

MOKARA

 SPA





relax. revive. rejuvenate.

REFINED RELAXATION.

Discover a new level of sophisticated tranquility at Mokara Spa. It's your opportunity to relax, revive and rejuvenate amidst this urban oasis. We invite you to sample our extensive spa offerings, including massage therapy, facials, body treatments, salon services and so much more. Experience refined relaxation. Experience Mokara Spa.

MASSAGES

MOKARA SIGNATURE

50 MINUTES | 80 MINUTES

Discover the restorative powers of massage therapy - this classic Swedish inspired massage, accentuated with long flowing strokes, is designed to relieve muscle tension, increase circulation and eliminate stress. Included is a choice of one of our aromatherapy blends and warm steamy towels to enrich the therapeutic benefits. The perfect pairing, this omnipotent combination of massage and aromatherapy encourages both physical and mental wellness. Pressure is customized to suit your needs.

COUPLES

50 MINUTES | 80 MINUTES

Treat yourself and a companion to ultimate relaxation with a Mokara Signature Massage in the comfort of our private, dual massage room.

PRENATAL

50 MINUTES | 80 MINUTES

A luxurious treatment designed with the comfort of mother and child in mind. The therapist performs pregnancy safe techniques to help relieve pressure, swelling and discomfort while a blend of mother-and-baby safe organic oils nourishes the skin and calms the body, helping to bring the mother-to-be into a state of peaceful contentment. *For expectant mothers in their second and third trimesters only.*

DEEP THERAPEUTIC

50 MINUTES | 80 MINUTES

Created for deeper muscle relaxation, this treatment includes a mixture of deep intensive massage with hot towel compressions to help warm and relax over-exerted bodies. An Omni signature therapeutic blend of arnica and other healing properties penetrate deep into tissues to help ease inflammation and soreness in joints and muscles.

HIMALAYAN SALT STONE

75 MINUTES

Himalayan salt stones formed by 84 essential minerals are warmed and lubricated with essential oils to produce a sense of deep relaxation. Designed to soothe the accumulation of stress in the muscles and tension in the joints, the stones also help purify the skin with a gentle exfoliation, delivering natural moisturizers and alkaline detox for the entire body.

ARNICA SPORTS

50 MINUTES | 80 MINUTES

This performance enhancing massage combines potent arnica infused oil, warm steamed towels and classic combinations of sports stretches, compressions and deep tissue techniques. Specific muscle groups are targeted to reduce muscle pain, restore mobility and encourage proper muscle function.





MASSAGES

RESTORATIVE STONE

75 MINUTES

Experience a whole new level of bliss with this ancient restorative treatment. Warm polished basalt stones gently slide across your body for a soothing rhythmic massage that releases muscle tension and promotes tissue repair, while warm oils silken the body.



ENHANCEMENTS

REFLEXOLOGY

A must for sore, tired feet and a wonderful way to extend your relaxing massage experience.

HOT OIL SCALP RITUAL

Hot oil in the aroma of your choice is drizzled over the scalp for a hydrating scalp massage and hair treatment. Hair is left shiny, silky and hydrated.

HAND AND FOOT QUENCH

The hands and feet are the keys to relaxation. Let warm, melted shea butter penetrate tired feet and overworked hands. Your muscles will relax and your skin will feel soft and nourished as your massage service is performed.

DRY BODY BRUSH EXFOLIATION

Dry skin body brushing effectively exfoliates, boosts circulation, reduces the appearance of cellulite and offers both stress relief and invigoration.



BODY TREATMENTS

MOKARA INNER GLOW RITUAL

80 MINUTES

Your ritual journey will begin with a refreshing head-to-toe body scrub exfoliation. An aromatic melted shea butter is then liberally applied as your expert spa therapist envelops you in a hydrating cocoon. While relaxing, you will experience a nourishing hot oil scalp treatment with a personalized aromatherapy selection. To complete the journey, additional shea butter is expertly massaged into the skin, leaving the entire body luxuriously hydrated and positively glowing.

OMNI CONTOURING BODY WRAP

80 MINUTES

Receive an unforgettable yet effective spa body treatment by exfoliating the body with a revitalizing scrub, then cocooning the body in a restorative gel body wrap to increase circulation, reduce water retention and boost the skin's overall appearance. Massage and full body moisturization targets areas of concern and leaves skin looking years younger.

OMNI BLUEBERRY SOY SLIMMING TREATMENT

80 MINUTES

Combining the super hydrating power of soy with the antioxidant fighting properties of blueberries creates a body-slimming treatment with results in mind. Organic soy sugar scrub with alpha hydroxy acids smooths and refines the skin, while also providing ultimate hydration and increased circulation. A blueberry rich slimming body masque infuses the skin with a blend of free radical fighting ingredients and non-GMO soy rich in isoflavones and healing vitamin B. This instantly firming and hydrating body wrap stimulates circulation to continue to refine and strengthen the appearance of your skin's structure and overall elasticity. A must have for special occasions!





