



# AFTER-SCHOOL JUNIOR TENNIS PROGRAM

2022 FALL SESSION DATES:

I: August 29th - October 15th | II: October 17th - December 10th

(7 week sessions)

## TENNIS TOTS (AGES 4 & 5)

Participants in the Tots class learn the proper fundamentals for all tennis strokes with an emphasis on FUN! Games are used to help improve skills and learn proper technique. Since games are non-competitive, each class is a positive, low pressure tennis experience.

## LITTLE PROS (AGES 6 & 7)

No tennis experience is necessary. Participants learn strokes, footwork, anticipation and basic tennis rules. The emphasis is on building a positive attitude, sportsmanship, and proper technique.

## ACES (AGES 8-13)

This class teaches advanced motor skills, coordination, tennis strokes, court awareness, and incorporates fun games. It also introduces them to point play, scoring, and basic strategy.

## BEGINNER TEEN TENNIS (AGES 14-18)

Our Beginner Teen Tennis class combines tennis technical development, intense physical activity, and a ton of fun into one action-packed 60-minute class. Players enrolled in drills and games that will provide a great workout while inspiring them to learn and love our favorite game.

1 Day/Wk for 1 hr

2 Days/Wk for 1 hr

Member: \$120  
Non-member: \$155

Mon. 3-3:45p.m.  
Thurs. 3-3:45p.m.  
Sat. 9-10a.m.

Member: \$210  
Non-member: \$280

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Thurs. 3-3:45p.m.  
Sat. 9-10a.m.

Member: \$120  
Non-member: \$155

Tues. 3:30-4:30p.m.  
Fri. 3:30-4:30p.m.  
Wed. 4:30-5:30p.m.

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Wed. 3:30-4:30p.m.  
Sat. 12-1pm

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For more information contact

Tennis Director Bryce Cunningham

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Register online at [lacostajrtennis.com](http://lacostajrtennis.com)

