

MOKARA





relax. revive. rejuvenate.

EXPERIENCE YOU IN A NEW LIGHT.

The Mokara Spa offers a unique opportunity to experience yourself from a relaxed perspective. In an oasis of rejuvenation, discover a vast array of treatments and amenities, wellness facilities and programs, salon services and more.

MASSAGES

MOKARA SIGNATURE MASSAGE

75 MINUTES

Experience a uniquely therapeutic and deeply relaxing treatment. With the use of a specifically chosen aromatherapy oil blend, one of our skilled therapists will perform a massage combining exclusive techniques with the use of hot and cold stones. Allow yourself to indulge in a truly unique and unforgettable experience.

SWEDISH MASSAGE

50 MINUTES | 80 MINUTES | 100 MINUTES

Our most popular massage and certainly one of our most enjoyable. The Mokara Swedish massage promotes relaxation, enhances circulation, relieves muscle pain and tension, improves flexibility and stimulates lymphatic flow to flush out toxins.

DEEP TISSUE MASSAGE

50 MINUTES | 80 MINUTES | 100 MINUTES

Experience the rejuvenating effects of a deep tissue massage, from increased circulation to enhanced muscle function and elasticity. Designed especially for guests who regularly receive massages, this intense indulgence helps restore proper body alignment and range of motion by focusing on the deeper layer of muscle tissue.

SPORTS MASSAGE

50 MINUTES | 80 MINUTES | 100 MINUTES

Perfect before or after your favorite sports activity. This vigorous massage targets the muscles most commonly used by athletes. Our sports massage combines Swedish-style massage with the benefits of trigger points, compression, stretches and cross-fiber friction techniques.

HOT STONE MASSAGE

50 MINUTES | 80 MINUTES

Stiffness and soreness slowly melts away as warm stones are glided along the body. This supremely relaxing massage harnesses the restorative power of thermotherapy — the direct application of warm stones and hands that thoroughly penetrates muscles. The result is a massage that eases discomfort and promotes a holistic sense of well-being.

MOTHER-TO-BE MASSAGE

50 MINUTES

A wonderful relaxing Swedish massage designed specifically for our moms-to-be in their second and third trimester.





MASSAGES

THAI MASSAGE

75 MINUTES

This ancient art, developed during the age of Buddha 2,500 years ago, includes a gentle manipulation of your sore muscles and attention to pressure points along the energy lines of your body. You'll emerge refreshed, energized and at peace. Loose-fitting clothing is required for this treatment.

THE ULTIMATE AROMATHERAPY MASSAGE

50 MINUTES | 80 MINUTES

With your selected oil blend, your therapist will use carefully applied pressure to stimulate the nervous system. Utilizing specific techniques along the spine, relieving muscular tension and encouraging healthy circulation, this treatment will dissolve away all of your stress, leaving you with a sense of balance and harmony.

ARNICA RESTORATION MASSAGE

50 MINUTES | 80 MINUTES

An ancient herbal remedy, arnica has been used throughout Europe as well as North and South America for centuries to help alleviate pain. This rejuvenating treatment incorporates the healing properties of arnica by utilizing stimulating massage oil followed by warm compresses and an application of arnica gel.

RIVER WALK FOOT FIX

50 MINUTES

This luxurious treatment begins with an invigorating foot scrub. A rich moisturizing cream is then massaged into the feet and calf muscles, followed by a cooling muscle gel. It's the perfect finish to an active day spent strolling along the River Walk or honing your skills on the golf course.

REFLEXOLOGY

25 MINUTES | 50 MINUTES

Reflexology, an ancient Chinese practice based on the theory that each organ in the body corresponds to a specific point on the foot or hand. This is a restorative treatment in which feet and hands are massaged to reestablish an optimal flow of energy or "chi" throughout the body.

THAI REFLEXOLOGY

50 MINUTES

Thai reflexology uses a specially designed teak instrument to apply pressure on the soles of the feet. This treatment involves joint mobility, relaxing massage techniques and the use of lotion. Like reflexology, Thai foot reflexology is grounded in the belief that specific points and areas on the feet correlate with the various systems and organs of the body.

MASSAGES

THERAPEUTIC MASSAGE

50 MINUTES | 80 MINUTES | 100 MINUTES

Let one of our highly trained therapists create a customized massage experience around your distinct needs. Whether you want to re-energize, detoxify or simply relax, this treatment combines a variety of massage techniques to help you reach your goal.

