THE ART OF REST AND RELAXATION.
A SPA EXPERIENCE GENERATIONS
IN THE MAKING

The Spa at The Omni Homestead Resort is an oasis of relaxation, rejuvenation and pampering that awaits your arrival. Guests will discover a vast array of treatments and amenities, wellness facilities and programs, salon services and much more.
AQUA THERMAL SUITE

We are proud to introduce the Aqua Thermal Suite, a luxurious collection of European-style healing aquatic environments. While much of the pleasure and efficacy of aqua thermal therapy lies in the comfortable temperature of the various treatments, allowing your body to experience a contrast of hot and cold temperatures is at the heart of these therapeutic offerings. For guests 14 years and older.

EXPERIENTIAL SHOWERS

Enjoy multi-sensory cooling after exposure to heat. Select from three storm experiences: Arctic Mist, Atlantic Storm or Caribbean Storm.

HERBAL COCOON

Feel stress slip away as you sit in a heated niche below a starlit ceiling. Your muscles relax as your body gently warms, enhancing the purification and detoxification process.

THERMAL HEATED LOUNGES

Radiant-heated lounges designed to relax your muscles between thermal experiences.

THE CHILL

Deeply inhale the crisp vapor that fills the air, and apply flaked ice directly to the skin to cool your lungs and core temperature.

AROMATIC STEAM

The soothing power of steam opens pores and infuses your senses with the invigorating scent of aromatic essential oils.
Experience the Serenity Garden, an exclusive, adult oasis featuring our renowned mineral springs. From the moment you enter, you will be enveloped in luxury as a welcoming Guest Service Specialist escorts you through the garden, orienting you to the area and available services.

Enjoy the various features of the garden, including our geothermal Octagon Pool fed by two hot springs rich in magnesium, potassium and calcium with a temperature range of 96-97 degrees. These same waters source the naturally pressurized Deluge Shower and the popular River Reflexology Walk with stones carefully placed to soothe and massage the 15,000 nerves in your feet. At the center of the garden is the beautiful blue Infinity Pool, heated to 85-92 degrees and the intimate hot tub which is maintained at 103 degrees. Let your tensions fade away, and your muscles unwind in the Finnish sauna while your body rids itself of toxins.

Any 60-minute or longer massage, facial or body treatment will include a Serenity Garden day pass. Purchase Treasure the Moment, Romance Ritual, Manicure/Pedicure Package or Ultimate Indulgence Pedicure and also receive a Serenity Garden day pass. Guests having any of the above services must still reserve a seat in the Serenity Garden and reservations will be made on a first come first serve basis as space is limited. Passes will be on day of service only.

Guests who wish to enjoy the Serenity Garden without a qualifying service may purchase a day pass which is available Sunday through Friday. Day passes are based on availability on Saturdays or holidays. Food and beverage are not included with a day pass and may be purchased separately. The Aqua Thermal Suite is included with any service or Serenity Garden day pass.

Access to the Serenity Garden is only available to registered resort guests and members. Daily fee applies. Only a limited number of passes are available each day.
BODY TREATMENTS

When the body is comfortable, the mind and spirit settle. The Spa is proud to offer a multitude of treatments that heal both the body and the soul.

THE HOMESTEAD SOOTHING SCRUB

60 MINUTES
Indulge in a 20-minute relaxing mineral bath consisting of the same healing properties that attracted the early settlers to this area. Following the bath, polish away your dry skin with a body scrub, then enjoy a relaxing shower. The treatment is then finished with an application of warm lotion.

MINERAL SPRINGS MUD WRAP

60 MINUTES
Experience the healing properties of the mineral waters that attracted the early settlers to the resort. Before being covered in a warm mud, your body is exfoliated with our unique polish. After relaxing in a cozy wrap and absorbing the natural properties of the mud, you’ll shower and rehydrate your skin with warm body cream.

HOMESTEAD BLISS

90 MINUTES
Starts with a massage of Swedish strokes followed by a relaxing, calming exfoliation. Total relaxation.

SUGAR GLOW

30 MINUTES
Your skin will look amazing. This 30 minute service begins with an exfoliation of the skin with sugar cane followed by an application of organic oil.

