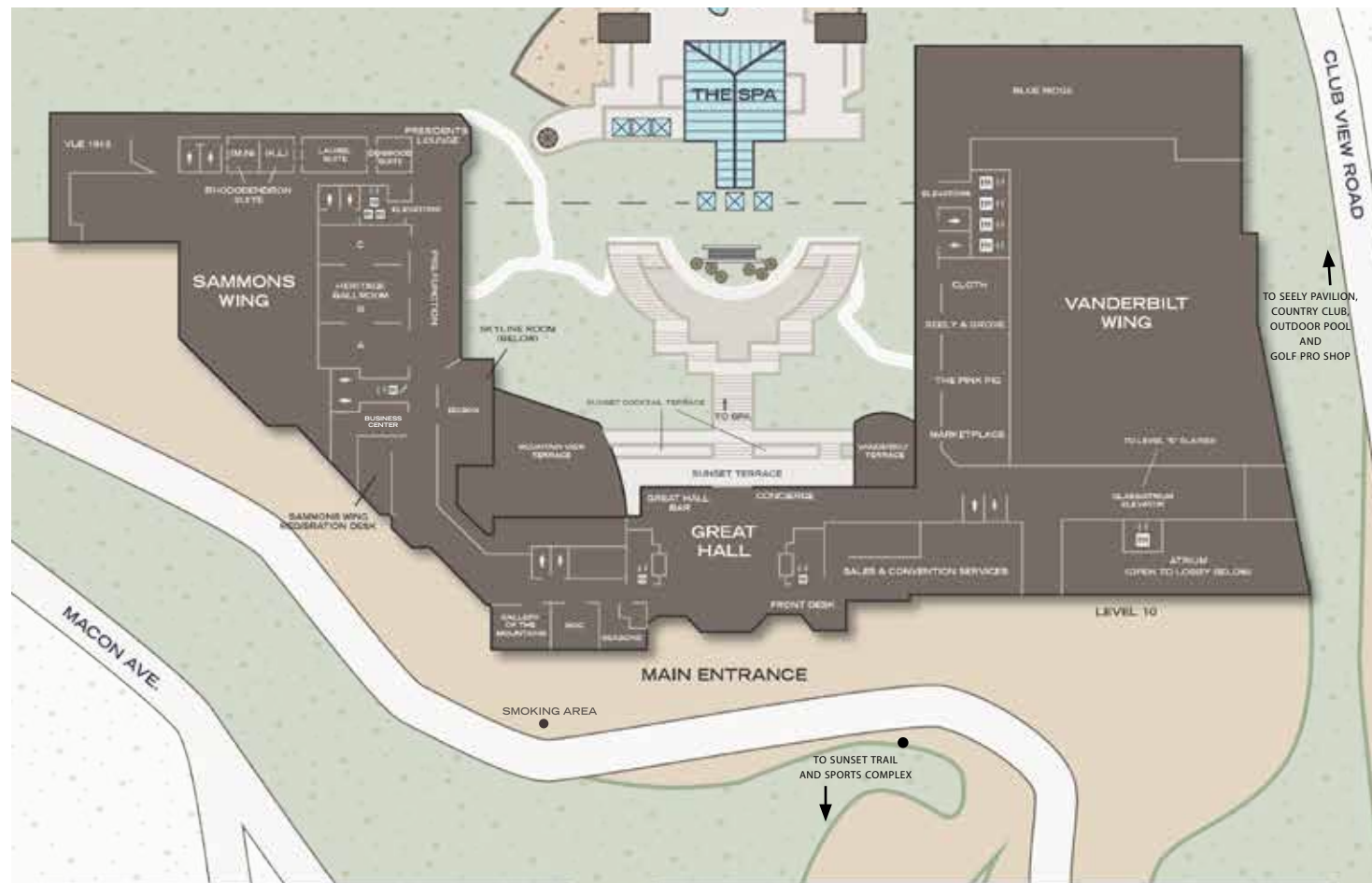


RESORT AREA MAP - For on-property shuttle service, please call Ext. 7045 or visit Guest Services in The Great Hall.



