### **POLISH 50 MINUTES | WRAP 70 MINUTES**

A two-step body polish and hydrating wrap, this body treatment leaves skin radiant and deeply nourished. Bright citrus notes of lemon verbena and gentle buffing grains are blended with aloe vera, oat protein and shea butter to soften the skin and ease discomfort of dryness. Following the scrub, the body is drenched in a soothing and smoothing treatment to promote deep hydration.

## LEMON GRASS MIMOSA BODY SCRUB

### **50 MINUTES**

This refreshing body scrub hydrates and brightens dull skin. Micronized walnut shells exfoliate while mimosa and bamboo extracts create lasting softness. Sparkling notes of lemon grass combined with seductive floral aromas of jasmine and ylang ylang stimulate the senses for total relaxation.

## ESPRESSO MUD BODY SCRUB AND WRAP

### **SCRUB 50 MINUTES | WRAP 70 MINUTES**

This deeply detoxifying, rich mud scrub blends traditional remedies to cleanse and replenish the skin. Enjoy the sweet, earthy notes of Indian tobacco and sarsaparilla with volcanic pumice and coffee arabica to exfoliate the skin and help draw out impurities. A shot of espresso for your on-the-go Hill Country lifestyle.





# COUPLES RITUALS

## COUPLES RETREAT MASSAGE

**50 MINUTES | 80 MINUTES | 100 MINUTES**

Treat yourself and a companion to the ultimate in relaxation as you indulge in a dual massage in the comfort of our private couples suite designed for two. Treatments are customized for each individual. Create a luxe experience for you and a friend, significant other or anyone special in your life.

## HILL COUNTRY ROMANCE RITUAL

**2.5 HOURS**

Enjoy our 80-minute Mokara Inner Glow Ritual in the comfort of our couples suite enhanced with a private shower. To continue the relaxation, treatments are followed by a chef-prepared lunch at the Spa Creek Café.

## SPA HONEYMOON

**4.5 HOURS**

Indulge in a shared memory perfectly crafted for two. This package includes a dual 50-minute Swedish massage in the comfort of a private treatment suite followed by side-by-side Mokara pedicures and a gourmet lunch at the Spa Creek Café.

## BATH CURE ENHANCEMENT

**20 MINUTES**

Add a 20-minute herbal bath cure to begin your couples ritual and maximize the effects of your upcoming treatment.



# PERSONAL JOURNEYS

## SPACATION

### 3 HOURS

The ultimate way to pamper yourself while spending time with friends. This package includes a 50-minute Barton Creek Signature Facial, 50-minute Barton Springs Massage and lunch at the Spa Creek Café.

## MOTHER-TO-BE SPA GETAWAY

### 5 HOURS

Specially designed for expecting mothers in their second and third trimesters, these special therapies will help her to embrace the many emotional, hormonal and physical changes unique to motherhood. The Spa Getaway consists of a 50-minute Mother-to-Be Massage, 50-minute Barton Creek Signature Facial, 50-minute Mokara Manicure, 50-minute Barton Creek Pedicure and lunch at the Spa Creek Café. Specialized pregnancy support pillows and bolsters are used to provide extra comfort.

## SPA FOR HIM

### 4.5 HOURS

Men need spa days too. That's why Mokara Spa has created the Spa for Him package. This package contains a 50-minute Sports or Saddlery Massage, 50-minute Barton Creek Signature Facial, followed by a 25-minute Gentlemens Manicure, 50-minute Gentlemens Pedicure and lunch at the Spa Creek Café.

## SPA FOR HER

### 4.5 HOURS

Pamper yourself and feel renewed and beautiful with a 50-minute Barton Springs Massage, 50-minute Barton Creek Signature Facial and complete your experience with a 50-minute Barton Creek Pedicure, 25-minute Classic Manicure and lunch at the Spa Creek Café.

## ULTIMATE SPA ESCAPE

### 6 HOURS

Indulge in the ultimate spa luxury experience with a collection of high-end spa treatments that consist of a 50-minute Mount Bonnell Massage, 50-minute Barton Creek Signature Facial, 50-minute Lemon grass Mimoso Body Scrub, 50-minute Barton Creek Pedicure, 50-minute Mokara Manicure and lunch at the Spa Creek Café.



# SALON AND MAKEUP

## HAIR SERVICES

Cut and blow dry | Short, medium, long and extra long  
Mens haircut  
Childrens haircut  
Bangs trim  
Beard trim

## BLOW-DRY

Short  
Medium  
Long  
Extra long  
Extensions

## UPDO\*

## EVENT STYLE OR CURLS\*

## CHEMICAL SERVICES

Single process color\*  
Color touch-up\*  
Color gloss\*

## HIGHLIGHTS\*\*

Full head  
Half head  
Individual foil (up to six foils)  
\*\*Price varies due to length and thickness of hair.

## MAKEUP SERVICES

Makeup artistry  
Makeup touch-up  
Eyelash application

## BRIDAL SERVICES

Bridal updo consultation\*  
Bridal design\*  
Bridal makeup consultation  
Bridal makeup  
Accessory addition

\*Does not include shampoo and blow dry.



# BEAUTY CARE

## WAXING SERVICES

Ears

Lip

Cheeks

Forehead

Chin

Neck

Underarms

Half arms

Full arms

Back and shoulders

Half legs

Full legs

Abdomen

Chest

Bikini

Bikini plus

Brazilian

**Brow shaping** Includes wax, tweeze and trim

**Full face** Does not include brow shaping

**Nose** Includes nostrils

**Mens grooming** Includes brows, nose and ears

## TINTING SERVICES

Eyebrow tint

Eyelash tint



# NAILS

## CLASSIC MANICURE

### 25 MINUTES

Reshape nails, touch up cuticles, massage and hydrate hands.

