

# IN-ROOM MASSAGE TREATMENTS

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Call 866-867-3529 to request an appointment. Services are available daily from 9 a.m.-9 p.m.

## CUSTOM MASSAGE | 50 MINUTES \$135 | 80 MINUTES \$190

Choose from a range of massage therapy techniques including Swedish, deep tissue, sports or reflexology. Or ask your therapist to customize your massage treatment with a stress-busting combination of any or all these techniques.

## AROMA JOURNEY MASSAGE | 50 MINUTES \$145 | 80 MINUTES \$200

Unwind during a sensory balancing massage experience with your choice of three aromatherapy blends infused with essential oils: harmony, lavender or revitalizing. Reawaken your senses, reconnect with nature and restore your health.

## CALM MIND MASSAGE | 50 MINUTES \$145 | 80 MINUTES \$200

Quiet the mind and soothe the body and spirit. Your temples and scalp are massaged with calm mind oil, a restorative blend of peppermint and lavender help to relieve headache tension and stress. Lavender body oil is used to achieve an overall feeling of bliss as we customize your massage with a combination of techniques.

## MOTHER-TO-BE HARMONY MASSAGE | 50 MINUTES \$145 | 80 MINUTES \$200

Designed to address the special needs of the mother-to-be, we combine tried and tested safe pregnancy massage techniques with a Chinese geranium-infused oil that promotes feminine energy and has a harmonizing effect. Helps to relieve tension in your lower and upper back and alleviates swelling in the hands and feet.

## REVITALIZING HOT STONE MASSAGE | 50 MINUTES \$170 | 80 MINUTES \$255

Melt your cares away while smooth, polished river rocks are heated and used to massage the body. Stones are left in patterns on the body to balance the energy centers. Revitalizing body oil adds a wonderful aromatic element to the experience with essences of rosemary, juniper and grapefruit to reduce stress, stimulate circulation, as well as balance and invigorate the body.

## APPOINTMENTS

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Appointments outside of regular hours may be available at an additional fee. A credit card is required to make a reservation. Cash is also accepted upon completion of service.

If you must reschedule or cancel your appointment, please provide at least four hours' notice to avoid charges in full. Appointments starting before noon must be changed or canceled by 9 p.m. the prior evening.

Any services may be received simultaneously as a couples massage, room size permitting.

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