GUEST ROOMS

Main Inn
All three-digit rooms are located in the Main Inn

Sammons Wing
All four-digit rooms ending with the numbers 11-44 are located in the Sammons Wing

Vanderbilt Wing
All four-digit rooms ending with the numbers 50-77 are located in the Vanderbilt Wing

Spa
Take the guest floor elevators in the Sammons or Vanderbilt Wing to access Spa tunnel

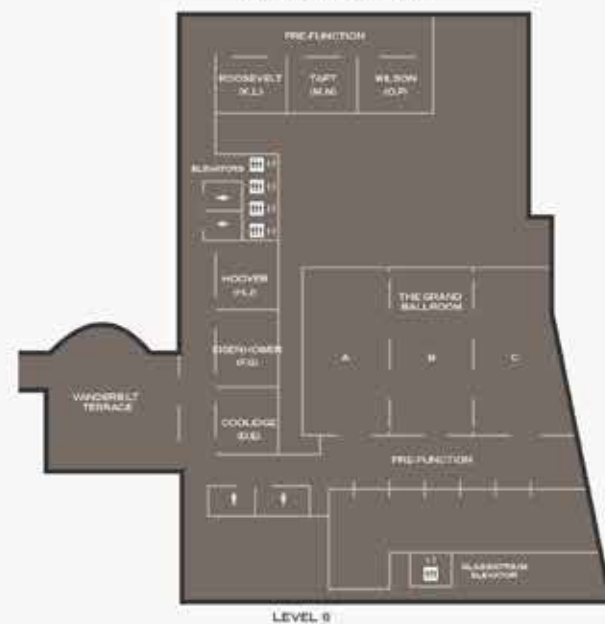
Elaine's Dueling Piano Bar
Take the Atrium elevator to level "E" in the Vanderbilt Wing

MEETING ROOMS
All meeting rooms are located as listed below.

Vanderbilt Wing (8th Floor)
The Grand Ballroom
Coolidge Suite
Eisenhower Suite
Hoover Suite
Roosevelt Suite
Taft Suite
Wilson Suite

Sammons Wing (Lobby Level)
Dogwood Suite
Heritage Ballroom
Laurel Suite
Rhododendron Suite
Skyline Room

VANDERBILT WING



RESORT GUIDE



The Omni Grove Park Inn is a smoke-free property with designated outdoor smoking areas.

PLAYING

GUIDED HISTORY TOUR **§**

Our guided history tour covers the history of E.W. Grove, the construction and early years of the resort, our Arts & Crafts style furniture, and some of our most notable guests. The tour lasts approximately 45 minutes and consists of periods of walking and long periods of standing. Please sign up, in advance at the Concierge Desk. *This tour is complimentary for resort guests and schedule will vary during holiday weekends. EXT. 7001

★ HISTORY VIDEO

No time for the Guided History Tour? Visit the atrium in the Vanderbilt Wing to enjoy our historical video synopsis of the Inn, as well as an excerpt from the documentary, The Mystery of George Masa. These informative and short videos run every day from 8am-8pm.

HEALTH & FITNESS CENTER **§**

Get energized at our Sports Complex, featuring personal training sessions, fitness classes like Yoga and Pilates, treadmills, elliptical trainers, free weights and more than 20 Paramount stations. EXT. 1046

TENNIS **R | §**

Take it to the courts at one of the "50 Greatest Tennis Resorts" as rated by *Tennis Magazine*, featuring three indoor and three outdoor courts, lessons and clinics. EXT. 1046

RACQUETBALL **R**

Show off your swing with a game of racquetball, available in one-hour intervals. Rackets, balls and goggles are free for guests wishing to play. Check in at the registration desk before hitting the courts. EXT. 1046

SHOPPING, SAMMONS WING PROMENADE

Seasons offers unique, seasonal home decor items and is located in the Sammons Promenade. Alongside Seasons, you will find N.O.C. Asheville Basecamp, your resource for outdoor gear and regional activities, and Gallery of The Mountains, home for handcrafted items created by artists of the Southern Appalachian area.

SHOPPING, SHOPS AT EMPORIUM 1913

Visit the Shops at The Emporium 1913 in our Vanderbilt Wing, for all your retail therapy. These four interconnected shops, Cloth, Seely & Grove, The Pink Pig, and Marketplace, provide you with everything you need from logo'd merchandise and local crafts to unique house made treats and gourmet chocolates.

★ 2018 WINTER CONCERT SERIES **§ R**

BIG BAND, CLASSIC ROCK-N-ROLL & COMEDY LEGENDS
Whatever the winter temperature outside, The Omni Grove Park Inn will remain warm and toasty, serving award-winning musical and comedy talent in style. Available mid-January to late March 2018, the 29th annual series will feature activities and concerts wrapped up in themed weekend packages offering tickets, accommodations, breakfast each morning and more.

Call 800.438.5800 to purchase your package.

