

three
Springs
Spa



Located at the junction of three springs, the spa at Omni Barton Creek Resort offers a relaxing and natural environment where guests find a balance between mind, body and spirit.



PRE-TREATMENT ENHANCEMENT

THE TRANQUILITY RITUAL

Breathe in Ayurvedic oil to heal the body and renew the spirit. Balance the body's seven chakras through Marma point therapy, an ancient form of treatment focusing on facial pressure points. Alter consciousness and create a deep sense of inner peace through the healing sounds of ancient Tibetan Bows.

MASSAGE THERAPY

SWEDISH RELAXATION

A classic massage with gentle, flowing movements that reduces tension in the body and creates a sense of renewal.

ESSENTIAL OIL

A Swedish-style massage with the added benefit of high quality essential oils designed to meet your individual needs.

DEEP TISSUE

Firm pressure and distinct techniques are used to reduce chronic tension and target the deeper layers of muscle fibers in this invigorating massage.

STONE MASSAGE

Warm river rocks are used to enhance this classic Swedish massage and bring healing and balance to the body.

MOTHER-TO-BE MASSAGE

For women beyond the first trimester of pregnancy only.

This massage is specially designed to relax tense muscles, ease sore spots, and improve circulation and mobility in expectant mothers.

COUPLES MASSAGE

Experience a Swedish or Deep Tissue massage side by side with a friend or loved one.

SPORTS MASSAGE

The Sports Massage combines vigorous compression, stretches and trigger point techniques. This treatment reduces muscle soreness and lengthens muscles to improve range of motion.

TRANQUILITY RITUAL MASSAGE

Leave the ordinary world behind and be transported to a place of stillness, healing and complete relaxation with an extended Tranquility Ritual. Incorporating hot stones on the neck and shoulders, this total sensory experience will leave you feeling balanced and peaceful.

CRANIOSACRAL THERAPY (CST)

Using light-touch manual therapy to engage the self-healing capacity of the entire body, CST works to release restrictions in the tissue systems that protect and nourish the central nervous system (CNS). Since every single part of the body is connected to the CNS, the "whole" person is benefited by this gentle work.

THAI MASSAGE

Originating in Thailand, this treatment employs a unique style of massage which consists primarily of slow compressions and deep stretches that activate multiple layers of muscle fiber and encourage blood flow throughout the body. **Loose-fitting clothing is required.*

SPA SAMPLER MASSAGE

The spa sampler massage focuses on any area of the body that accumulates the most stress and tension.

REFLEXOLOGY

Reflexology stimulates full body health, effectively relieves pain, and restores natural balance and well-being. Pressure is applied to specific points on the feet to release tension and improve circulation.

THAI FOOT MASSAGE

This style of massage involves Zone Therapy, the belief that specific points on the feet are directly connected to the body's organs and muscles, along with relaxing techniques to reduce stress and improve circulation.

MASSAGE ENHANCEMENTS

Elevate and enrich your massage experience.

CUPPING

Cupping therapy, the method of using silicone cups to create localized vacuum pressure, is consistent with the theory of acupuncture and is believed to restore flow of qi and blood. Performed within the allotted time of your service, this therapy also provides healing through the release of toxins in the body.

Disclaimer: Due to the vacuum suction pulling impurities from the body, discoloration may occur but will fade within hours or up to two weeks, depending on the amount of stagnation.

DEEP TISSUE

Firm pressure and distinct techniques are used to reduce chronic tension and target the deeper layers of muscle fibers.

SELF HEATING MUD

Nutrient rich and detoxifying, this thermal marine mud helps to release congestion and nourish tissue, improving pain and mobility.

BODY TREATMENTS

LAVENDER AND HONEY SUGAR SCRUB

This lavish sugar scrub is made in-house using locally sourced Texas Hill Country lavender and honey derived from local sources. Honey gently cleanses and tightens, while lavender buds soothe and heal the outermost layer of skin. This scrub concludes with an application of our lavender-infused lotion.

SEA INFUSED SCULPTING SCRUB

After a smoothing multi-exfoliation, a reshaping and refining massage sculpts “dream contours” for perfect looking skin. Clinically proven to decrease volume of the silhouette on the abdomen-hips-thigh area: up to 8% in just three treatments.

