

## *Palms Café Specials*

### **BURGER SPECIAL 14.00**

*includes cheeseburger, fries and a fountain soda*

### **COFFEE & PASTRY 7.00**

Includes large coffee and fresh pastry

### **GLUTEN FREE & ORGANIC**

*we offer a wide variety of each*

### **BRANDINI TOFFEE**

try this local favorite

### **SOUVENIR TUMBLER OFFER 14.00**

*\$1 refills of your favorite fountain drinks , iced tea or iced coffee*

## *Resort Activities*

### **HAPPY HOUR AT BLUEMBER**

daily 5:00 p.m. to 7:00 p.m.

\$5 well drinks, house wines, domestic beers

\$2 off all lounge menu food

## *To Rejuvenate the Soul, start with The Body*

### **Cinnamon Apple Pie Mani & Pedi**

40 minute pedicure & 30 minute manicure \$75

~warm apple cider tea included

### **Pumpkin Soufflé Facial**

50 minute facial \$125

~Pumpkin Soufflé Mask designed to hydrate and refresh

### **Cinnamon Latte Body Scrub**

50 minute body scrub \$125

~Divine coffee exfoliation and a decadent pumpkin crème to deeply hydrate

### **Autumn Bliss Aroma Massage**

50 minute massage \$125

~Truly aromatic service to relieve stress

To make your appointment ~ 760-836-3106

CONTACT THE CONCIERGE FOR ALL YOUR  
RESORT NEEDS ext 4518

## *Snacks*

### **SUNDRIED TOMATO HUMMUS 13.00**

veggie sticks | grilled naan flatbread

### **GRILLED CHICKEN FLATBREAD 15.00**

bruschetta salsa | fresh mozzarella | basil pesto

hummus | parmesan

### **VEGGIE QUESADILLA 14.00**

roasted bell peppers | caramelized onions | salsa

jack & cheddar cheese | sour cream | guacamole

add chicken 3.00

### **CRISPY BUFFALO TENDERS 11.00**

veggies | ranch

### **SWEET POTATO FRIES 10.00**

sundried tomato aioli | parmesan

### **CHIPS & SALSA 9.00**

add guacamole 3.00

## *Tropics Smoothies & Dippin Dots*

### **MIXED BERRY 8.00**

strawberries | raspberries | blackberries | acai

### **LAS PALMAS COLADA 8.00**

coconut cream | mango | pineapple

### **DIPPIN DOTS 7.00**

## *Coffee & Fountain Drinks*

### **PEET'S COFFEE *price varies 2.75-7.00***

Coffee | Espresso | Tea | Hot Chocolate

### **FOUNTAIN SODA 3.50**

Coke | Diet | Sprite | Ginger Ale

Orange Soda | Lemonade



## *Breakfast*

CHEF NERI'S HOUSEMADE BAKED GOODS 4.00

ASSORTED BAGELS 4.00

FRESH SEASONAL FRUIT CUP 7.00

HOUSEMADE PARFAIT 7.00  
low-fat yogurt | seasonal berries

COLD CEREAL 3.25 | OATMEAL 5.00

WHOLE FRESH FRUIT 3.00

HARD BOILED EGG 1.50

## *Warm Breakfast Specialties served all day*

CLASSIC BREAKFAST BURRITO 10.00  
pick 3 toppings | additional toppings .75

bacon | sausage | ham | salsa | tomato  
roasted bell peppers | caramelized onion | spinach  
mushroom | guacamole  
potatoes | roasted chilies | cheddar cheese

substitute egg whites 2.00

BREAKFAST SANDWICH 10.00  
scrambled eggs | melted white cheddar  
choice of : bacon, sausage, ham, or roasted veggies  
choice of : buttermilk biscuit, bagel or English muffin

SCRAMBLE MELT 10.00  
bacon | roasted bell peppers | spinach | white cheddar  
| naan flatbread

GLUTEN FREE EGG WHITE WRAP 12.00  
grilled chicken | egg whites | tomato | spinach  
provolone cheese | gluten free tortilla

## *Wraps choice of fruit, fries or sweet potato fries*

BRICK OVEN VEGETABLE 13.00  
roasted bell peppers | caramelized onion | green zucchini  
golden squash | spinach | tomato | basil pesto  
garlic hummus

FRESH APPLE WALNUT 13.00  
apple | avocado | cucumber | brie cheese | tomato  
candied walnut | romaine | citrus vinaigrette  
add chicken 3.00

TERIYAKI GRILLED CHICKEN 15.00  
shredded cabbage | carrots | snap peas | wontons | cilantro  
ginger soy vinaigrette  
choice of flour, wheat, or gluten free tortillas

## *Salads*

BLACKENED AHI 18.00  
mix greens | watermelon radish | cucumber | carrots  
tomato | pickled ginger relish | wasabi vinaigrette

SPINACH SALAD 14.00  
baby spinach | strawberries | blackberries | candied  
walnuts | maple-dijon mustard dressing

SUMMER SALAD 14.00  
baby mix greens | artichoke | citrus segments  
cucumber | carrots | candied pecans  
balsamic vinaigrette

CAESAR SALAD 14.00  
romaine | parmesan | garlic butter croutons  
tangy Caesar dressing  
add chicken 3.00

## *Pizza house made sourdough crust*

FOUR CHEESE slice 5.75 | whole 19.00  
PEPPERONI slice 6.00 | whole 20.00

ADDITIONAL TOPPINGS slice .25¢ | whole 1.00  
bacon | sausage | ham | pepperoni | mushroom  
spinach | pineapple | grilled veggies | onion  
roasted peppers | tomato | oven dried tomato

## *Little Palms ages 12 and under choice of fruit or fries*

TURKEY SANDWICH 11.00

CRISPY CHICKEN CHEESE WRAP 11.00

CORN DOGS 11.00

CRISPY CHICKEN TENDERS 11.00

## *Sandwiches*

*choice of fruit, fries or sweet potato fries*

BRAISED PULLED PORK 15.00  
caramelized onion | dark maple chipotle | brioche bun

TUNA MELT 16.00  
albacore tuna | celery | pickle | dijon aioli | swiss  
roasted green chilies | sourdough

LAS PALMAS CHEESEBURGER 16.00  
lettuce | tomato | caramelized onions | bacon  
avocado | roasted green chilies | mushrooms  
brioche bun  
choice of provolone, swiss, or white cheddar

ROASTED TURKEY 16.00  
lettuce | tomato | bacon | white cheddar  
guacamole | date bread

BRUSCHETTA CHICKEN 16.00  
romaine | bruschetta salsa | provolone | basil pesto  
ciabatta bread