MINERAL SOAKS

1766 MINERAL BATH

20 MINUTES
Experience the naturally heated waters that made The Omni Homestead famous. You’ll relax in an overflowing bath of mineral water — a perfect treatment for sore muscles or as preparation for a body treatment or massage. Choose from our anti-aging, detox or revitalizing soak.

MINERAL EUPHORIA

90 MINUTES
A rejuvenating mineral springs soak, along with your choice of anti-aging, detox or revitalizing salts, is followed by a full-body Homestead Swedish massage.
AROMATHERAPY MASSAGE
60 MINUTES | 90 MINUTES
This treatment combines the benefits of aromatherapy with Swedish techniques.

HOMESTEAD SWEDISH MASSAGE
60 MINUTES | 90 MINUTES
Indulgent and uniquely relaxing, our signature, full-body massage stimulates circulation and soothes tight muscles, leaving behind less tension and a sense of well-being.

BEST FOOT FORWARD
60 MINUTES
A focused foot massage that will help alleviate discomfort in the foot, ankle and lower leg. Please note you are welcome to wear loose-fitting clothing.

DEEP TISSUE MASSAGE
60 MINUTES | FOR ADDRESSING TWO OR THREE AREAS
90 MINUTES | FOR FULL-BODY MASSAGE
This treatment is recommended for those who regularly receive massages and enjoy intense body work. Specialized, focused techniques reach deep muscle layers, and address points of attachment, as well as the center of the muscles.

TENSION ZONE THERAPY
60 MINUTES
Your therapist will banish the tension in your head, back, neck and shoulders with a focused treatment employing a variety of Swedish massage techniques. Feel the weight lifted from your shoulders in less than an hour. Please note this is not a full-body massage.

AYURVEDIC
30 MINUTES
This 30-minute head, neck and facial massage incorporates essential oils to induce deep relaxation and promote stress reduction.

CUPPING
30 MINUTES
Cupping is an ancient form of alternative medicine. During this service, your therapist will place special cups on your back to create suction which helps with pain, inflammation, blood flow, relaxation and well-being. Must be booked with a massage or body treatment.

HOT STONE MASSAGE
60 MINUTES
Achieve total muscle relaxation using smooth heated basalt stones along with Swedish strokes in this massage.
TWO-BY-TWO THERAPIES

Share your spa experience with someone special with side-by-side treatments. These sessions are perfect for couples. Two therapists and two tables are used during these services.

ROMANCE RITUAL

120 MINUTES
Begin with a nutrient-rich scrub, followed by a mint bath for two. Finish with a Swedish massage.

TREASURE THE MOMENT

90 MINUTES
Enjoy a relaxing soak in a tub for two to soothe your spirit and boost energy. Then experience pure tranquility with a Swedish massage.

TWO-BY-TWO MASSAGES

60 MINUTES | 90 MINUTES
Share your spa experience with someone special with side-by-side massages. Perfect for couples. Aromatherapy, Swedish and deep tissue massages are offered.
MATERNITY

Mothers-to-be and new moms need nurturing, too. Let us care for you with one of these safe, comforting services designed with this unique life stage in mind.

PRENATAL MASSAGE

60 MINUTES

Our classic Homestead Swedish massage is adapted to provide complete comfort and safety for mom and baby.

A MOTHER’S GLOW FACIAL

60 MINUTES

A delightfully pampering facial designed for mothers-to-be using calming ingredients, including calming mask to leave you feeling recharged and ready for your new addition.
HANDS & FEET

SIGNATURE SPA MANICURE
60 MINUTES
Relax as we file and shape your fingernails and condition your cuticles. Treat yourself to a sugar scrub, masque, hot steamy towels, and finish with a hydrating lotion and polish of your choice leaving your skin silky and smooth.

SPA PEDICURE
60 MINUTES
Experience an herbal foot bath in our luxurious Spa chair and enjoy the benefits of this intense hydrating pedicure. Begin with nail shaping and cuticle conditioning followed by an exfoliating scrub, an application of masque, and hot steamy towels. A foot and leg massage and polish application complete the service.

