

MOKARA

 SPA





relax. revive. rejuvenate.

REFINED RELAXATION.

Discover a new level of sophisticated tranquility at Mokara Spa. It's your opportunity to relax, revive and rejuvenate amidst this urban oasis. We invite you to sample our extensive spa offerings, including massage therapy, facials, body treatments, salon services and so much more. Experience refined relaxation. Experience Mokara Spa.

MASSAGES

PERSONALIZED PRESCRIPTIVE MASSAGE

50 MINUTES | 75 MINUTES

Relieve muscle tension and eliminate stress with this personalized massage journey. Your choice of Mokara Signature Oil blends and a combination of Relaxing Swedish, Deep Tissue, and Therapeutic Healing Techniques create a tailored treatment that will ease fatigue and exhaustion.

ARNICA & CBD HOT TOWEL

75 MINUTES

This treatment combines the anti-inflammatory extracts of arnica paired with CBD, a mixture of therapeutic massage techniques, and steaming hot towels. Access all the mind body benefits of CBD while your expert massage therapist soothes, and releases overworked muscles.

ACTIVE LIFE

50 MINUTES

Relief and renewal for sports enthusiasts. Targeted attention to sore back, joints, hands, or feet. This treatment will be focused on a specific need to assist you in improving range of motion and flexibility.

MOTHER TO BE

50 MINUTES | 75 MINUTES

A pampering full body experience. Your expert Massage Therapist will utilize Swedish massage techniques to help relax mothers in the 2nd and 3rd trimesters.

HIMALAYAN SALT STONE

75 MINUTES

The ancient tradition of stone massage is paired with your choice of Mokara Signature Oil blends to promote deep relaxation. Purify the skin and experience gentle exfoliation with warm Himalayan Salt Stones in this luxurious treatment. Drift away and relax with an exquisite facial massage using Rose Quartz stones.

DUET

Any of our massages can be enjoyed side-by-side. Pricing available upon request.





ENHANCEMENTS

REFLEXOLOGY

A must for sore, tired feet and a wonderful way to extend your relaxing massage experience.

HAND QUENCH

The hands are keys to relaxation. Let warm, melted shea butter penetrate overworked hands. Your muscles will relax and your skin will feel soft and nourished as your massage service is performed.

FOOT QUENCH

The feet are keys to relaxation. Let warm, melted shea butter penetrate your tired feet. Your muscles will relax and your skin will feel soft and nourished as your massage service is performed.

HOT OIL SCALP RITUAL

Hot oil in the aroma of your choice is drizzled over the scalp for a hydrating scalp massage and hair treatment. Hair is left shiny, silky and hydrated.

DRY BODY BRUSH EXFOLIATION

Dry skin body brushing effectively exfoliates, boosts circulation, reduces the appearance of cellulite and offers both stress relief and invigoration.



ARNICA CBD INFUSION

Relive muscle aches and ease tension with this warming cayenne, arnica and CBD enhancement that provides extra care on a focused area.



BODY TREATMENTS

RESTORE WRAP

50 MINUTES

Revitalize from head to toe after everyday exposure to the elements. Access the mind body benefits of CBD as you bask peacefully in this hydrating cocoon. End your service with a relaxing scalp and grounding foot massage.

MOKARA INNER GLOW RITUAL

75 MINUTES

Your ritual journey will begin with a refreshing head to toe body exfoliation. Next hot towels are applied to help ease muscle tension. A nourishing aromatic body oil is then liberally massaged into the skin. After your expert spa therapist wraps you in a cocoon of warmth, enjoy a relaxing scalp and foot massage.

DR. DENNIS GROSS PRO BODY PEEL

100 MINUTES

Treat and prevent the signs of aging with this full body clinical peel treatment. This luxurious service is ideal for treating dry skin, blemishes and hyperpigmentation caused by sun exposure. Your skin care specialist will cleanse, exfoliate, and soothe the skin with a deeply hydrating hyaluronic moisture cream. You will then be wrapped in a cocoon of warmth, while you relax and enjoy scalp and foot massage.

SEASONAL BODY TREATMENTS

Available upon request





FACIALS

PERSONALIZED PRESCRIPTIVE FACIAL

50 MINUTES

This customized treatment meets all your basic skin care needs, including cleansing, exfoliation, extractions, treatment mask and a relaxing scalp, neck, and shoulder massage.

75 MINUTES

Increase the benefits of our 50-minute facial, plus, an LED facial treatment, relaxing foot massage and extended facial massage.

GENTLEMAN'S FACIAL

50 MINUTES

This treatment tailored specifically for men, meets all your basic skin care needs. The service includes cleansing, exfoliation, extractions, treatment mask and a relaxing scalp, neck, and shoulder massage.

75 MINUTES

Increase the benefits of our 50-minute facial, plus, an LED facial treatment, relaxing foot massage and extended facial massage.

