

MOKARA





relax. revive. rejuvenate.

REFINED RELAXATION.

Discover a new level of sophisticated tranquility at Mokara Spa. It's your opportunity to relax, revive and rejuvenate amidst this urban oasis. We invite you to sample our extensive spa offerings, including massage therapy, facials, body treatments, salon services and so much more. Experience refined relaxation. Experience Mokara Spa.

MASSAGES

MOKARA SIGNATURE

50 MINUTES | 80 MINUTES

Enjoy a massage tailored to your specific needs and pressure preference. Utilizing an unscented oil, this massage can easily be enhanced and personalized to your preferred areas of concern with one, two, even three enhancements!

COUPLES

50 MINUTES | 80 MINUTES

Enjoy a massage in the company of someone you love. Our spacious couples' suite is the perfect place to unwind together, add one-two enhancements to complete your service.

*Hot Smooth Stones | Heated smooth stones placed and glide over the back to enhance relaxation.

*Foot Exfoliant | An invigorating sugar scrub is massaged over the entire foot for a smooth, satin finish.

**Receive two free enhancements with a 50-minute or 80-minute couples massage.*

DEEP TISSUE

50 MINUTES | 80 MINUTES

Tailored to the needs of those more physically active. Increase circulation and release muscle tension with this therapeutic massage that uses strategic strokes and a range of modalities.

A combination of trigger point therapy, stretching to relieve strain, stress and inflammation.

CUPPING MASSAGE

50 MINUTES | 80 MINUTES

Cupping therapy is an ancient form of alternative medicine in which a therapist puts silicone cups on your skin to create suction. The suction and negative pressure provided by this technique can loosen muscles, increase blood flow, and aid with blood pressure. It also helps anxiety, fatigue and migraines.

HEATED BAMBOO STICK

50 MINUTES | 80 MINUTES

Heated, sculpted bamboo massage sticks allow your therapist to target every spot that ails you. Warm, flowing massage movements and muscle release techniques intertwine to achieve tension relief and profound relaxation.

REFLEXOLOGY HANDS | FEET

25 MINUTES | 50 MINUTES

Performed by a specially trained therapist. This ancient Chinese technique stimulates specific pressure points to relieve tension and restore a smooth energy flow throughout the body.

As delightful as it is beneficial.

The 25-minute session is hands or feet, the 50-minute session includes both.



MASSAGES

HIMALAYAN SALT STONE

50 MINUTES | 80 MINUTES

During the massage, therapists use warmed Himalayan salt stones to apply pressure. During the treatment, the minerals are absorbed through the skin. This massage brings together Eastern medicine, Swedish massage, and thermal salt therapies. The effect is a profound sense of well-being.

CBD OIL

50 MINUTES | 80 MINUTES

This invigorating massage uses Zents Antara Oil. Helps to alleviate the effect of inflammation after exercise, aid in relief from daily stress and helps promote a healthy sleep cycle and a sense of calm and wellbeing. A CBD oil relief balm is also used to help targeted areas of the body.

MOTHER TO BE

50 MINUTES | 80 MINUTES

Designed for mothers in their 2nd & 3rd trimesters, this massage focuses on alleviating discomfort experienced during pregnancy.

ASSISTED STRETCHING

25 MINUTES | 50 MINUTES

A one-on-one stretch customized to your specific needs, focusing on problem areas or targeting certain muscle groups. This session is a deep and extensive full body stretch that focuses on all major muscle groups and extremities. It's great for improving your range of motion and flexibility, while also loosening tight muscles and easing stiff joints. The guest is fully clothed during this session. 25 Minute Session concentrates only on major muscle groups and helps alleviate muscle tightness.

CHAIR MASSAGE

25 MINUTES

This chair massage will help reduce your pain, tension, or stress in a 30-minute massage session or less! It will focus on head, neck, shoulders, back, hips, arms, and hands. The pressure technique is customized, whether you need a relaxing session or a medium to deep session. You choose!

ENHANCEMENTS

- BACK EXFOLIANT
- THERAGUN PERCUSSION THERAPY
- FOOT EXFOLIANT
- ANTARA CBD RELIEF BALM
- WARM OIL SCALP TREATMENT
- HOT SMOOTH STONES
- CONCRETA MOISTURIZING TREATMENT



BODY TREATMENTS

MOKARA BODY TREATMENT

50 MINUTES | 80 MINUTES

Pick your scrub cocktail! Bourbon Bubbler or Brandy Pear on the rocks. Experience a body treatment like no other with the soft scent of your delicious dreams! Instantly soothe your skin into splendor with this skin-revitalizing treatment. Select from the Bourbon Bubbler Infused Body Polish, enhanced with real Kentucky whiskey and gingersnap-pecan scented body scrub. Or the Brandy Pear infused Body Polish brimming with pear-infused brandy from Barlett pears. Your entire body is not only left fragrant, but extremely soft with a glistening finish!