MANI PEDI PACKAGE
120 MINUTES
Consists of Spa Manicure and Spa Pedicure and includes access to the Serenity Garden.
SHELLAC MANICURE
60 MINUTES
This dry manicure will treat the cuticle area, shape and buff the nail, provide polish application and finish with a scrub and hydrating lotion application to revitalize your hands.

SHELLAC PEDICURE
60 MINUTES
This dry pedicure will treat the cuticle area, shape and buff the nail, provide polish application and finish with a scrub and hydrating lotion application to revitalize your feet.

POLISH CHANGE
30 MINUTES
Perfect for women on the go. Light cuticle work and nail shaping followed by a polish of your choice.

ADDITIONAL TOUCHES
15 MINUTES
French-style hands or feet

15 MINUTES
Polish change hands or feet

15 MINUTES
Gel polish removal

ULTIMATE INDULGENCE PEDICURE
90 MINUTES
Experience a footbath in our luxurious Spa chair. Enjoy an anti-aging exfoliating sugar scrub and softening aromatic masque that softens and hydrates the feet and legs. Application of hot steamy towels followed by a hot stone massage with oils will restore the radiance to your skin. This pedicure is finished with the polish of your choice and paired with citrus infused water.

GENTLEMEN'S MANICURE
30 MINUTES
This hydrating and exfoliating service includes a file, soak, groom, massage and buff to enhance the hands.

GENTLEMEN’S PEDICURE
60 MINUTES
This therapeutic, invigorating treatment begins with a soothing foot bath in herbal salts to refresh and relax the feet. Using a scrub, mask and hydrating massage, our technicians will focus on nail and cuticle care, calluses and dry skin. Polish not included.
SKIN CARE & MAKEUP

You’ll love the way our luxurious facials make you look and feel. Sophisticated hair styling, premium manicures and pedicures, makeup consultations and makeovers are also available.

CLASSIC EUROPEAN FACIAL
60 MINUTES
Enjoy our rejuvenating signature facial featuring pure, luxurious products, selected to address your skin’s needs.

PURIFYING FACIAL
60 MINUTES
This facial is designed to clear congested pores and provide a more in-depth cleansing for problem skin. Your treatment includes an enzyme preparation, extractions and a specially formulated mask chosen for your skin.

ESSENTIAL NUTRIENT FACIAL
60 MINUTES
Refresh your skin and maximize its ability to resist damage caused by sun, pollution and stress.

GENTLEMEN’S FACIAL
60 MINUTES
A facial designed just for you, using products with a masculine appeal.

AGE MANAGEMENT FACIAL
90 MINUTES
An extraordinary treatment that increases hydration, assists in production of collagen and elastin, decreases pigmentation and plumps up wrinkles. This facial includes a Nuface treatment to lift and tone the skin.

CLARIFYING BACK TREATMENT
60 MINUTES
Enjoy a deep cleansing for the back. Repair, balance and purify with this targeted treatment.

MAKEUP CREATION
30 MINUTES
Look as great as you feel. Let a makeup professional create a new look for your special event or evening out.

SIGNATURE TEEN FACIAL
60 MINUTES
This treatment is a great way to improve the skin of teenagers and start them on the path of healthy skincare.
MAKEUP CREATION & LESSON

60 MINUTES
Become your own makeup artist as a professional shows you how to make the most of your bone structure, complexion, skin type and lifestyle.

WEDDING DAY MAKEUP

60 MINUTES
Glow like a star on your wedding day. A professional makeup artist will create a picture-perfect look for your special day.

WAXING

30 MINUTES
Bikini

15 MINUTES
Eyebrow

15 MINUTES
Chin

15 MINUTES
Lip

30 MINUTES
Underarms
HAIR DESIGN

SHAMPOO & STYLE
60 MINUTES

SHAMPOO, CUT & STYLE
60 MINUTES

SHAMPOO & SET
60 MINUTES

UP-DO
60 MINUTES

WEDDING DAY HAIR
60 MINUTES

QUICK HAIR CONDITIONING
15 MINUTES
Nourish your hair and indulge your senses with this “on the go” treatment designed to combat hair stresses ranging from dryness to environmental or chemical damage.