## MOKARA MANICURE

### 50 MINUTES

Designed especially for dry, chapped hands, our luxurious exfoliating scrub gently polishes the skin in preparation for the moisturizing massage that follows.

## CND SHELLAC MANICURE

### 50 MINUTES

A classic manicure with CND no-chip polish. Nails will have a flawless finish and look beautiful for up to two weeks. There is minimal dry time with just a couple of minutes under the ultraviolet lamp.

## GENTLEMENS MANICURE

### 25 MINUTES

Specifically designed for men, this treatment moisturizes and invigorates while leaving skin hydrated and looking incredibly groomed and refreshed. Treatment includes cuticle trimming and a natural buff.

## BARTON CREEK PEDICURE

### 50 MINUTES

Perfect for the active lifestyle, this pedicure is designed for feet in need of intensive renewal. Your skin will be treated to a luxurious scrub, mask and massage. Cuticles are perfected, while nails are trimmed, shaped, buffed and polished.

## MOKARA PEDICURE

### 80 MINUTES

All the elements of the Barton Creek pedicure with the addition of paraffin and additional massage.

## GENTLEMENS PEDICURE

### 50 MINUTES

Specifically designed for men, this treatment moisturizes and invigorates while leaving skin hydrated and looking incredibly groomed and refreshed. Treatment includes cuticle trimming and a natural buff.

## POLISH CHANGE FOR HANDS

### 25 MINUTES

## POLISH CHANGE FOR FEET

### 25 MINUTES



# NAILS

## GEL REMOVAL

**25 MINUTES**

## ADD-ON SERVICES

Dazzle dry lacquer

French polish | Hands

French polish | Feet

Paraffin | Hands

Paraffin | Feet

Gel polish | Hands

Gel polish | Feet



# DETAILS

## CONTACT INFORMATION

8212 Barton Club Drive

Austin, TX 78735

512-306-5813

Mokara Spa is open daily from 9 a.m. - 8 p.m.

## RESERVATIONS

We recommend scheduling spa services prior to your visit for the widest selection of treatments and appointment times. Bookings made on the same day of service and walk-in appointments are always welcome, based on availability. When scheduling, please specify if you prefer a gender for your therapist. If you have any health concerns or are pregnant, there may be contraindications for some services. All appointments must be guaranteed with a major credit card. Prices and services are subject to change.

## CANCELLATION AND RESCHEDULING POLICY

Your treatments are reserved specifically for you. If you must change or cancel your appointment, please notify the spa directly at least six hours in advance of the treatment time to avoid being charged. For a cancellation with less than a six-hour notification, guests will be charged 50% of the treatment fee, or a \$35 same day rescheduling fee. For no-show appointments, the full treatment amount will be charged. Spa packages are subject to a 12-hour cancellation policy.

## SPA ARRIVAL AND CHECK-IN

In order to enhance your experience, we recommend you arrive at least 30 minutes prior to your scheduled appointment to complete a brief consultation form, change and relax. Arriving late will likely shorten your spa treatment, as we must end at the scheduled time so that we may honor the next guest's appointment time. The full value of your treatment will be charged.

## AGE REQUIREMENTS

The minimum age requirement to utilize the spa facilities and receive massages, facials or body treatments is 18 years of age. Any guests under the age of 18 may receive salon services but must be accompanied by an adult.

## AMENITIES

Upon arrival, we will provide with you with a plush robe and spa slippers. Relax before or after your services in our gender-separate relaxation lounges, steam rooms, dry saunas and whirlpools. Please bring a swimsuit for our coed rooftop pool deck. Spa facilities are only available to spa guests on the day of their treatments. Resort guests may purchase a day pass for a \$50 fee, subject to availability.

## SERVICE CHARGE

For your convenience, a 22% service charge will be added to the original cost of each treatment you receive. The service charge will be distributed to the staff that assisted you during your visit. Additional gratuities may be provided at your discretion.

## SPEAK SOFTLY. NO CELL PHONES, PLEASE.

The Mokara Spa offers the rare opportunity to relax in a calm, quiet environment with little disruption or distraction. Please help us maintain this peaceful atmosphere by turning off your cell phones and electronics and by speaking softly.

## SPA CUISINE

Specially designed by our Executive Chef, our spa cuisine is a delicious option to include with your spa treatments and packages. Our Mokara Spa guests will enjoy their healthy meal at the Spa Creek Café. A spa reservationist will assist you with scheduling your lunch to accompany your treatments.

## SPA BOUTIQUE AND GIFTING SERVICE

To continue your treatment benefits, a comprehensive offering of home care products, including those recommended by your therapist, are available in the Mokara Spa Boutique in the lobby of the spa. Mokara gift bags are available to be delivered to your room. If you are unable to carry your purchase in your luggage, we can arrange for it to be sent via courier to your desired destination upon your request.

## GIVE THE GIFT OF RELAXATION

Our Mokara Spa gift card is a thoughtful present for every occasion. Choose from any of our treatments and packages to gift the opportunity of experiencing a truly memorable relaxation and rejuvenation experience.



CALL TODAY TO MAKE YOUR SPA APPOINTMENT.

8212 Barton Club Drive, Austin, TX 78735 • 512.306.5813

[MokaraSpas.com/BartonCreek](http://MokaraSpas.com/BartonCreek)

MOKARA  
SPA