# **2018** CALENDAR OF EVENTS

THE CHOPRA CENTER

## JANUARY

WEEKEND WITHIN
January 19–21 • Carlsbad, CA

PERFECT HEALTH
2-7, 8-13, 29- February 3
• Carlsbad, CA

## FEBRUARY

LOVE BEYOND LIMITS
16–18 • Carlsbad, CA

PERFECT HEALTH
5-14 (10 Day), 19-24, 26-28 (Rest & Restore) • Carlsbad, CA

## MARCH

LIVING IN BALANCE
March 1-4 • Carlsbad, CA

PERFECT HEALTH
12-14 (Rest & Restore), 19-24, 26-31 (Wisdom Within) • Carlsbad, CA

## APRIL

SEDUCTION OF SPIRIT
April 30–May 5 • Carlsbad, CA

PERFECT HEALTH
2-7, 9-11 (Rest & Restore), 16-21, 23-28 • Carlsbad, CA

## MAY

Primordial Sound Meditation Teacher Training *ONLINE*
Starts May 2

WOMEN'S RETREAT
May 26–28 • Carlsbad, CA

PERFECT HEALTH
7-12, 14-19, 21-26, 28-June 2
• Carlsbad, CA

## JUNE

PERFECT HEALTH
4-6 (Rest and Restore), 18-23, 25-30 • Carlsbad, CA

## JULY

SEDUCTION OF SPIRIT
July 9-14, 2018 • Costa Rica

PERFECT HEALTH
16-18 (Rest and Restore),
23-August 1 (10 Day)• Carlsbad, CA

## AUGUST

LIVING IN BALANCE
August 2-5 • Carlsbad, CA

SILENT AWAKENINGS
August 25-26 (Teacher's Retreat)
August 26–September 2
• *Monterey Bay, CA*

PERFECT HEALTH
13-18, 20-25, 27-September 1
• Carlsbad, CA

## SEPTEMBER

Perfect Health Teacher Training *ONLINE*
Starts September 26

PERFECT HEALTH
10-15, 17-22, 24-29 • Carlsbad, CA

## OCTOBER

PERFECT HEALTH
8-13, 15-24 (10 Day) • Carlsbad, CA

I Am Infinite Possibilities
5-7 • Sedona, AZ

Primordial Sound Meditation Teacher Training *ONLINE*
Starts October 17

## NOVEMBER

PERFECT HEALTH
5-10 (Wisdom Within), 12-17,
26-December 5 (10 Day)
• Carlsbad, CA

## DECEMBER

PERFECT HEALTH
10-15, 17-19 (Rest and Restore)
• Carlsbad, CA

Find a Chopra Center Certified Instructor near you: **choprateachers.com**

**All Perfect Health dates are 6-day programs, unless otherwise noted.**
All workshops take place at Omni La Costa Resort & Spa in Carlsbad, California, unless otherwise noted.

For more information about the Chopra Center programs go to **chopra.com** or call **760.494.1639.**