January 12 - 14, 2018 - Big Band

March 16 - 18, 2018 - Classic Rock-N-Roll

March 23-25, 2018 - Comedy Classic



THE STRANGER

R = Reservations recommended
§ = Available for an additional fee
★ = Featured

EATING

EDISON, CRAFT ALES + KITCHEN **L | D | C | Q | R**

This inventive restaurant and bar brings together the food culture and local flavors of the region, with expansive indoor and outdoor seating that offers spectacular views of the Blue Ridge Mountains. EDISON serves regionally inspired food in a contemporary, fun and artistic setting. Sun-Thur 11am-11pm, Fri-Sat 11am-midnight

★ VUE 1913, AN AMERICAN BRASSERIE **D | C | Q | R**

Vue 1913, An American Brasserie is located at the far end of the Sammons Wing. This American twist on a classic European style restaurant offers guests a comfortable and stylish setting for a leisurely meal designed only with the love of wine and food in mind. Nightly 5-9:30pm



VUE 1913

BLUE RIDGE **B | D | C | Q**

Our farm-to-table artisanal buffet overlooks the majestic Blue Ridge Mountains. The award-winning Friday night Seafood Buffet, Saturday night Prime Rib Buffet and the renowned Sunday Champagne Brunch are not to be missed.

Art of Breakfast daily 6:30-10:30am, Fri + Sat Dinner 5-9pm, Sun Brunch noon-2:30pm



BLUE RIDGE

SPA CAFÉ **B | L | C**

Located adjacent to The Spa, the Spa Café offers fresh, house made juices and smoothies, healthy breakfasts, salads, sandwiches and wraps. This is an intimate dining spot with indoor and outdoor seating, offering a relaxed environment to enjoy a light meal with a juice or even a glass of Champagne or a cocktail. Breakfast daily, lunch and light dinner 7:30am-6pm

★ THE MARKETPLACE **B | L | D**

At the corner of our retail promenade, the Marketplace is the perfect place to get a Peet's® coffee and house made pastry or to pick up a sandwich or house made pizza for a quick meal. Stop by our adjacent sweets boutique, The Pink Pig, for a frozen treat, decadent dessert or designer chocolate. Located in the Vanderbilt Wing on Lobby Level. Sun-Thur 6am-9pm, Fri + Sat 6am-10pm

IN-ROOM DINING **B | L | D | C | A**

Available 24 hours, daily. Please refer to your in-room menu for dining options. EXT. 1515

Due to North Carolina law, alcohol will not be served prior to 10am on Sundays.

A = All-day dining **C** = Serves cocktails
B = Serves breakfast **Q** = Reservations may be booked on OpenTable.com
L = Serves lunch
D = Serves dinner

ENTERTAINING

THE GREAT HALL BAR

This iconic bar is a magnificent place to soak up the history and tradition of The Omni Grove Park Inn, as well as an impressive beverage menu led by signature cocktails. The charm is old-world rustic; live music and entertainment unfold nightly; and immense 36-foot stone fireplaces flank the space.

Sun-Thur 11am-midnight, Fri + Sat 11am-1am

★ EDISON, CRAFT ALES + KITCHEN

This inventive bar focuses on local favorites, including handcrafted cocktails, locally brewed beer and regionally inspired food. EDISON's bar is the ideal venue to relax and watch your favorite team on game day while enjoying panoramic views of the Blue Ridge Mountains.

Sun-Thur 11am-11pm, Fri-Sat 11am-midnight



EDISON

★ PRESIDENTS LOUNGE

For a fine selection of wines by the glass, specialty vodka and gin handcrafted cocktails, and a variety of small plates, Presidents Lounge caters to your before and after dinner plans. Looking out across the cityscape of downtown Asheville and the Blue Ridge Mountains, you can relax as the sunset paints the sky. Located just past the Heritage Ballroom in the Sammons Wing. Fri-Sat 5-10pm

ELAINE'S DUELING PIANO BAR

Music meets comedy at this nighttime hot spot, featuring the high-energy entertainment of Dueling Pianos. Sip signature drinks as you laugh the night away. Located on level "E" of the Vanderbilt Wing. Thur-Sat 8pm-1am. Entertainment starts at 9pm. Must be 21 years of age or older.



ELAINE'S DUELING PIANO BAR

Due to North Carolina law, alcohol will not be served prior to 10am on Sundays.

