

Restaurant in Room

Menu items selected for your convenience, delivery or to-go

CHILLED SELECTION

chilled yogurt parfait 9 vanilla yogurt / berries / granola

seasonal fruit and berries (8) 13

avocado toast 13

roasted tomato / marinated artichoke / feta cheese / multigrain bread

FEATURED EGGS & OMELETS

ham and cheese omelet 19

Black Forest ham / smokehouse cheddar

Springs Eternal Spa omelet **3** 18

egg whites / spinach / onion / roasted tomato / peppers / feta / seasonal fruit

classic eggs Benedict 21

poached eggs / Canadian bacon / English muffin / Hollandaise

traditional breakfast 18

two eggs your style / choice of breakfast meat / choice of toast

spinach & mushroom breakfast bowl (*) 19

toasted quinoa / truffle / egg your style add scrapple 4

FROM THE GRIDDLE

buttermilk pancakes 17

plain, blueberries or chocolate chips

breakfast sandwich 16

fried egg / shaved ham / cheddar cheese / grilled artisan sourdough

knife and fork breakfast burger 18

pecanwood smoked bacon / fried egg / cheddar cheese / waffle "bun" add scrapple 4

SIDES

breakfast meat 8 8

pecanwood smoked bacon, turkey bacon, pork sausage link, scrapple or maple & blueberry sausage patty

toast 5

brioche, sourdough, rye, multigrain or gluten-friendly

breakfast potatoes ® Ø

seasoned red skin potatoes

beverages

Stance coffee

small 7 / large 12

Numi hot tea 7

breakfast blend, aged Earl Grey, hibiscus, rooibos chai, Moroccan mint, orange spice or chamomile lemon

iuice 6

orange, grapefruit, apple, cranberry or tomato

smoothie 9

mixed berries / yogurt Bedford honey / organic plant-based protein powder

milk 6

whole, 2%, skim, soy or almond

hot chocolate 6



minimum order \$25, delivery fee \$9