NIRVANA STRESS RELIEF MASSAGE

50 MINUTES | 80 MINUTES

This deeply revitalizing treatment uses aromatherapy and tranquil massage techniques to unwind the body, re-boot the mind and transform stress into balance. Choose from four aromatherapeutic blends of exotic herbs and essences, featuring ingredients, such as warm and grounding cardamom, calming neroli, clarifying balsam fir and energizing holy basil.

BLUE EUCALYPTUS ENERGIZING MASSAGE

50 MINUTES | 80 MINUTES

This holistic treatment combats adrenal fatigue caused by our modern 24/7 lifestyles. The session begins with a steaming blue eucalyptus inhalation to enhance immunity and is followed by a vigorous therapeutic massage with ginger root oil to rebalance the adrenal system.

HERBAL MASSAGES

50 MINUTES | 80 MINUTES | 100 MINUTES

BALANCE

A warming herbal massage that grounds the mind, eases muscle tension and restores internal balance.

REST

This deeply relaxing treatment, featuring long connective strokes, is designed to ease fatigue and soothe an over-stressed nervous system.

RENEW

This stimulating massage encourages and relieves muscle soreness and stiff joints while energizing the senses.

DETOX

This detoxifying treatment uses cleansing oils known for their decongestant and diuretic properties.

ENHANCEMENTS

SCALP & FACE MASSAGE

FEET TENSION RELIEF

AROMATHERAPY UPGRADE

Choice of eucalyptus, grapefruit, lavender or arnica





FACIALS

MOKARA PERSONALIZED FACIAL

50 MINUTES | 80 MINUTES

Experience dramatic results with this skin conditioning treatment designed to address inflammation, the primary cause of premature aging. The session begins with an exfoliating treatment to sweep away dead surface cells and impurities followed by a layer of our plant stem booster serum, which is clinically proven to improve the appearance of fine lines and wrinkles.

CAVIAR FACIAL

110 MINUTES

Mokara’s advanced estheticians will take your skin on a journey to the sea in this sophisticated facial. Precious green caviar, pearl protein and sea silk complex regenerate and hydrate for a radiant, glowing complexion. A scalp massage and foot and hand rituals complement this luxurious treatment. The ultimate and unforgettable experience.

HSR FACIAL

50 MINUTES

HSR Lifting is a luxurious moisturizing, anti-wrinkle facial range suitable for all skin types. Five high-performance active cosmetic ingredients are perfectly combined to help combat the appearance of all types of wrinkles and loss of tone. This innovative precision facial has a firming effect that helps skin appear smoother, more elastic and youthful.

REVERSIVE ANTIAGING FACIAL

80 MINUTES

Turn back time. Utilizing the revolutionary time-reverse technology of the BABOR Re-Youth Complex this innovative, luxury facial retains and extends skin cell lifespan, reactivates the skin’s own antiaging mechanism and reclaims lost radiance as it visibly softens fine lines and wrinkles. The lifting effects of this treatment are further intensified by the exclusive, deeply relaxing massage techniques.

SOOTHE AND RESTORE FACIAL

50 MINUTES

This healing and restorative facial is ideal for sensitive or rosacea-prone skin. Designed to calm inflammation and redness, this facial features regenerating sweet lupine and calendula, as well as our hydrating and soothing aloe replenishing gel masque to provide immediate relief for irritated skin.

MOISTURE DRENCH FACIAL

50 MINUTES

Nature’s cure for thirsty, moisture-deprived skin. This hydrating facial immediately replenishes the skin with deeply hydrating botanical blends. A sensorial soothing hibiscus enzyme peel smooths and calms stressed skin. A nourishing facial massage, utilizing our gotu kola healing balm, leaves skin radiant and protected from harsh environmental elements.



FACIALS

VITAMIN C BRIGHTENING FACIAL

50 MINUTES

This treatment helps to reverse the effects of sun damage and premature aging. Potent antioxidants and corrective botanical extracts revitalize the skin. Featuring a breakthrough vitamin C wrinkle repair serum that helps firm, brighten and dramatically reduce the appearance of wrinkles.

ALPHA BETA PEEL FACIAL

50 MINUTES | 80 MINUTES

This intermediate peel treatment is for a wide range of skin types and combines both alpha and beta hydroxyl acids to minimize the appearance of surface lines, smooth out rough texture, aid in clearing acne and help fade hyperpigmentation.

DEEP PORE-CLEANSING FACIAL

50 MINUTES

This treatment is great for congested pores, adult acne and is designed to reduce the production of oil in the skin. A deep cleansing facial that hydrates all skin types.

BACK SCULPTURE

50 MINUTES

A spa facial for your back. This treatment includes a deep exfoliation, a clarifying mask and an application of a hydrating moisturizer, leaving this hard to reach area with renewed clarity and smoothness.

