

Due to the current COVID-19 pandemic, please be aware that we will be administering strict new health and safety protocols, and modifying on and off court formats and schedules. All information is subject to change due to constantly evolving CDC, national, state and local guidelines.



## JUNIOR TENNIS



# AFTER-SCHOOL JUNIOR TENNIS PROGRAM

## 2021 WINTER/SPRING SESSION DATES:

I: January 4th-February 20th | II: February 22nd-April 24th | III: April 26th-June 12th

(7 week sessions)

### TENNIS TOTS (AGES 4 & 5)

Participants in the Tots class learn the proper fundamentals for all tennis strokes with an emphasis on FUN! Games are used to help improve skills and learn proper technique. Since games are non-competitive, each class is a positive, low pressure tennis experience.

### LITTLE PROS (AGES 6 & 7)

No tennis experience is necessary. Participants learn strokes, footwork, anticipation, and tennis rules. The emphasis is on building rallies, and point playing. A positive attitude, sportsmanship, and proper technique are stressed.

### ACES (AGES 8-13)

Participants will focus on correct technique and all round game development. Serving, forehand, backhand, volleys, and overheads are incorporated in point playing scenarios. Participants will develop consistency, and an understanding of court positioning. Students will learn basic strategy, and the importance of correctly evaluating an opponent.

### BEGINNER TEEN TENNIS (AGES 14-18)

Our Beginner Teen Tennis class combines tennis technical development, intense physical activity, and a ton of fun into one action-packed 60-minute class. Players enrolled in drills and games that will provide a great workout while inspiring them to learn and love our favorite game.

#### 1 Day/Wk for 1 hr

Member: \$110  
Non-member: \$140

Mon. 3-3:45p.m.  
Thurs. 3-3:45p.m.  
Sat. 9-10a.m.

#### 2 Days/Wk for 1 hr

Member: \$195  
Non-member: \$260

Mon. 3-3:45p.m.  
Thurs. 3-3:45p.m.  
Sat. 9-10a.m.

Member: \$110  
Non-member: \$140

Tues. 3:30-4:30p.m.  
Fri. 3:30-4:30p.m.  
Wed. 4:30-5:30p.m.

Member: \$195  
Non-member: \$260

Tues. 3:30-4:30p.m.  
Fri. 3:30-4:30p.m.  
Wed. 4:30-5:30p.m.

Member: \$110  
Non-member: \$140

Tues. 4:30-5:30p.m.  
Fri. 4:30-5:30p.m.  
Wed. 3:30-4:30p.m.  
Sat. 1-2p.m.

Member: \$195  
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Tues. 3:30-4:30p.m.

For more information contact

Tennis Director Bryce Cunningham

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Register online at [lacostajrtennis.com](http://lacostajrtennis.com)



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