

## The Morning Table

Omni Hotels & Resorts cares about providing a healthy and nourishing morning meal. Carefully selected to accommodate modern eating lifestyles, signature offerings include chef-crafted egg bowls, warm house made pastries and locally-sourced grains and proteins. Beverage selections include fresh-squeezed orange juice and Stance Coffee which is directly sourced from the farmers and helps families harvest a better future. Omni's Morning Table is flexible nourishment beyond the buffet, made for your enjoyment in our restaurant or for your convenience On The Go.

## Breakfast Basics

**AVOCADO TOAST\*** 15  
Avocado Mousse / Heirloom Tomato / Chia Seeds  
Radish / Sprouted Wheat / Poached Egg

**BUTTERMILK PANCAKES** 15  
Three Buttermilk Pancakes / Vermont Maple Syrup  
Fresh Berries / Blueberry Maple Sausage  
or Pecanwood Smoked Bacon

**TRADITIONAL EGGS BENEDICT\*** 17  
Two Poached Eggs / Hollandaise Sauce / Canadian Bacon / Toasted Sprout Momma English Muffin / Potatoes

## Fruit, Dairy & Grains

**FRESH FRUIT BOWL**   5  
Cantaloupe / Grapes / Honeydew / Pineapple

**SEASONAL FRESH BERRY BOWL**   5  
Strawberries / Blueberries  
Raspberries

**GREEK YOGURT PARFAIT** 6  
Greek Yogurt / Granola / House Preserves  
Fresh Seasonal Berries


**STEEL-CUT OATMEAL**  6  
Brown Sugar / Pecans / Raisins


**SELECTION OF CEREALS** 3  
Choice of (Raisin Bran, Cheerios, Froot Loops or Frosted Flakes)

## Eggs

**TWO EGG BREAKFAST\*** 16  
Farm Fresh Eggs Any Style / Choice of (Pecanwood  
Smoked Bacon, Blueberry Maple Sausage or  
Chicken Apple Sausage) / Potatoes  
White or Wheat Toast

**THREE EGG OR EGG WHITE OMELET** 15  
Choice of (Onion, Bell Peppers, Jalapeño, Tomato,  
Mushroom, Cheddar Cheese, Mozzarella Cheese,  
Pecanwood Smoked Bacon, Ham or Sausage)  
Potatoes / White or Wheat Toast

**SWEET POTATO ENERGY BOWL\***  15  
Two Poached Eggs / Sweet Potato / Spinach  
Onion / Chia Seeds

**HH PRIME BREAKFAST BOWL**  17  
Scrambled Eggs / Andouille Sausage  
Tomato / Cheddar Cheese / Old Bay  
Poached Shrimp / Potatoes

## Ironed & Griddled

**BELGIAN WAFFLE** 15  
Vermont Maple Syrup / Fresh Berries / Pecanwood Smoked Bacon or Blueberry Maple Sausage

## Sides

**SPROUT MOMMA ENGLISH MUFFIN / WHITE OR WHEAT TOAST** 5

**PECANWOOD SMOKED BACON** 5

**BLUEBERRY MAPLE SAUSAGE / CHICKEN APPLE SAUSAGE** 5

## Beverages

**STANCE COFFEE**  
Small Pot 6    Large Pot 9

**STRAWBERRY & BANANA FRUIT SMOOTHIE** 6

**MILK OR SODA** 4

**SELECTION OF TEA FORTE** 5

**JUICE** 4

**SALTED CARAMEL HOT CHOCOLATE** 6

Fresh Orange Juice / Cranberry / Pineapple / Tomato

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 Gluten-Free     Vegan

\*Consuming raw or undercooked meats / poultry / seafood / shellfish or eggs may increase your risk of foodborne illness.  
Please notify us of any food allergy.