The 80-minute treatment adds a scalp treatment and warm smooth stones.

ENHANCEMENTS

- **HONEY GLAZE FOOT COCOON WRAP**

Deep Honey Hydrating works wonders on the sole.

- **CHOCOLATE CITRUS DECOLLATE**

A delicious firming neck/decollate mask to improve skin texture.





FACIALS

HYDRAFACIAL

25 MINUTES | 50 MINUTES | 80 MINUTES

Only HydraFacial® uses patented technology to cleanse, extract and hydrate. HydraFacial super serums are made with nourishing ingredients that create an instantly gratifying glow.

SIGNATURE HYDRAFACIAL

This 25 minute treatment deeply cleanses, exfoliates, extracts and hydrates the skin utilizing super serums filled with antioxidants, peptides and hyaluronic acid.

DELUXE HYDRAFACIAL

A 50-minute invigorating treatment that includes all of the essentials of the Signature HydraFacial while addressing your specific skin concern with a Booster of your choice. This treatment concludes with LED Light Therapy to further reduce the visible signs of aging.

PLATINUM HYDRAFACIAL

The ultimate HydraFacial experience! Begin the detoxification process with lymphatic drainage. Then, the Signature HydraFacial deeply cleanses, exfoliates, extracts and hydrates the skin while addressing your specific skin concerns with a Booster of your choice. This treatment concludes with LED Light Therapy to further reduce the visible signs of aging.

MOKARA SIGNATURE ORGANIC

50 MINUTES | 80 MINUTES

This customized, multi-step facial is designed specifically with your skin's unique needs in mind. Following a thorough skin analysis, one of our expert estheticians will craft a relaxing treatment that incorporates deep cleansing, exfoliation, aromatic steam, massage and a nutrient-rich mask. Our signature facial will leave your skin feeling refreshed, rejuvenated and radiant. 80-minute session includes massage.

MOKARA AGELESS RADIANCE

50 MINUTES | 80 MINUTES

The ultimate anti-aging facial fit for all ages. Your treatment will be customized to address your skin concerns and includes a professional peel that will refresh the skin with minimal down time. 80-minute session includes massage.

MEN'S ORGANIC FACE TREATMENT

50 MINUTES

Created for the unique skincare of men, this treatment is custom-tailored to your specific concerns. From acne to ingrown hairs, to protecting your face, this treatment is the answer. Includes deep-cleansing, exfoliation and a soothing hydrating masque.



FACIALS

CLARIFYING BACK FACIAL

50 MINUTES

A treatment like no other. Cleanse, exfoliate and treat your skin to a luxurious, relaxing, detoxifying treatment. Your back will love you!

ENHANCEMENTS

- HYDRAFACIAL NECK AND DECOLLATE
- HYDRAFACIAL CTGF BOOSTER SERUM
- BT MICRO EXFOLIANT
- FULL FACE EXTRACTIONS
- HIGH FREQUENCY
- EYE TREATMENT
- SPECTRALITE EYE PRO
- PEEL
- WARM SCALP TREATMENT
- FOOT EXFOLIANT
- ACNE TREATMENT







SALON

HAIR SERVICES

Women's haircut

Men's haircut

Shampoo and style

Hair color and style

Hair color touch up

Highlights | Partial

Highlights | Full

Corrective color

Special occasion style

Child's haircut

Please call ahead for a one-on-one consultation and speak with our hair specialist to discuss any of your hair concerns.

WAX SERVICES

Brow

Lip

Chin (right under lip)

Arms

Legs

Bikini

Back

Brazilian





HANDS AND FEET

All treatments are enhanced with Farmhouse Fresh Organics & Naturals Products! Each treatment starts with the lightest, fluffiest scent soak of mint-julep, cream, and a hint of lavender. It is fresh, uplifting, and delicious at the same time. Nails are trimmed, buffed, and polished.