FACIALS

MOKARA CUSTOM ORGANICS

80 MINUTES

Get ready to reveal your natural beauty with a customizable facial using only the finest organic, natural and effective biodynamic ingredients available. Your skin care specialist will tailor your treatment to your skin's specific needs using classic European facial techniques and superior products, all designed to deliver outstanding personalized results.

OKC GEMSTONE

80 MINUTES

Revitalize, brighten and heal the skin with the transformative powers of natural facial gemstones. Malachite, pink tourmaline, citrine and natural botanicals infuse the skin to create a one-of-a-kind spa treatment. You'll emerge not only with beautiful skin, but with a feeling of balance, total calm and in a peaceful state of mind.

REVERSIVE ANTI-AGING

80 MINUTES

Turn back the hands of time and unlock the natural anti-aging mechanisms of your skin. This pro youth treatment uses the power peptides to increase cell turnover and trigger the slowdown of the chronological aging process and reclaims lost radiance as it visibly softens fine lines and wrinkles. The lifting effects of this treatment are further intensified by an exclusive deeply relaxing massage technique.

SKIN RECHARGE

50 MINUTES

Give your skin its energy and vitality back using powerful complex and expert skin care techniques that boost cells to promote regeneration and firming collagen production. An effective trio of gentle AHA peel, mineral rich ampoule and unique silver leaf mask infused with hyaluronic acid, renews the skin for a more radiant, revitalized complexion.

GENTLEMENS

50 MINUTES

This scientifically formulated treatment is designed for men's unique needs and skin care goals. Deep cleansing, superior hydration and instantly revitalizing results. For optimal impact, gentlemen should shave two hours prior to treatment.



FACIALS

HEALTHY GLOW

50 MINUTES

A naturally derived cosmeceutical treatment to restore a healthy radiant glow to all skin types. Pre and probiotics balance the skin's microbiome and strengthen the skin's barrier. Age corrective extracts, rich in antioxidants stimulates the youthful production of collagen and elastin, while a relaxing facial massage using hyaluronic acid, plumps and renews the complexion.

SEASONAL | RADIANT & BRIGHT

50 MINUTES

This seasonal facial is perfect for addressing the specific needs of winter skin. Specifically designed for dry, sensitive skin, rosacea or dermatitis. This extremely calming therapy will soothe, strengthen and balance the skin. You'll instantly notice repaired irritation and deeply nourished and hydrated results. Your skin will thank you!







NAILS

MOKARA SIGNATURE MANICURE AND PEDICURE

50 MINUTES | MANICURE

50 MINUTES | PEDICURE

Transform your hands and feet with these personalized rituals. Choose one of two aromatherapy blends to set your intention: calming jasmine tuberose or uplifting citrus cardamom. Restore balance with a warm mineral rich soak, followed by a pampering scrub to smooth and illuminate your skin. Then relax while a skin refining mask packed with herbal infusions and extracts soften, moisturize and protect. Treatment includes shaping, cuticle care and polish.

GENTLEMENS MANICURE AND PEDICURE

50 MINUTES | MANICURE

50 MINUTES | PEDICURE

Designed with the perfectly groomed gentleman in mind. This treatment includes grooming of the nails and cuticles, hydrating exfoliation and relaxing massage, concluding with a buff or coat of clear matte polish, if preferred.

POLISH REFRESH

25 MINUTES | HANDS

25 MINUTES | FEET

Renew that freshly polished look with a lacquer refresh for your hands or feet. Polish is removed, nails are expertly reshaped and lightly buffed before a new application of polish.

SHELLAC GEL MANICURE ENHANCEMENT

Add this chip-resistant polish and long wearing option to any manicure. *Removing existing shellac gel will be an additional charge and will add additional time to the service. Please inform us at time of booking.*



SALON

WAXING TREATMENTS

- Brow shaping
- Ears
- Lip
- Cheeks
- Forehead
- Chin
- Nose
- Mens grooming

BRIDAL SERVICES

- Bridal updo consultation
- Bridal design
- Accessory addition

HAIR SERVICES

- Cut and blow-dry short, medium, long or extra-long
- Mens haircut
- Bangs trim
- Beard trim
- Blow-dry short, medium, long or extra-long
- Updo
- Event style or curls



DETAILS

SPA HOURS

Thursday | 9 a.m. – 7 p.m.

Friday – Monday | 9 a.m. – 5 p.m.

Hours may vary by season. Please call in advance.

RESERVATIONS

We recommend scheduling spa services prior to your visit for the widest selection of treatments and appointment times. Bookings made on the same day of service and walk-in appointments are always welcome, based on availability. When scheduling, please specify if you have a gender preference for your therapist. If you have any health concerns or are pregnant, there may be contraindications for some services. All appointments must be guaranteed with a major credit card. Prices and services are subject to change. To schedule your appointment, please call our spa concierge desk at (405) 438-6450.

CANCELLATIONS AND RESCHEDULING POLICY

Your treatments are reserved specifically for you. If you must change or cancel your appointment, please notify the spa directly at least six hours in advance of the treatment time to avoid being charged. For a cancellation with less than a six-hour notification, guests will be charged 50% of the treatment fee, or a \$35 same day rescheduling fee. For no-show appointments, the full treatment amount will be charged. Spa packages are subject to a 12-hour cancellation policy.

