

COLD DRINKS

ICED DRINKS

	SM 12 OZ	MD 16 OZ	LG 24 OZ
Cold Brew	\$4.00	\$5.00	\$6.00
Nitro Cold Brew	\$4.00	\$5.00	\$6.00
Iced Latte	\$4.00	\$5.00	\$6.00
Iced Vanilla Latte	\$5.00	\$6.00	\$7.00
Iced Caramel Macchiato	\$5.00	\$6.00	\$7.00
Iced Mocha	\$5.00	\$6.00	\$7.00
Iced White Chocolate Mocha	\$5.00	\$6.00	\$7.00
Iced Tea, Rotating Flavor	\$4.00	\$5.00	\$6.00
Iced Chai Tea Latte	\$4.00	\$5.00	\$6.00

COLD BLENDED

Frappe	\$4.00	\$5.00	\$6.00
Flavored Frappe	\$5.00	\$6.00	\$7.00

REFRESHERS & SMOOTHIES

Strawberry Acai	\$4.00	\$5.00	\$6.00
Blood Orange, Coconut, Ginger	\$4.00	\$5.00	\$6.00
Seasonal	\$4.00	\$5.00	\$6.00
Energy Boost Protein Smoothie	\$5.00	\$6.00	\$7.00
Strawberry and Banana Fruit Smoothie	\$5.00	\$6.00	\$7.00

CUSTOMIZE Oat Milk \$1.00 / Soy Milk \$1.00

B-12 Boost \$2.00 / Additional Espresso Shot \$2.50

Additional Flavored Syrup \$1.00

Breakfast

BLT & Egg | 11

pecanwood-smoked bacon, leaf lettuce, tomato, fried egg, jalapeño aioli, bagel

Lox Bagel | 15

cured salmon, whipped cream cheese, red onion, capers, arugula, tomato, everything bagel

Palmetto Market Pancake Sandwich | 15

Vermont maple pancakes, blueberry sausage, fried egg, cheddar cheese

Classic Croissant | 10

fried egg, pecanwood-smoked bacon, american cheese

Ham & Cheese | 10

Cure 81 ham, sharp cheddar, fried egg, griddled tomato, English muffin

FARM HOUSE | 11

blueberry sausage, pimento cheese, fried egg, country white bread

PARFAIT | 9

honey greek yogurt, raspberry preserves, fresh berries, granola

STEEL-CUT OATMEAL | 8

cinnamon, brown sugar, raisins

ACAI BOWL | 16

acai, greek yogurt, honey, seasonal berries, granola, nino banana

SEASONAL FRUIT CUP | 6

chef's selection of seasonal sliced fruit

SEASONAL BERRY CUP | 7

chef's selection of seasonal berries

For The Kids

Served with French fries or fruit

GRILLED CHEESE | 8

CHICKEN TENDERS | 9

HOT DOG | 8

CHEESEBURGER | 9

MACARONI AND CHEESE | 8



Available Daily

6:30 a.m. - 11:00 a.m. Breakfast

11:00 a.m. - 8:00 p.m. Lunch/Dinner



Salads & Power Bowls

add chicken | 7 add shrimp | 9 add curry chicken salad | 7

Foraged Salad | 14

baby spinach, toasted almond, red onion, feta, raspberry, honey vinaigrette

Green Apple & Gorgonzola Salad | 16

arugula, candied pecan, sliced green apple, Gorgonzola, cranberry, garden basil vinaigrette

Palmetto Market Chef Salad | 15

Arcadian mix lettuce, hard-boiled egg, tomato, red onion, cucumber, cheddar, cure 81 ham, blackened ranch dressing

Country-Fried Hot Chicken Salad | 18

Chef's signature spice blend, crispy chicken breast, artisan romaine, chopped bacon, pickles, hard-boiled egg, cheddar, pimento cheese dressing

Acai Bowl | 16

acai, Greek yogurt, honey, seasonal berries, nino banana, granola

Hummus Bowl | 15

roasted red pepper hummus, garden vegetables, pita chips, lemon tahini dressing

Grain Bowl | 15

quinoa, fine herbs, cucumber, grape tomato, sweet potato, baby kale, broken vinaigrette

Pizzas

Cheese Pizza | Med 17 | Lg 21

Chef's Signature Pizza | Med 22 | Lg 26

Ask your server about the featured pizza!

Additional Toppings | .75 ea

pepperoni, sausage, tomato, peppers, onion, pickled jalapeños, pecanwood-smoked bacon, ham, black olives, mushrooms, spinach extra cheese | 2

Sweets

Daily Selection of Pastries and Sweets

Handhelds

Served with your choice of side

Caprese Club | 17

roasted turkey, Cure 81 ham, arugula, buffalo mozzarella, tomato, pesto mayonnaise, balsamic reduction

Curry Chicken Salad Wrap | 16

oven-roasted chicken, house curry blend, baby spinach, vine-ripened tomato

FGT BLT | 16

Southern fried green tomatoes, pecanwood-smoked bacon, pimento cheese, leaf lettuce, thick-cut country white bread

Foot-Long Carolina Dog | 17

8oz all-beef frank, coleslaw, mustard bbq

Palmetto Market Smash Burger | 17

twin patties, american cheese, pickle, LTO, market sauce, onion bun substitute with a Beyond Burger patty | 2

Chickpea Burger | 16

crispy fried chickpea patty, avocado, arugula, tomato, cilantro yogurt sauce

Chef's Hot Chicken & Mac N Cheese | 17

spicy chicken tenders, creamy mac n cheese, pecanwood-smoked bacon, brioche bun

Fresh Catch Wrap | 18

anticuchos marinade, cilantro yogurt sauce, garlic tortilla, arugula, red onion

Sides

Sweet Potato Fries

French Fries

Seasonal Fruit

House Salad

Garden Herb, Feta & Lemon Potato Salad

Black-eyed Pea Salad

Add an additional side | 6

HOT DRINKS

COFFEE

	SM 12 OZ	MD 16 OZ	LG 20 OZ
Coffee of the day	\$3.00	\$4.00	\$5.00
Café Au Lait	\$3.00	\$4.00	\$5.00

ESPRESSO

Espresso (single, double)	\$3.00	\$4.00	
Cappuccino	\$4.00	\$5.00	\$6.00
Americano	\$4.00	\$5.00	\$6.00
Latte	\$4.00	\$5.00	\$6.00
Flavored Latte	\$5.00	\$6.00	\$7.00
Flavored Macchiato	\$5.00	\$6.00	\$7.00
Mocha	\$5.00	\$6.00	\$7.00
White Chocolate Mocha	\$5.00	\$6.00	\$7.00

COFFEE-FREE

Hot Cocoa	\$4.00	\$5.00	\$6.00
Salted Caramel Hot Chocolate	\$5.00	\$6.00	\$7.00

HOT TEA

Chai Tea Latte	\$4.00	\$5.00	\$6.00
Hot Tea	\$3.00	\$4.00	\$5.00

CUSTOMIZE Oat Milk \$1.00 / Soy Milk \$1.00

B-12 Boost \$2.00 / Additional Espresso Shot \$2.50

Additional Flavored Syrup \$1.00

*Consuming raw or undercooked meats / poultry / seafood shellfish or eggs may increase your risk of foodborne illness. Please inform us of any food allergy.