

SPRINGS ETERNAL SPA MENU

MASSAGES

ETERNAL THERAPEUTIC MASSAGE

	TUES-THURS	FRI-MON
25MIN	\$105	\$115
50MIN	\$165	\$175

Allow your Springs Eternal Spa professional to pamper you with a customized massage based on your choice of Swedish, Sports, Deep Tissue, or a combination of techniques.

ZENTS JOURNEY MASSAGE

50MIN	\$175	\$185
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Using a customized product blend of your choosing, embark upon a skin-nourishing journey as your therapist provides a full-body soothing Swedish massage with a skin-softening infusion of coconut oil and Vitamin E.

PRENATAL MASSAGE

25MIN	\$105	\$115
50MIN	\$165	\$175

Rest as your body is soothed and your skin is pampered. This massage is designed to answer the developing needs of mother and baby and to allow the nurturing treatment you both deserve. *For expectant mothers in their second or third trimester only.

DR. JOHN'S MUSCLE THERAPY MASSAGE

50MIN	\$175	\$185
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After founding The Bedford Springs Hotel in 1806, Dr. John Anderson used the mineral springs to provide healing. Allow his curative legacy to continue, as expert hands use muscle-mending lotion crafted with rosemary, clary sage, and eucalyptus essential oils to relieve sore and tired muscles.

MASSAGE ENHANCEMENTS

Complement any 50 min massage by purchasing one of the below enhancements. These personalized additions are included within your scheduled treatment time.

SCALP MASSAGE

Warm oil is slowly drizzled onto your third eye while pressure points are massaged gently in this very soothing treatment designed to relax the mind and nourish the scalp and hair. **\$20**

PEPPERMINT LAVENDER FOOT EXFOLIATION

Appreciate the benefits of relaxation-inducing lavender combined with the muscle-tension relieving benefits of peppermint. **\$20**

ANTARA CBD OIL

Designed to bring mind and body into balance and packed with luxe organic hydrators and natural anti-agers; this oil sets the standard for the purest, high potency, organically grown full spectrum CBD. **\$40**

MAKEUP SERVICES

REVITALEYES

20MIN **\$40**
During this eyes-only look, professional artists will create a natural or stunning look based on the appearance you desire.

EYELASH APPLICATION UPGRADE 20MIN

\$20
Enhance your look with our expertly-applied eyelash extensions.

Should you wish to enjoy our Bedford Bath Ritual, a separate appointment time of one-hour must be reserved. There is no additional charge for our Bedford Bath Ritual if you schedule on the same day as your spa treatment.

PLEASE DIAL 814-624-5633
TO RESERVE YOUR RETREAT
TO RELAXATION.



NAIL SERVICES

SPRINGS ETERNAL MANICURE

TUES-THURS FRI-MON

50MIN

\$75

\$85

Featuring our signature formulation of cucumber and honeysuckle, your hands will emerge pampered with fingernails at their utmost perfection.

GENTLEMAN'S MANICURE

50MIN

\$75

\$85

Relieve stress and restore your hands as this manicure reshapes and buffs nails, cleans up cuticles, and provides an ultra-rich moisturizing treatment.

EXPRESS MANI

30MIN

\$60

\$70

A mini treatment to transform your hands and nails. Nails will be perfectly manicured and expertly polished in this express service.

EXPRESS PEDI

30MIN

\$65

\$75

The perfect pedicure for the person on the go! Your nails will be groomed, cuticles tidied, perfectly buffed, and polished in 30 minutes.

SPRINGS ETERNAL PEDICURE

50MIN

\$85

\$95

Featuring our signature formulation of cucumber and honeysuckle, this pedicure is designed to target not only the cuticles and nails but the entire foot.

GENTLEMAN'S PEDICURE

50MIN

\$85

\$95

A specialty 50 minute pedicure designed just for gentlemen to groom cuticles and buff out rough edges, leaving skin nourished and soft.

NAIL ENHANCEMENTS

Complement any 50 min manicure or pedicure by purchasing an enhancement. These personalized additions are included within your scheduled treatment time.

DETOX TREATMENT

\$20

A purifying scrub and detox charcoal mask, designed to remove impurities and leave skin replenished, nourished and soft.

ANTI-AGING TREATMENT

\$20

Our advanced peel targets age management and hyper pigmented skin while active serums increase skin elasticity, hydration, and increase collagen synthesis.

HAIR SERVICES

BLOWOUT

TUES-THURS FRI-MON

SHORT HAIR 45MIN

\$60

\$60

LONG HAIR 60MIN

\$80

\$80

HOT TOOL UPGRADE

\$20

\$20

Enjoy a refreshing wash followed by a professional styling using our top of the line hair care products.

MEN'S CUT AND STYLE

25MIN

\$45

\$45

Whether you're looking for a new style or just a trim, you'll be in good hands.

WOMEN'S CUT AND STYLE

60MIN

\$80

\$80

Relax while your locks are lathered by our stylists in a rich shampoo and conditioner. Followed by a professional cut and style to feel renewed.

NOURISHING HAIR CURE

SHORT HAIR 45MIN / LONG HAIR 60MIN

\$85/\$95

\$95/\$105

A balancing shampoo preludes to a nourishing hair mask. As the mask penetrates the hair, enjoy a calming hand massage with natural oils. After a light rinse and towel dry, your hair will be left with added moisture and shine.

RECONSTRUCTIVE HAIR CURE

SHORT HAIR 45MIN / LONG HAIR 60MIN

\$95/\$105

\$105/\$115

Bring your hair back to life with our nourishing reconstructive miracle mask. This treatment is great for over-processed hair and will leave hair rejuvenated.

GLOSS TREATMENT

60MIN

\$75

\$85

This treatment enhances color and protects the structure of the hair for a healthy shine. This service ends with a light blow dry creating a multi-dimensional shine.

SPECIAL OCCASION HAIR

60MIN

\$100

\$100

Achieve an elegant, formal look for a very special day. Includes curls with an iron, up-do's, braids, and any style that would require pinning.