SPA ARRIVAL AND CHECK-IN

In order to enhance your experience, we recommend you arrive at least 30 minutes prior to your scheduled appointment to complete a brief consultation form, change and relax. Arriving late will likely shorten your spa treatment, as we must end at the scheduled time so that we may honor the next guest's appointment time. The full value of your treatment will be charged.

AGE REQUIREMENTS

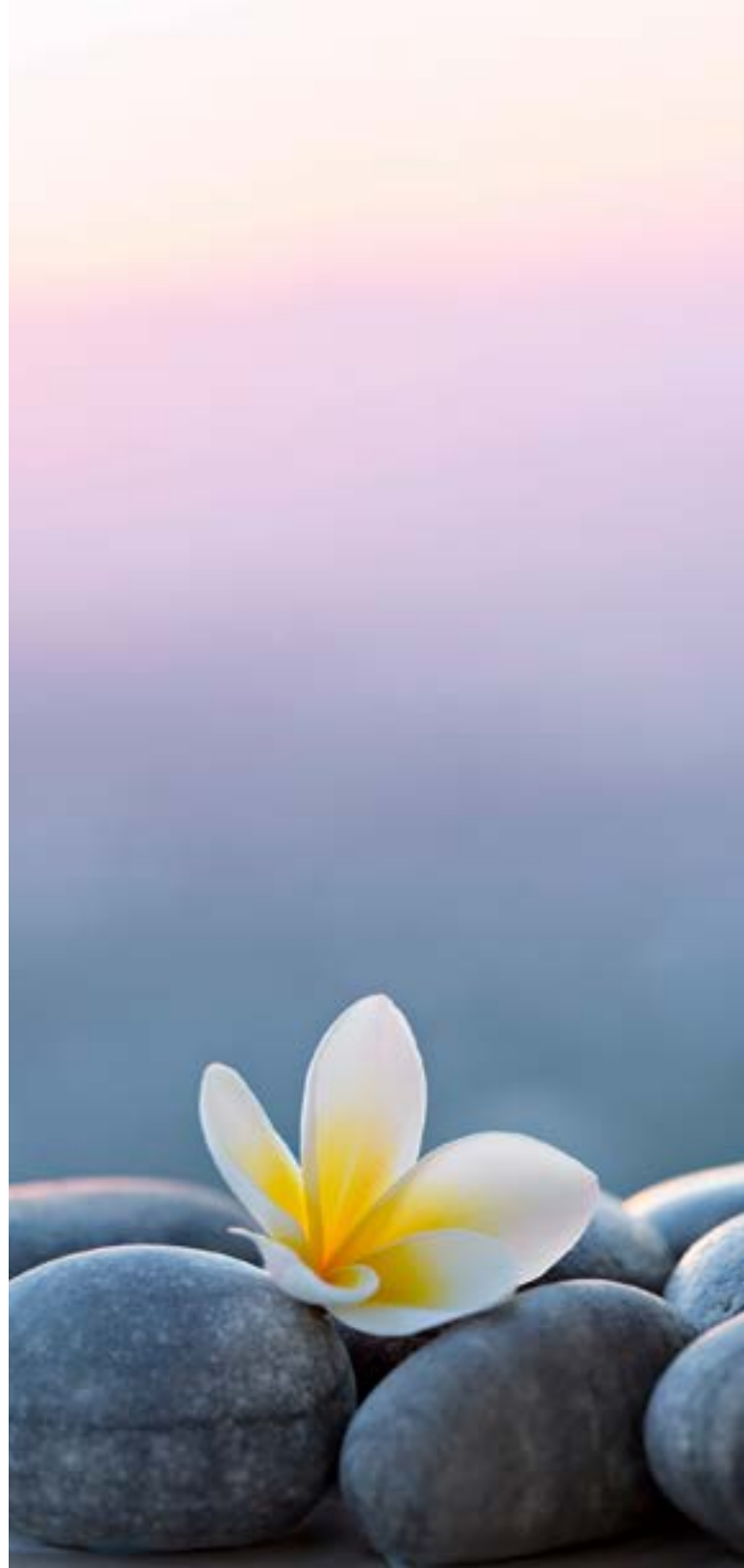
The minimum age requirement to utilize the spa facilities and receive massages, facials or body treatments is 18 years of age. Any guests under the age of 18 may receive salon services but must be accompanied by an adult.

SERVICE CHARGE

For your convenience, a 20% service charge will be added to the original cost of each treatment you receive. The service charge will be distributed to the staff that assisted you during your visit. Additional gratuities may be provided at your discretion.

SPEAK SOFTLY. SILENCE CELL PHONES, PLEASE.

Mokara Spa offers the rare opportunity to relax in a calm, quiet environment with little disruption or distraction. Please help us maintain this peaceful atmosphere by turning off your cell phones and electronics and by speaking softly.





CALL TODAY TO MAKE YOUR SPA APPOINTMENT.

100 West Oklahoma City Blvd., Oklahoma City, OK 73109 • 405-438-6450

OmniHotels.com/OklahomaCity

MOKARA
✿ SPA