ENHANCEMENTS

Complement your signature facial experience with a variety of enhancements. Select up to two enhancements for any 50- or 80-minute service.

SENSATIONAL EYES & LIPS

COLLAGEN BOOSTER MOISTURE VEIL

15 MINUTES

AHA GENTLE CHEMICAL ANTIAGING PEEL

15 MINUTES



BODY CARE

MOKARA INNER GLOW RITUAL

70 MINUTES

Your journey will begin with a refreshing head to toe body scrub. An aromatic melted shea butter is painted on the body as our expert spa therapists wrap you in a ultra hydrating cocoon. While in the wrap, you will experience a relaxing hot oil scalp treatment in your favorite essence. To conclude, the excess shea butter is massaged into the skin, leaving you hydrated and relaxed.

SUMMER RAIN MASSAGE

50 MINUTES | 70 MINUTES

As refreshing and invigorating as a summer rain, enjoy a full body Swedish massage under a cascade of warm water. The experience is enhanced by the use of aromatherapy oil for the massage.

70 minute massage will include a 20 minute body exfoliation.

DETOX & REVIVE

50 MINUTES

This treatment is perfect for times of over-indulgence or when you are feeling a little listless. The combination of a zesty citrus full body exfoliation, followed by an application of detoxifying aromatherapy oils, will leave you feeling invigorated and full of energy.

LEMONGRASS MIMOSA BODY SCRUB

50 MINUTES

This refreshing body scrub hydrates and brightens dull skin. Micronized walnut shells exfoliate, while mimosa and bamboo extracts create lasting softness. Sparkling notes of lemongrass combined with seductive floral aromas of jasmine and ylang-ylang stimulate the senses for total relaxation.

ESPRESSO MUD BODY POLISH & WRAP

50-MINUTE POLISH | 70-MINUTE WRAP

This deeply detoxifying, rich mud scrub blends traditional remedies to cleanse and replenish the skin. Enjoy the sweet, earthy notes of Indian tobacco and sarsaparilla with volcanic pumice and coffee arabica to exfoliate the skin and help draw out impurities.

DETOXIFYING SEAWEED WRAP

50 MINUTES

High in antioxidants and rich with vitamin A, this full body treatment will leave you smooth, soft and rejuvenated. The vitamins, minerals and protein will increase collagen production while helping to fight the appearance of cellulite.

LEMON VERBENA BODY POLISH & WRAP

50-MINUTE POLISH | 70-MINUTE WRAP

A two-step body polish and hydrating wrap, this body treatment leaves skin radiant and deeply nourished. Bright citrus notes of lemon verbena and gentle buffing grains are blended with aloe vera, oat protein and shea butter to soften the skin and ease discomfort of dryness. Following the scrub, the body is drenched in a soothing and smoothing treatment to promote deep hydration.





COUPLE'S RITUALS

COUPLE'S RETREAT MASSAGE

50 MINUTES | 80 MINUTES | 100 MINUTES

Treat yourself and a companion to the ultimate relaxation. A dual massage in the comfort of our couple's suite. Each session is conducted by two of our highly skilled massage therapists.

RIVER WALK ROMANCE RITUAL

2.5 HOURS

Enjoy our 80-minute Mokara Inner Glow Ritual in the comfort of our couple's suite followed by lunch at the Rooftop Café.

BODY REJUVENATION

75 MINUTES

Restore your body including a dual 50-minute hot stone massage followed by a 25-minute reflexology massage in the comfort of our couple's suite.

MEMORABLE OCCASION

3.5 HOURS

What better gift is there than that of your time? What about creating a shared memory? This package, designed for two people, includes a dual 50-minute Swedish massage in the comfort of a private treatment suite followed by dual spa pedicures and lunch at the Rooftop Café.

PERSONAL JOURNEYS

GIRL'S DAY OUT

3 HOURS

The ultimate way to pamper yourself while spending time with friends. This package includes a 50-minute Mokara Personalized Facial, a 50-minute Swedish Massage and lunch at the Rooftop Café.

MOTHER-TO-BE SPA GETAWAY

5 HOURS

Specially designed for the mothers-to-be. These special therapies will help her to embrace the many emotional, hormonal and physical changes unique to motherhood. The Spa Getaway consists of a 50-minute mother-to-be massage, a 50-minute Mokara Personalized Facial, a 50-minute Mokara Manicure, a 50-minute Mokara Pedicure and lunch at the Rooftop Café.