CUSTOM BLEND HAIR & SCALP TREATMENT
60 MINUTES
Experience the effective reconstructive treatment that conditions and soothes your scalp, while restoring and repairing over-processed and environmentally stressed hair. Paired with a paraffin hand treatment and finished with a blow dry and style.

ADDITIONAL SERVICES:
Shampoo only
Comb-out only
Bang trim
Beard trim
Shellac polish change
TEEN SERVICES

A wide range of services are available for our young guests ages 14-17. Take some time to review your choices and start planning the perfect day.

BODY WORK

Aromatherapy Massage
Homestead Swedish Massage
Deep Tissue Massage
Best Foot Forward
Tension Zone Therapy
Two-By-Two Aromatherapy Massage
Two-By-Two Homestead Swedish Massage
Two-By-Two Deep Tissue Massage
Ayurvedic

SKIN CARE

Clarifying Back Treatment
Classic European Facial
Essential Nutrient Facial
Purifying Facial
Signature Teen Facial

SALON

All Manicures & Pedicures
Custom Blend Hair & Scalp Treatment
Gentlemen's Scalp Renewal
Makeup Creation
Makeup Creation & Lesson
Quick Hair Conditioning
Shampoo & Style
Shampoo, Cut & Style
Shampoo & Set
Up-do

Rules for guests ages 14-17 | All services must be booked by a parent or guardian. A parent or guardian must be present for body work and skin care services.
KIDS’ SERVICES

Kids are pampered from head to toe with a touch of glamour. For children ages 5-9.

SPARKLES MANICURE & PINK BUBBLES PEDICURE

30 MINUTES (HANDS)
30 MINUTES (FEET)
A delightful fizzy soak, yummy scrub and moisturizing icing will leave your fingers and toes sparkling.

KIDS’ SPA HAIR

60 MINUTES
A quick shampoo, cut and style.

STARS FACIAL

30 MINUTES
Learn the importance of keeping your skin clean and healthy.

TWEEN SERVICES

For children ages 10-13.

FUN FINGERS

30 MINUTES
Have your tween's hands soaked, nails clipped, filed, and conditioned with a sugar scrub lotion application and polish of their choice.

FANCY FEET

30 MINUTES
A fizzy foot soak, nail and cuticle work, sugar scrub, lotion application, and polish of their choice leaving your tween feeling pampered and relaxed.

SIGNATURE TEEN FACIAL

60 MINUTES
This treatment is a great way to improve the skin of teenagers and start them on the path of healthy skin care.

MAKEUP FOR ME

20 MINUTES
Color me cute - eyes, cheeks and lips.

Rules for guests ages 5-17 | All services must be booked by a parent or guardian. A parent or guardian must be present for kids' services.
LOCATION & HOURS
The Spa at The Omni Homestead is located adjacent to the end of the West Wing.

FOR APPOINTMENTS
Guests in-house may dial extension 57547 or press The Spa button on the guest room telephone. Or dial 877-479-8517. Please arrive up to 2 hours before your appointment time to enjoy the benefits of the Aqua Thermal Suite and Serenity Garden.

SPA USAGE | GUESTS UNDER 18
An accompanying parent or guardian must sign a consent form and book all services for guests under 18, and an adult must be present for most services. Consult with a Spa receptionist for details.

AGES 14-17
They may select from a wide range of services under the Teen Services section. Guests under 18 are not permitted in the Serenity Garden.

AGES 5-13
Kids 5-9 may choose from the Kids’ Services section. Kids 10-13 may select from Tween Services. All children must be accompanied by an adult to receive special children’s services. However, they are not permitted in The Spa, fitness and Serenity Garden areas.

SERVICE CHARGE
An automatic service charge of 18% will be added to all Spa and Salon services.

CANCELLATION POLICY
Cancellations must be received at least 24 hours prior to appointment time or the full service fee will be charged.

WHAT TO BRING
The Spa provides robes for guests receiving services. Fitness wear or swimwear is not provided, but is available for purchase. Shirts and closed-toe athletic shoes must be worn in the fitness area. The Spa is non-smoking. Cell phone use is permitted in The Spa lobby only.
CALL TODAY TO MAKE YOUR SPA APPOINTMENT.

The Omni Homestead Resort  •  540-839-1766

OmniHotels.com/TheHomestead