COLLAGEN INFUSION

75 MINUTES

Plump the skin with this collagen boosting treatment. Ultra-potent hyaluronic acid and collagen plump the skin from the inside out, while smoothing fine lines and wrinkles. The service includes facial massage, scalp massage, neck, and shoulder massage, and is completed with a relaxing foot massage.

HIGH SKIN REFINING

75 MINUTES

Using the power of peptides to lift and tone the skin, this anti-wrinkle treatment will smooth and firm the skin. The result is a more youthful, well contoured face. The service includes facial massage, scalp massage, neck, and shoulder massage, and is completed with a relaxing foot massage.

DERMAFACIAL

75 MINUTES

Treat your skin to the ultimate glow. Your facial will begin with DERMAFLASH LUXE+ Award-Winning Sonic Exfoliation to safely + gently remove dead skin cells, peach fuzz and built-up debris. Skin is now perfectly prepped to fully absorb additional treatments. The service includes facial massage, scalp massage, neck, and shoulder massage, and is completed with a relaxing foot massage.



FACIALS

OKC SIGNATURE STRAWBERRIES & HONEY FACIAL TREATMENT

75 MINUTES

Experience the flavor of Oklahoma City. Soothe and revitalize your skin with organic strawberry and honey. This deeply hydrating service includes cleansing, exfoliation, and a treatment masque. You will receive an extended facial massage, as well as a relaxing scalp, neck, shoulder, and foot massage.

SEASONAL FACIAL

Available upon request



ENHANCEMENTS

- **3D HYDRO GEL EYE MASK**
 - Acid and peptides combine to rejuvenate tired eyes. These revitalizing gel eye pads provide a pleasant cooling sensation while increasing overall radiance.
- **3D HYDRO GEL FACE MASK**
 - This hydro-gel sheet mask soothes the complexion and plumps fine lines and wrinkles. Its effective blend of hyaluronic acid and hexapeptide-8 addresses dryness and repairs cells to provide younger-looking skin.
- **PRO RETINOL PEEL**
 - A clinical dose of retinol that works in two ways. First, as a peel that exfoliates and accelerates skin renewal. Second, as an anti-aging treatment to help reduce wrinkles, restore firmness and re-densify skin for a smoother, retextured complexion.
- **AFTER GLOW**
 - The signature Jane Iredale post-facial After Glow offers skin-soothing, lightweight mineral coverage with SPF to conceal and protect the skin. Walk out glowing with confidence.

NAILS

MOKARA CUSTOM MANICURE

50 MINUTES

Designed especially for dry skin, our exfoliating scrub gently polishes the skin to perfection. Relax with a deeply hydrating hand and arm massage. Your nail care specialist will finish with cuticle and nail care.

MOKARA CUSTOM PEDICURE

50 MINUTES

Designed especially for dry skin, our exfoliating scrub gently polishes the skin to perfection. Relax with a deeply hydrating lower leg and foot massage. Your nail care specialist will finish with cuticle and nail care.

GENTLEMAN'S PEDICURE

50 MINUTES

This men's specific service will restore moisture and soothes weathered, worn skin. Tired muscles will be relaxed with lower leg and foot massage. Your nail care specialist will finish with cuticle and nail care.

SIGNATURE HOT STONE PEDICURE

75 MINUTES

Soothe tired legs and feet with warm stones. Enjoy the benefits of our signature pedicure with an extended lower leg and foot massage.





SALON

NAIL ENHANCEMENTS

- Hand Quench
- Foot Quench
- French Polish
- CND Shellac
- Arnica CBD Infusion
- Gel Removal

Seasonal Nail Services are available upon request.

HAIR SERVICES

- Cut and Blow Out
- Gentlemen's Cut
- Bangs Trim
- Beard Trim
- Wash and Blow Out
- Event Style or Curls
- Gloss



DETAILS

SPA HOURS

Thursday - Monday 10 a.m. – 7 p.m.

Closed Tuesday and Wednesday

Hours may vary by season. Please call in advance.

RESERVATIONS

We recommend scheduling spa services prior to your visit for the widest selection of treatments and appointment times. Bookings made on the same day of service and walk-in appointments are always welcome, based on availability. When scheduling, please specify if you have a gender preference for your therapist. If you have any health concerns or are pregnant, there may be contraindications for some services. All appointments must be guaranteed with a major credit card. Prices and services are subject to change. To schedule your appointment, please call our spa concierge desk at (405) 438-6450.

CANCELLATIONS AND RESCHEDULING POLICY

Your treatments are reserved specifically for you. If you must change or cancel your appointment, please notify the spa directly at least twenty-four hours in advance of the treatment time to avoid being charged. For a cancellation with less than a twenty-four-hour notification, guests will be charged 50% of the treatment fee, or a \$35 same day rescheduling fee. For no-show appointments, the full treatment amount will be charged. Spa packages are subject to a 24-hour cancellation policy.