MEXICAN CHOCOLATE CAYENNE SCRUB

A delightfully fragrant and invigorating scrub composed of Mexican vanilla, antioxidant rich chocolate, pain alleviating cayenne pepper and exfoliating coffee beans, this treatment is followed by a deeply hydrating vanilla body butter application that leaves skin glowing and smelling delicious.

HERBAL POULTICE

The Herbal Poultice treatment utilizes warmed muslin poultices of herbs that are steamed and applied directly to the body in a kneading action. Heat and herbs are absorbed by the body to help reduce aches and pains, increase lymphatic drainage and condition the skin.

VOLCANIC CLAY WRAP

A supreme purifying mask of volcanic ash and china clay effectively detoxes while essential oils rejuvenate and revitalize the skin, leaving your body refreshed and free of harmful impurities. This wrap concludes with the application of a moisturizing lotion.

TEXAS TWO STEP

This combination treatment begins with a dry brush scrub that removes excess skin and encourages lymph flow. End your treatment with a massage and lotion application, creating a sense of all-over rejuvenation.



FACIALS

PURITY FACIAL

Nutrients obtained from strawberry and rhubarb plants help to combat the signs of aging while leaving the skin plumped, hydrated, revitalized and noticeably smoother.

UPLIFT FACIAL

Açaí enzymes exfoliate and deeply cleanse the skin while botanical proteins provide intense stimulation to facial muscles. Skin will be noticeably toned, lifted and radiant.

PORE REFINING FACIAL

A plethora of antioxidants from raspberry, blueberry and blackberry plants minimize and tighten pores while fighting free radical damage. The skin is left soft and firm.

BRIGHT SKIN FACIAL

Active botanicals even the surface of the skin to brighten and lighten hyperpigmentation. This treatment is perfect for all skin types.

THE DETOX FACIAL

Blended herbs and probiotics destroy toxins and purify the skin. This treatment aids in the clearing and prevention of unwanted blemishes.

GENTLEMEN'S FACIAL

Using essential botanicals without the use of chemicals, acids or parabens, this facial is specially designed to balance all male skin types.

DERMAPLANING FACIAL

This noninvasive exfoliating procedure uses a medical grade blade to remove the outermost layers of dead skin cells and fine hairs from the face. This result-driven facial is crafted to leave your skin feeling renewed, toned and looking lustrous and youthful.

FACIAL ENHANCEMENTS

ARCTIC BERRY PEEL

This multi-step system will refine and smooth the skin while reducing hyperpigmentation. Collagen formation is boosted and skin is firmed and plumped.

EYE TREATMENT

Gently exfoliates and moisturizes around your eyes to brighten and reduce swelling.

LIP TREATMENT

Naturally effective treatment adds a voluptuous, youthful appearance to your lips.

NECK AND DÉCOLLETÉ

Deeply hydrates and plumps the skin, reducing fine lines and wrinkles.

HAND TREATMENT

Hands are hydrated and softened with an immediate, noticeable difference.

NuFACE®

Microcurrents stimulate collagen and elastin and energize muscles, improving facial contour and minimizing the appearance of fine lines and wrinkles.

SELF HEATING MUD

Nutrient rich and detoxifying, this thermal marine mud helps to release congestion and nourish tissue, improving pain and mobility.

HIGH FREQUENCY

High frequency current promotes circulation while detoxifying acne prone skin and reducing pore size.

WAXING

Waxing services may not be performed if you are using topical medications (e.g., Retin-A, Accutane or Renova).

BROW SHAPING

LIP

FULL FACE (includes brow, lip and chin)

BIKINI LINE

UNDERARM

HALF LEG

FULL LEG

BACK OR CHEST

NAIL SERVICES

CLASSIC MANICURE

Rejuvenate your hands with a cleanse, cuticle removal, buff and nail shaping followed by a massage and polish change.

CLASSIC PEDICURE

Revive weary and aching feet with a warm soak, lower leg massage and scrub, followed by a buff, nail shaping, and polish change.

SHELLAC MANICURE

Our Classic Manicure featuring long-lasting, chip resistant polish.

GOLD MANICURE – A long wear, high shine, smudge proof alternative to gel or shellac, the GOLD manicure goes on and comes off just like polish.

GOLD PEDICURE – A long wear, high shine, smudge proof alternative to gel or shellac, the GOLD pedicure goes on and comes off just like polish.

POLISH CHANGE – Available for hands and feet.