GLOW AND GET IT EXPRESS

25 MINUTES | MANICURE

25 MINUTES | PEDICURE

This is perfect for a quick luxurious treatment for your nails. Start with a refreshing soak, followed by a smooth exfoliation of Brandy Pear Liquor Scrub with a decadent cocktail of Barlett pear-infused brandy. Then hydrate your skin with Agave Nectar Oil. Nails are shaped, trimmed, buffed, and polished. This express treatment is ripe, sweet and succulent!

BEACHY CLEAN

50 MINUTES | MANICURE

50 MINUTES | PEDICURE

Our Beachy Clean treatment will transport you to a sunny place! Start with a refreshing soak. Pour on a juicy slice of delight with a Watermelon Basil Vodkatini Liquor Scrub to slough off dry skin and calluses. Followed with a splash of love for repairing heels and toes with Honey Heel Glaze! Yum. A soothing massage tops off this treatment with Rainbow Road Shea Butter whip. Nails are shaped, trimmed, buffed, and polished to perfection. Enjoy the scents of coconut and bartlett pears.

VERY VELVET SIGNATURE

50 MINUTES | MANICURE

50 MINUTES | PEDICURE

You deserve this luxurious treatment. Start with a refreshing, soothing, scented soak. Next a scrub that is buttery-sweet and aged to perfection. Bring your skin to a satin smooth finish with the Butter Rum Liquor Infused Scrub. Then a hydrating, warm paraffin treatment to further enhance your relaxation. Finish with a cozy, delicious hydration of Velvet Sunday Shea Butter scented with soft notes of cinnamon sugar and cream. Nails are shaped, trimmed, buffed, and polished with a color of your choice. Divine Bliss!



HAND AND FEET

ENHANCEMENTS

LUSTRE DRENCH INSTANT GLOW

A shimmery, sun-kissed look comes easy with this instant glow dry oil. This fast absorbing, feathery-light oil brings a warm golden hue to skin, and a seriously silky feel that is dry to the touch. So soft, you can't stop touching it!

CHOCOLATE MASK MELTDOWN

Silky skin is one scoop away! Our chocolate mask is a skin softener, wrinkly defender and skin revitalizer.

SHELLAC

Make it stick! Our Shellac Gel Nail Polishes are non-toxic and formulated without harmful chemicals. A wide variety of colors to choose from.

PARAFFIN WAX DIP

This warm dip acts like a form of heat therapy and helps increase blood flow and relaxes muscles.





DETAILS

RESERVATIONS

We recommend scheduling spa services prior to your visit for the widest selection of treatments and appointment times. Bookings made on the same day of service and walk-in appointments are always welcome, based on availability. When scheduling, please specify if you have a gender preference for your therapist. If you have any health concerns or are pregnant, there may be contraindications for some services. All appointments must be guaranteed with a major credit card. Prices and services are subject to change. To schedule your appointment, please call our spa concierge desk at (407) 390-6603.

CANCELLATIONS AND RESCHEDULING POLICY

Your treatments are reserved specifically for you. If you must change or cancel your appointment, please notify the spa directly at least six hours in advance of the treatment time to avoid being charged. For a cancellation with less than a six-hour notification, guests will be charged 50% of the treatment fee, or a \$45 rescheduling fee. For no-show appointments, the full treatment amount will be charged.

SPA ARRIVAL AND CHECK-IN

In order to enhance your experience, we recommend you arrive at least 30 minutes prior to your scheduled appointment to complete a brief consultation form, change and relax. Arriving late will likely shorten your spa treatment, as we must end at the scheduled time so that we may honor the next guest's appointment time. The full value of your treatment will be charged.

AGE REQUIREMENTS

The minimum age requirement to utilize the spa facilities and receive massages, facials or body treatments is 18 years of age. Any guests under the age of 18 may receive salon services but must be accompanied by an adult.

SERVICE CHARGE

For your convenience, a 20% service charge will be added to the original cost of each treatment you receive. The service charge will be distributed to the staff that assisted you during your visit. Additional gratuities may be provided at your discretion.

SPEAK SOFTLY. SILENCE CELL PHONES, PLEASE.

Mokara Spa offers the rare opportunity to relax in a calm, quiet environment with little disruption or distraction. Please help us maintain this peaceful atmosphere by turning off your cell phones and electronics and by speaking softly.





CALL TODAY TO MAKE YOUR SPA APPOINTMENT.

1500 Masters Blvd., Championsgate, FL 33896 • 407-390-6603

OmniHotels.com/Championsgate

MOKARA
✿ SPA