SPA ARRIVAL AND CHECK-IN

In order to enhance your experience, we recommend you arrive at least 30 minutes prior to your scheduled appointment to complete a brief consultation form, change and relax. Arriving late will likely shorten your spa treatment, as we must end at the scheduled time so that we may honor the next guest's appointment time. The full value of your treatment will be charged.

AGE REQUIREMENTS

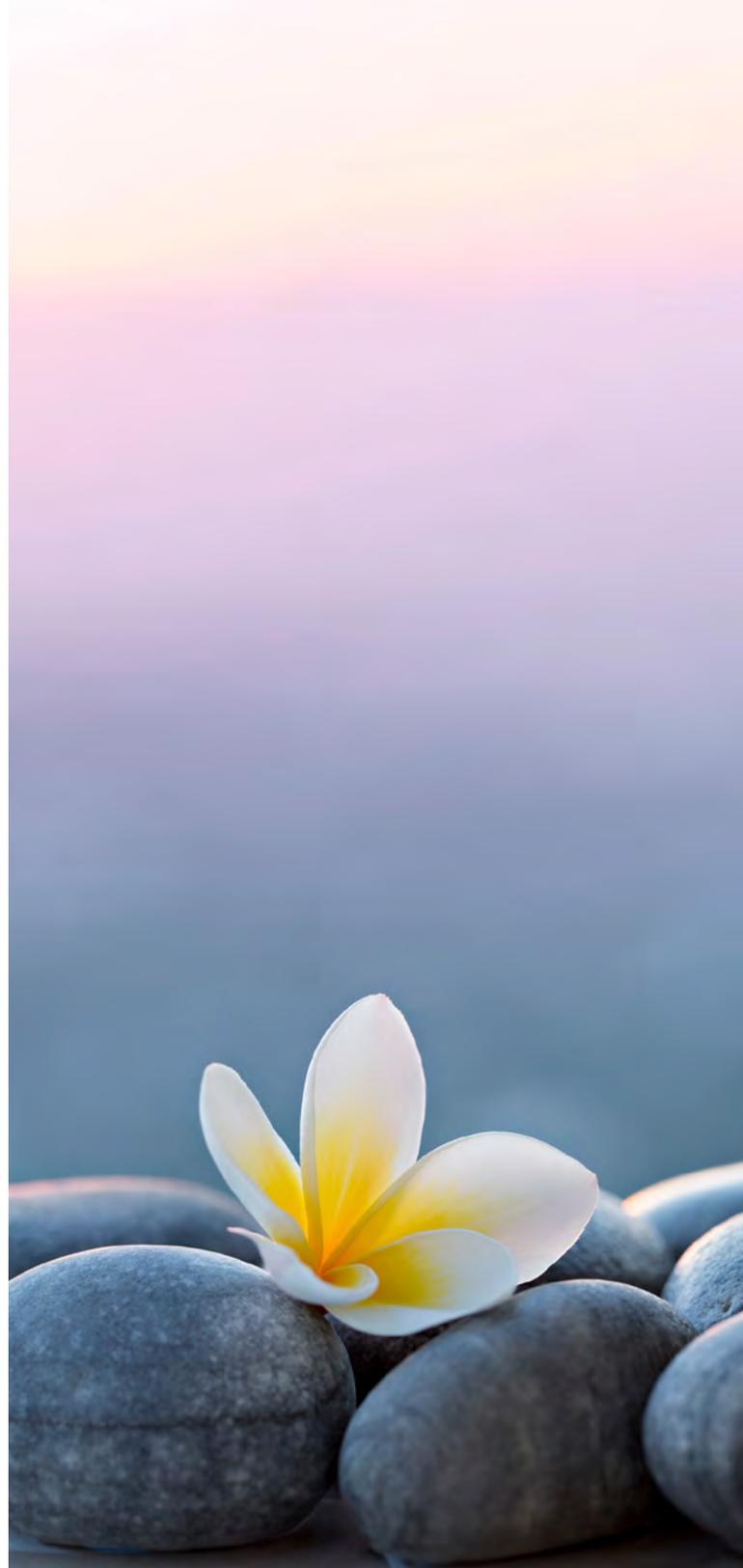
The minimum age requirement to utilize the spa facilities and receive massages, facials or body treatments is 18 years of age. Any guests under the age of 18 may receive salon services but must be accompanied by an adult.

SERVICE CHARGE

For your convenience, a 20% service charge will be added to the original cost of each treatment you receive. The service charge will be distributed to the staff that assisted you during your visit. Additional gratuities may be provided at your discretion.

SPEAK SOFTLY. SILENCE CELL PHONES, PLEASE.

Mokara Spa offers the rare opportunity to relax in a calm, quiet environment with little disruption or distraction. Please help us maintain this peaceful atmosphere by turning off your cell phones and electronics and by speaking softly.





CALL TODAY TO MAKE YOUR SPA APPOINTMENT.

100 West Oklahoma City Blvd., Oklahoma City OK 73109 • 405-438-6450

OmniHotels.com/OklahomaCity

MOKARA
* SPA