RELAXING

★ SPA TREATMENTS | AGES 18+ **R | §**

Voted one of the "Top Resort Spas in the U.S." by *Condé Nast Traveler*, our 43,000-sq.-ft., world-class spa offers everything from facials to massages, body treatments to nail services. Consider the Blue Ridge Symphony Massage, or for a complete renewal, the Fire, Rock, Water and Light. Your spa treatment grants you access to our spa pools and amenities all day long, regardless of your scheduled treatment time. Daily 8am-9pm. EXT. 2772

SPA POOLS AND DAY PASSES | AGES 18+ **R | §**

Take time for yourself and enjoy our spa's 18,000 sq.ft. of amenities, including relaxation pools, exhilarating contrast pools, a lap pool, an inhalation room, a sauna, a eucalyptus-infused steam room and much more. Or, simply relax, sip herbal teas and savor refreshments in our separate Men's and Women's Relaxation Lounges. *The Spa is open for those without a scheduled treatment through the purchase of a Spa Day Pass. When available, passes may be purchased upon entry to The Spa anytime after 9am. Passes are sold the day of entry and are available Monday-Thursday. All passes are limited and are not sold in advance. Daily 9am-9pm. EXT. 2772*



WOMEN'S SPA FIREPIT

SPA BOUTIQUE

Whether or not you decide to join us for a treatment, consider stopping by The Spa Boutique. Take your spa experience home with a host of intriguing gift ideas, including our signature spa line, skin & body elixirs, clothing, gift baskets and more. Shipping available. Daily 8am-9pm. EXT. 7740

SPA CAFÉ **B | L | C**

Located adjacent to The Spa, the Spa Café offers fresh, house made juices and smoothies, healthy breakfasts, salads, sandwiches and wraps. This is an intimate dining spot with indoor and outdoor seating, offering a relaxed environment to enjoy a light meal with a juice or even a glass of Champagne or a cocktail. Daily 7:30am-6pm

RESORT POOLS

Our 50,000 sq. ft. Sports Complex houses an indoor fitness and family pool kept at the ideal temperature to play in year round. Come enjoy this pool and other fun amenities our Sports Complex has to offer. Mon-Sat 6am-9:30pm, Sun 7am-9:30pm. EXT. 1046

QUICK CONTACTS

Operator	(828) 252-2711 OR O
Dining Options	EXT. 1011
Concierge Desk	EXT. 7005
The Floral Shop	EXT. 2046
Personal Fitness	EXT. 1046
Golf Tee Time	EXT. 1012
The Spa	EXT. 7720
Spa Café	EXT. 7760
Sports Complex Tennis Lessons	EXT. 1046

PLANNING FOR THE WEEK

MONDAY

8:15am	INTERVAL SCULPT	Sports Complex
9:30am	AQUA FIT	Indoor Pool
9:30am	GENTLE YOGA	Sports Complex
10am	ADVANCED ADULT SINGLES	Tennis Courts
10:30am	CORE YOGA	Sports Complex
11am	MYOFASCIAL RELEASE AND YOGA	Sports Complex
4pm	BEGINNER JUNIOR CLINIC	Sports Complex
4:30pm	CYCLE	Sports Complex
5pm	INTERMEDIATE JUNIOR CLINIC	Sports Complex
6pm	YOGA MEDITATION	Sports Complex
6pm	ADVANCED TENNIS CLINIC	Tennis Courts
7pm	LIVE ENTERTAINMENT	The Great Hall

TUESDAY

8:15am	CYCLE/ABS	Sports Complex
9am	ADVANCED ADULT DOUBLES	Tennis Courts
9:30am	AQUA FIT	Indoor Pool
9:30am	SUBTLE YOGA	Sports Complex
10:30am	BEGINNER ADULT DOUBLES	Tennis Courts
11:15am	INTRODUCTION TO GOLF	Golf Course
4pm	JUNIOR ACADEMY TENNIS	Sports Complex
4:30pm	PILATES	Sports Complex
6pm	GENTLE YOGA	Sports Complex
6pm	ADVANCED TENNIS CLINIC	Tennis Courts
7pm	LIVE ENTERTAINMENT	The Great Hall

WEDNESDAY

8:15am	BODY SCULPT	Sports Complex
9am	GUIDED HISTORY TOUR	Concierge Desk
9:30am	AQUA FIT	Indoor Pool
9:30am	FLOW YOGA	Sports Complex
10am	ADVANCED ADULT SINGLES	Tennis Courts
11:15am	INTRODUCTION TO GOLF	Golf Course
11:15am	STEP, FLOW AND STRETCH	Sports Complex
4pm	CYCLE	Sports Complex
4pm	BEGINNER JUNIOR CLINIC	Sports Complex
5pm	INTERMEDIATE JUNIOR CLINIC	Sports Complex
5:15pm	YAMUNA FOOT FITNESS	Sports Complex
6:15pm	PILATES	Sports Complex
7pm	LIVE ENTERTAINMENT	The Great Hall

