



# HIGH PERFORMANCE JUNIOR TENNIS ACADEMY

## 2026 Winter/Spring Sessions:

**1: January 5th - February 21st 2: February 23rd - April 11th**

**3: April 13th - May 30th** (7 week sessions)

### HPA JUNIOR TENNIS (Invitation Only 10+)

This program is for dedicated tournament players, focusing on fitness, conditioning, mental toughness, point play, drilling, and match strategy. Participants will develop power, spin, footwork, and offensive/defensive tactics through live drills and supervised matches. Knowledge of rules and etiquette is required, and private lessons are recommended to refine individual playing styles.

### Mondays, Wednesdays or Thursdays 4:00-6:00pm

1 Day/Week: Members: \$320 | Non Members: \$395  
 2 Days/Week: Members: \$545 | Non Members: \$630  
 3 Days/Week: Members: \$695 | Non Members: \$770

### JUNIOR HIGH PERFORMANCE MATCH PLAY

This program is designed for competitive junior players who are ready to take their game to the next level. Match play sessions focus on building tactical awareness, mental toughness, and consistency under pressure. Players will gain valuable experience through structured singles and doubles competition, guided by professional coaching and feedback. Emphasis is placed on shot selection, point construction, and developing strategies to succeed in tournament play.

### Fridays 5:30-7:30pm

Members: \$40 | Non Members: \$50 (per date)

### Groups:

Group 1: UTR 1.0-1.99  
 Group 2: UTR 2.0-4.0  
 (Groups alternate weekly)

### JUNIOR HIGH MATCH PLAY SCHEDULE

Jan. 9 - Group 1 (UTR 1.0-1.99)  
 Jan. 16 - Group 2 (UTR 2.0-4.0)  
 Jan. 23 - Group 1 (UTR 1.0-1.99)  
 Jan. 30 - Group 2 (UTR 2.0-4.0)  
 Feb. 6 - Group 1 (UTR 1.0-1.99)  
 Feb. 13 - Group 2 (UTR 2.0-4.0)  
 Feb. 20 - Group 1 (UTR 1.0-1.99)

Feb. 27 - Group 2 (UTR 2.0-4.0)  
 March 6 - Group 1 (UTR 1.0-1.99)  
 March 13 - Group 2 (UTR 2.0-4.0)  
 March 20 - Group 1 (UTR 1.0-1.99)  
 March 27 - Group 2 (UTR 2.0-4.0)  
 April 3 - Group 1 (UTR 1.0-1.99)  
 April 10 - Group 2 (UTR 2.0-4.0)

April 17 - Group 1 (UTR 1.0-1.99)  
 April 24 - Group 2 (UTR 2.0-4.0)  
 May 1 - Group 1 (UTR 1.0-1.99)  
 May 8 - Group 2 (UTR 2.0-4.0)  
 May 15 - Group 2 (UTR 2.0-4.0)  
 May 22 - Group 1 (UTR 1.0-1.99)  
 May 29 - Group 2 (UTR 2.0-4.0)

**Register on the App:**

**Scan Below  
to Register**

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