

COUNTERTOP

COFFEE	4
We Proudly Feature Stance Coffee	
HOT TEA.....	4
GIVE US OUR DAILY BLEND	9
<i>Blue Daisy Smoothie</i> Blueberries / Blue Spirulina / Coconut Milk / Banana	
<i>Strawberry and Banana Smoothie</i> Almond Butter / Strawberries	
Banana / Low-Fat Yogurt / Honey	
<i>Add B-12 or Protein Powder.</i>	1
LATTE.....	5
CHAI TEA.....	5.5
CAPPUCCINO	5
HOT COCOA	5.5
STANDARD JUICE.....	6
Orange / Apple / Grapefruit	

DAILY BREADS

ASSORTED BREAKFAST BREADS	6
CAST IRON	8
CROISSANT	6
CINNAMON ROLL	
Plain or Chocolate	
Bourbon Vanilla Raisins	

FRUITS & GRAINS

DAILY FRUIT.....	10
Changes On A Whim	
GOOD MORNING OKC PARFAIT	12
Local Seasonal Yogurt / Strawberry Compote / Granola / Fresh Fruit / Lemon Curd	
SOONER OATS.....	12
Steel-Cut Oatmeal	

SIDES

Breakfast Potatoes / Sausage / Grilled Ham / Pecanwood Smoked Bacon
Sliced Avocado / Tater Tots / Beyond Sausage

5 EACH

Consuming raw or undercooked meats, poultry, seafood, shellfish or
eggs may increase your risk of foodborne illness.
Please notify us of any food allergy.

MAINS

EGGS & CHICKEN FRIED STEAK.....	18
Midwest Gravy / Sunny Up Egg	
SOONER STEAK & EGGS	28
Tomato / Green Onion	
THE STANDARD.....	17
Two Eggs / House Potatoes / Toast / Pecanwood Smoked Bacon / Sausage	
TRIO EGG OMELET.....	16
Choice of: Bacon, Sausage, Ham, Caramelized Onions, Tomato, Cheddar Cheese, Bell Pepper, Mushrooms, Spinach, Jalapeño, House Potatoes	
HASH BOWL	17
Idaho Potato / Sweet Potato / Carrot / Onion	
Two Eggs / Chorizo or Beyond Meat	
BISCUITS & GRAVY.....	12
Two Biscuits / Bacon Gravy	
MAC & CHEESE	15
Cavatappi / Grilled Chicken / Cured Tomato / Sharp Cheddar Béchamel	
CHICKEN TENDERS & FRIES.....	15
House Battered Tenders / Fries	

HANDHELDS

Served with house potatoes or substitute fruit \$2

AM PATTY MELT	16
Kobe Beef Patty / Caramelized Onion / Melted American Cheese	
Fried Egg / Toasted Sourdough	
SUNRISE WRAP.....	14
Soft Scramble / Fried Green Tomato / Pecanwood Smoked Bacon / Cheddar Cheese / Jalapeño	
Cheddar Wrap / Sriracha Sour Cream	
SELTZER'S DOUBLE SMASH BURGER	16
American Cheese / Lettuce / Tomato / Onion	
SOUTHERN BLT.....	15
Fried Green Tomato / Pimento Cheese / Pecanwood Smoked Bacon / Bibb Lettuce / Mayo	
CHICKEN & BISCUIT SANDWICH.....	15
Fried Chicken / Bacon Gravy or Hot Honey	
CARVED CHICKEN BACON CLUB.....	18
Sliced Ham / Swiss Cheese / Crispy Bacon / Cheddar Cheese	
Spinach / Tomato & Pesto Mayo / Nine Grain	

IRONED AND GRIDDLED

PANCAKES	12
Plain or Lemon Mascarpone	
STATE FRUIT FRENCH TOAST	15
Strawberry / House Granola / Powdered Sugar / Bourbon Syrup	

TOAST

BANANA.....	9
Nutella / Brûléed Banana / House Granola / Nine Grain	
AVOCADO	13
Poached Egg / Pickled Onion / Arugula / Everything Seasoning / Nine Grain	
SMOKED SALMON	16
Capers / Tomato / Onion / Smear / Chopped Egg / Everything Spice / Rye	

SALADS

add chicken 5 / add steak 7

HOUSE	10
Seasonal Greens / Pickled Red Onion / Tomato / Cucumber / Ranch or House Vinaigrette	
MIXED BERRY	12
Mixed Greens / Berries / Pecan / Goat Cheese / Raspberry Vinaigrette	
COBB	14
Blend of Greens / Hard-Boiled Egg / Pickled Red Onion / Bacon / Tomato	
Cucumber / Avocado / Candied Pecans / Blue Cheese	

PIE

Make it à la mode \$4

APPLE CRUMBLE	9
Whipped Cream / Granny Smith Apple / Caramel Drizzle / Cherry	
PEANUT BUTTER & CHOCOLATE.....	9
Graham Cracker Crust / Chocolate Ganache / Peanut Butter Mousse / Whipped Cream	
PECAN	9
Caramel Sauce / Whipped Cream / Cherry	



SELTZER'S
MODERN DINER