SPORTS COMPLEX HOURS

Mon-Sat 6am-10pm, Sun 7am-10pm

INDOOR POOL Mon-Sat 6am-9:30pm, Sun 7am-9:30pm



INDOOR POOL

THURSDAY

8:15am	ALIGNMENT YOGA	Sports Complex
9am	ADVANCED ADULT DOUBLES	Tennis Courts
9am	GUIDED HISTORY TOUR	Concierge Desk
9:30am	AQUA FIT	Indoor Pool
10am	PILATES LEVEL 2	Sports Complex
10:30am	BEGINNER ADULT DOUBLES	Tennis Courts
11:15am	INTRODUCTION TO GOLF	Golf Course
4pm	JUNIOR ACADEMY TENNIS	Sports Complex
4:30pm	BODY SCULPT	Sports Complex
5:45pm	GENTLE YOGA	Sports Complex
7pm	LIVE ENTERTAINMENT	The Great Hall
9pm	DUELING PIANO ENTERTAINMENT	Elaine's

FRIDAY

8:15am	INTERVAL SCULPT	Sports Complex
9am	GUIDED HISTORY TOUR	Concierge Desk
9:30am	AQUA FIT	Indoor Pool
9:30am	FLOW YOGA	Sports Complex
11:15am	INTRODUCTION TO GOLF	Golf Course
11:15am	BALANCE	Sports Complex
2:30pm	LIVE ENTERTAINMENT	The Great Hall
4pm	CYCLE	Sports Complex
5-9pm	SEAFOOD BUFFET	Blue Ridge
5:30pm	GENTLE YOGA	Sports Complex
5:30pm	LIVE ENTERTAINMENT	The Great Hall
9pm	DUELING PIANO ENTERTAINMENT	Elaine's

SATURDAY

8:15am	CYCLE	Sports Complex
9am	ADVANCED ADULT DOUBLES	Tennis Courts
9am	GUIDED HISTORY TOUR	Concierge Desk
9am-4pm	CHILDREN'S PROGRAM	Sports Complex
9:30am	YOGA BASICS	Sports Complex
11:15am	INTRODUCTION TO GOLF	Golf Course
5-9pm	PRIME RIB BUFFET	Blue Ridge
5:30pm	LIVE ENTERTAINMENT	The Great Hall
6-10pm	KID'S NIGHT OUT	Sports Complex
9pm	DUELING PIANO ENTERTAINMENT	Elaine's

SUNDAY

8:30am	BODY SCULPT	Sports Complex
9:45am	YOGA BASICS	Sports Complex
10am	LIVE ENTERTAINMENT	The Great Hall
11:15am	INTRODUCTION TO GOLF	Golf Course
12-2:30pm	SUNDAY CHAMPAGNE BRUNCH	Blue Ridge
7pm	LIVE ENTERTAINMENT	The Great Hall

* Schedule is subject to change and will vary during holidays.

SCHEDULE EFFECTIVE JANUARY 1 - APRIL 2, 2018

ACTIVITIES

ALIGNMENT YOGA \$

Vigorous hatha yoga that celebrates the heart while focusing on alignment. All levels welcome. **90 mins.**

AQUA FIT \$

The water becomes the optimal gym environment. The resistance and buoyancy of the water will leave you refreshed and energized. **60 mins.**

BALANCE \$

Infusing tai chi with muscle strengthening movement to improve core strength, balance and coordination. **60 mins.**

BODY SCULPT \$

Total body muscle strengthening using dumbbells, resistance bands and balls. Great for beginners or conditioned athletes. **60 mins.**

CORE YOGA \$

This thirty minute class focuses on the muscle groups that connect and support the body. **30 mins.**

CYCLE \$

An innovative cardiovascular training program with emphasis on heart rate zone training to help individuals achieve their fitness goals. *Heart rate monitors recommended. Water required.* **60 mins.**

CYCLE/ABS \$

This class includes interval cycle drills and midsection movement focusing on abs and backs. **60 mins.**

FLOW YOGA \$

Focus on alignment with the breath as you move in and out of a flow of postures. *Some experience is helpful.* **90 mins.**