NAIL SERVICE ENHANCEMENTS

PARAFFIN DIP

FRENCH TIP

SHELLAC REMOVAL

GOLD UPGRADE

HYDRATING MASK

HOT STONE

HAIR SALON & MAKE-UP ARTISTRY

All hair, color and barber service pricing is subject to change per stylist's discretion.

HAIR SERVICES

Ladies' Cut

Blowout

Roller Set

Flat/Curling Iron

Children's Cut (ages 12 and under)

Special Event Up-Do

COLOR SERVICES

Custom Permanent Color

Full or Partial Highlight

Reconstructing Masque

Clear Gloss Shine Treatment

BARBER SERVICES

Men's Cut

Men's Color

Full or Partial Shave

Men's Grooming or Beard Trim

MAKE-UP ARTISTRY

Basic Make-Up Application

Special Event Make-Up Application

Eyelash Application

TINTING

Eyelash Tinting

Eyebrow Tinting

JUST FOR KIDS (AGES 5 - 12) 25-MINUTE SALON SERVICES

Kids ages 12 and under must be accompanied by an adult while receiving salon service.

My Mini Manicure

Pretty Princess Pedicure

Little Love Up-Do

Simply Sweet Hair Style

Child's Cut (ages 12 and under)

SPA DAY ESCAPES*

BARE NECESSITIES ESCAPE

Enjoy a half day of spa classics with this rejuvenating escape. Receive a 50-minute Swedish Massage and a 50-minute Purity Facial along with one of our delicious lunch selections, served in our Dining Room.

HILL COUNTRY ESCAPE

This true to Texas package includes a 50-minute Swedish massage, a 50-Minute Lavender & Honey Sugar Scrub and a Stone Pedicure along with one of our delicious lunch selections, served in our Dining Room.

YOU & ME ESCAPE

Please note: This service includes individual treatments and will only be scheduled in the same room upon your request.

The perfect way to enjoy the spa with someone else! Indulge with two 80-minute Swedish Massages, two 50-minute Pore Refining Facials and two delicious lunch selections, served in our Dining Room.

INDULGENCE ESCAPE

If you are seeking a full body relaxation, this package is for you. Enjoy an 80-minute Swedish Massage, a 50-minute Bright Skin Facial, a Volcanic Clay Wrap and a Stone Manicure and Pedicure along with one of our delicious lunch selections, served in our Dining Room.

EXPECTANT MOTHER ESCAPE

Specially designed for mothers-to-be, this package features a 50-minute Purity Facial, a Mother-To-Be Massage and a Classic Manicure and Pedicure combination along with one of our delicious lunch selections, served in our Dining Room.

**An automatic 21% service fee is included in Spa Day Escape pricing.*

FREQUENTLY ASKED QUESTIONS

APPOINTMENTS

Walk-ins are welcome; however, we recommend scheduling services at least two weeks in advance to ensure availability. Prices and services are subject to change without notice.

SPA ARRIVAL

Please arrive 30-45 minutes prior to your first treatment. In order to honor each guest's experience, late arrivals will only receive the time remaining on their treatments.

SPA ETIQUETTE

Help us keep the spa a sanctuary of tranquility and relaxation. Please respect the quiet and privacy of other spa guests by refraining from using cameras and cell phones. We invite you to "unplug" during your visit and ask that you speak softly or simply enjoy the silence.

CANCELLATION POLICY

We kindly request that you give us 24 hours' advance notice on any service cancellation or change. Cancellations made less than 24 hours in advance will be charged 50% of the treatment price. "No shows" will be charged 100% of the treatment price.

GRATUITY

Gratuities are accepted for exceptional service. Typical gratuities for spa services begin at 18% and may be higher based upon satisfaction level. In the event that a guest does not check out for services, an automatic 21% gratuity will be added to the final bill.

MONTHLY SPECIALS

We offer seasonal specials which vary from month to month. Please contact the spa for additional details regarding our specials.

YOUTH POLICY

Spa services are available for guests 18 years of age or older. Kids ages 12 and under must be accompanied by an adult while receiving salon services.

GROUPS

Parties of five or more are eligible for additional discounts on spa services. Please contact the Spa Group Coordinator at 512-329-4545 for additional information.

HOURS OF OPERATION

Tuesday through Saturday: 9 am to 7 pm
Sunday and Monday: 9 am to 6 pm

All services and hours of operation are subject to change without notification.





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