

The Morning Table

Omni Hotels & Resorts cares about providing a healthy and nourishing morning meal. Carefully selected to accommodate modern eating lifestyles, signature offerings include chef-crafted egg bowls, warm house made pastries and locally-sourced grains and proteins. Beverage selections include fresh-squeezed orange juice and Westrock Coffee which is directly sourced from the farmers and helps families harvest a better future. Omni's Morning Table is flexible nourishment beyond the buffet, made for your enjoyment in our restaurant or for your convenience On The Go.

Breakfast Basics

AVOCADO TOAST* 14

Avocado Mousse / Heirloom Tomato / Chia Seeds
Radish / Sprouted Wheat / Poached Egg

BUTTERMILK PANCAKES 13

Three Buttermilk Pancakes / Vermont Maple Syrup
Fresh Berries / choice of Blueberry Maple Sausage
or Pecanwood Smoked Bacon

TRADITIONAL EGGS BENEDICT* 15

Two Poached Eggs / Hollandaise Sauce / Canadian Bacon / Toasted Sprout Momma's English Muffin / Potatoes

Fruit, Dairy & Grains

FRESH FRUIT BOWL 5

Cantaloupe / Grapes / Honeydew / Pineapple

SEASONAL FRESH BERRY BOWL 5

Strawberries / Blueberries
Raspberries

GREEK YOGURT PARFAIT 6

Greek Yogurt / Granola / House Preserves
Fresh Seasonal Berries

STEEL-CUT OATMEAL 6

Brown Sugar / Pecans / Raisins

SELECTION OF CEREALS 4

Choice of (Raisin Bran, Cheerios, Fruit Loops or Frosted Flakes)

Eggs

TWO EGG BREAKFAST* 14

Farm-Fresh Eggs Any Style / Choice of Pecanwood
Smoked Bacon, Blueberry Maple Sausage or
Chicken-Apple Sausage / Potatoes
White or Wheat Toast

THREE-EGG OR EGG WHITE OMELET 13

Choice of (Onion, Bell Peppers, Jalapeño, Tomato,
Mushroom, Cheddar Cheese, Mozzarella Cheese,
Pecanwood Smoked Bacon, Ham or Sausage)
Potatoes / White or Wheat Toast

SWEET POTATO ENERGY BOWL* 14

Two Poached Eggs / Sweet Potato / Spinach
Onion / Chia Seeds

HH PRIME BREAKFAST BOWL 15

Scrambled Eggs / Andouille Sausage
Tomato / Cheddar Cheese / Old Bay
Poached Shrimp / Potatoes

Ironed & Griddled

BELGIAN WAFFLE 13

Vermont Maple Syrup / Fresh Berries / choice of Pecanwood Smoked Bacon or Blueberry Maple Sausage

Sides

SPROUT MOMMA'S ENGLISH MUFFIN / WHITE OR WHEAT TOAST 5

PECANWOOD SMOKED BACON 5

BLUEBERRY MAPLE SAUSAGE / CHICKEN APPLE SAUSAGE 5

Beverages

MEDIUM SHADE GROWN COFFEE

Small Pot 6 Large Pot 9

MILK OR SODA 4

JUICE 4

Fresh Orange Juice / Cranberry / Pineapple / Tomato