GENTLE YOGA \$

Restorative, progressive stretching and strengthening that helps eliminate chronic pain and tension. This is a safe class for all abilities. **60 mins.**

INTERVAL SCULPT \$

Keep your muscles guessing! The class includes varied cardiovascular and strength combinations in an interval format. **60 mins.**

INTRODUCTION TO GOLF R

Let our golf professionals open the world of golf to you. This introduction to the game of golf is a clinic that covers basic rules, etiquette and the PGA's of golf (posture, grip and alignment). Clubs will be provided. Proper Golf attire is required. **Please call the previous day to sign up at EXT. 1034** *Weather permitting.*

JUNIOR TENNIS CLINICS R \$

Beginner Junior Tennis Clinic: Ages 4-9
Intermediate Junior Tennis Clinic: Ages 8-13
Junior Academy Tennis Practice: Ages 10-18, participant must have tennis experience.

MYOFASCIAL RELEASE AND YOGA \$

Discover a gentle practice that aides increasing range of motion and reducing pain while utilizing props and yoga poses to massage and release excess tension. **60 mins.**

PILATES \$

Learn skills dancers use to achieve balance and flexibility while lengthening and strengthening their bodies through mat work developed by Joseph Pilates. No dance experience necessary. **60 mins.**

STEP, FLOW AND STRETCH \$

Join us for an energizing session to get your heart beating, muscles moving and limbs lengthening. **60 mins.**

SUBTLE® YOGA \$

Subtle® Yoga is a therapeutic, health promoting and transformative system that marries traditional yoga with evidence based health practices. It integrates health and personal growth with postures, incorporating breath work, meditation and philosophy. **90 mins.**

YAMUNA FOOT FITNESS R \$

Remove the effects of continual impact on the feet and bones and stimulate reflexology points. **45 mins.**

YOGA BASICS \$

Learn basic yoga postures using props and paying attention to alignment. This class is good for first time yogis. **90 mins.**

YOGA MEDITATION \$

Join yoga asanas with breathwork, guided imagery and silent meditation to stretch, strengthen and steady your mind. **60 mins.**

* YOGA WORKSHOP \$

Participate in a trilogy of classes on Monday mornings that will prep you for the week ahead: Gentle Yoga, Core Yoga and Myofascial Release & Yoga. Register for all three at a reduced rate.

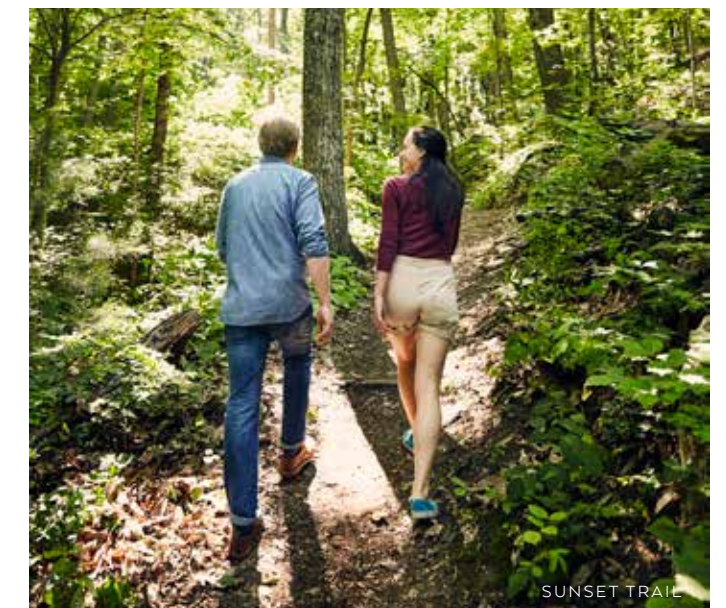
CHILDREN'S PROGRAM/KIDS' NIGHT OUT R \$

We welcome our youngest guests with a set of fun, supervised activities to enjoy, including arts and crafts, swimming, group games, sports and, when noted, lunch or dinner. **Sat 9am-4pm, Kids' Night Out: Sat 6-10pm**

Programs are available for children of hotel guests and members ages 5-12. Advance reservations are required. Half-day programs are also available. Please call Ext. 1046 to sign up today. **Parents/guardians are required to stay on property while children participate in the program.**

\$ = Available for an additional fee

R = Reservations recommended



SUNSET TRAIL



VISIT US ON THE WEB

Please scan here or visit OMNIHOTELS.COM/GROVEPARK for more information.