



Joya  
spa

Group Wellness Experiences

# Group Wellness\*

## **MINDFUL BREAKS**

Elevate your meeting experience with 30-minute wellness sessions designed to re-energize and restore focus. Perfect for kickstarting the day or offering a refreshing midday reset, these sessions support both mind and body.

### **Stretch and Reset**

Gentle guided movement helps attendees release tension, reconnect with their bodies, and invite a renewed sense of balance.

### **Refocus**

Breathwork and mindful techniques to calm the nervous system, support mental clarity, and create space for a more grounded, productive mindset.

***\$175 PER SESSION***

## **PRIVATE HIKE TO CAMELBACK MOUNTAIN**

Appreciate the natural beauty of Camelback Mountain and sprawling valley bejeweled with natural landscaping of the Saguaro Cactus and much more. Our Omni Hiking Guide will immerse you in some of the most beautiful scenes in our backyard - Don't forget your camera!

***\$100 PER PERSON***

## **GROUP WELLNESS CLASS**

### **Yoga**

Our signature foundational yoga class that incorporates longer holds in poses, stillness, and deep breathing; encourages physical, mental, and emotional relaxation - all levels welcome.

### **Meditation**

Enter a state of peaceful awareness and inner stillness with gentle guidance from our experienced wellness instructor.

### **Sound Bowl**

A guided meditation experience that uses sounds and vibrations of singing bowls to bring about relaxation, healing, and a sense of well-being.

***\$375 PER SESSION In Movement Studio***

***\$475 PER SESSION In special event space***

### **Mat Pilates**

Full body fusion of strengthening and toning movements combined with weights and foam rollers, with a focus on form and alignment.

***\$350 PER SESSION In Movement Studio***

***\$450 PER SESSION In special event space.***

Accommodating up to 20 guests.

\*A 24% service charge will be applied to all group wellness and spa services.





# Group Spa Experiences\*

## **BOARDROOM TO BALANCE | SPA BLOCKS**

Include spa treatment blocks during your event's itinerary with up to 19 spa treatments available per hour. With an array of treatments offered at The Joya Spa from massages, facials, body treatments, and salon services.

Services include full-day access to Joya Spa's luxurious dressing rooms, featuring a sauna, steam room, whirlpool, cold deluge shower, and our iconic Hammam Room. Guests can also enjoy our private rooftop Terrace Pool with breathtaking views of Camelback Mountain.

## **CAMELBACK TERRACE PATIO | HOSPITALITY RENTAL**

Enhance your spa experience with exclusive access to our Camelback Terrace Patio, a semi-private gathering space with stunning views of Camelback Mountain. Ideal for groups to connect between or after services, this tranquil setting includes a dedicated private server and pre-fixed food & beverage menu designed to complement the spa experience.

Accommodating up to 20 guests

## **MINDFUL WELLNESS EXPERIENCE**

Enhance your event experience with on-site wellness services that offer guests a moment of relaxation. These therapeutic stations are designed to support stress relief and encourage mindfulness.

### **Chair Massage Station**

Provides targeted neck, back, and shoulder relief in a convenient, clothed seated format. Perfect for easing travel tension or stress.

### **Hand & Forearm Therapy**

Focused massage techniques relieve tension from typing, texting, and daily stressors.

### **Craniosacral Therapy**

A deeply calming treatment using gentle touch to release tension in the head, neck, and spine. Ideal for grounding and mental clarity.

**\$275 PER PROVIDER/PER HOUR**

5-6 guests per chair per hour

\*A 24% service charge will be applied to all group wellness and spa services.

# Spa Venue

From the moment you arrive, you're transported to soothing sights, scents, and sensations inspired by the Moroccan Hammam—washing away stress and renewing your spirit. Spanning 31,000 square feet, this award-winning sanctuary, conceived by visionary Sylvia Sepielli, offers indulgent treatments, full-day access to luxurious dressing rooms with sauna, steam room, whirlpool, cold deluge shower, and the iconic Hammam Room. Guests can also unwind at the private rooftop Terrace Pool, where breathtaking views of Camelback Mountain pair perfectly with light bites and refreshments.

**OMNI** SCOTTSDALE  
MONTELUCCIA