GENTLEMEN'S GETAWAY

4.5 HOURS

Men need spa days too. That's why Mokara has created the Spa for Him package. This package contains a 50-minute Sports or Deep Tissue Massage, a 50-minute Gentlemen's Refining Facial, a 25-minute Gentlemen's Nail Grooming for hands, a 50-minute Gentlemen's Pedicure for feet and lunch at the Rooftop Café.

SPA FOR HER

5 HOURS

Pamper yourself and feel renewed and beautiful with a 50-minute Swedish massage, a 50-minute Mokara Personalized Facial, a 50-minute Mokara Pedicure, a 50-minute Mokara Manicure and lunch at the Rooftop Café.

ULTIMATE SPA ESCAPE

6 HOURS

Indulge in a luxury experience with high-end spa treatments that consist of a 50-minute Hot Stone Massage, a 50-minute Mokara Personalized Facial, a 50-minute Detox and Revive Body Treatment, a 50-minute Mokara Pedicure, a 50-minute Mokara Manicure and lunch at the Rooftop Café.

PERSONALIZED JOURNEY

Select three spa treatments 50 minutes or longer and enjoy a 15% savings.

Package cannot be extended to more than one guest. Lunch is not considered a spa treatment. Services must all be scheduled and redeemed in the same day.

JUST FOR MEN

MEN'S SPORTS MASSAGE

50 MINUTES | 80 MINUTES | 100 MINUTES

Perfect before or after your favorite sports activity. This vigorous massage targets the muscles most commonly used by athletes. Our sports massage combines Swedish-style massage with the benefits of trigger points, compression, stretches and cross-fiber friction techniques.

MEN'S DEEP TISSUE MASSAGE

50 MINUTES | 80 MINUTES | 100 MINUTES

Experience the rejuvenating effects of deep tissue massage, from increased circulation to enhanced muscle function and elasticity. Designed especially for guests who regularly receive massages, this intense indulgence helps restore proper body alignment and range of motion by focusing on the deeper layer of muscle tissue.

PURE SKIN PERFORMANCE

50 MINUTES

Let your face do the talking. Organic Male OM4 products leverage the latest green science skin technology to build skin endurance and intercept aging at its source. Steaming towels, relaxing neck and shoulder massage and a uniquely cocktailed skin treatment combine to rebalance environmentally stressed male skin and deliver immediate and noticeable results.

GENTLEMEN'S HAND TREATMENT

25 MINUTES

Specifically designed for men, this treatment moisturizes and invigorates while leaving skin hydrated and looking incredibly groomed and refreshed. Treatment includes cuticle trimming and a natural buff.

GENTLEMEN'S FOOT TREATMENT

50 MINUTES

Specifically designed for men, this treatment moisturizes and invigorates while leaving skin hydrated and looking incredibly groomed and refreshed. Treatment includes cuticle trimming and a natural buff.





SALON

HAIR SERVICES

- Cut & blow dry — short
- Cut & blow dry — medium
- Cut & blow dry — long
- Cut & blow dry — extra long
- Men’s haircut
- Children’s haircut
- Bangs trim
- Beard trim

BLOW-DRY

- Short
- Medium
- Long
- Extra Long
- Extensions

UPDO

EVENT STYLE OR CURLS*

CHEMICAL SERVICES

- Single process color*
- Touch-up color
- Color gloss

*Does not include shampoo and blow-dry.

HIGHLIGHTS**

- Full head
 - Half head
 - Individual foil (up to 6 foils)
- **Price varies due to length and thickness of hair.

HAIR TREATMENTS

30 MINUTES

- Signature moisture mask

30 MINUTES

- Purifying treatment for dandruff
- Anti-bacterial/anti-inflammatory

25 MINUTES

- Well-being scalp treatment massage

BRIDAL SERVICES

- Bridal updo consultation*
- Bridal design*
- Bridal makeup consultation
- Bridal makeup
- Accessory addition



BEAUTY CARE

WAXING SERVICES

- Ears
- Lip
- Cheeks
- Forehead
- Chin
- Neck
- Underarm
- Half arm
- Full arm
- Back & shoulders
- Half leg
- Full leg
- Abdomen
- Chest
- Bikini
- Bikini Plus
- Brazilian
- Brow shaping** Includes wax, tweeze and trim.
- Full face** Does not include brow shaping.
- Nose** Includes nostrils.
- Men's grooming** Includes brows, nose and ears.

TINTING SERVICES

- Eyebrow tint
- Eyelash tint

NAILS

CLASSIC MANICURE

25 MINUTES
Reshape nails, touch up cuticles, massage and hydrate hands.

MOKARA MANICURE

50 MINUTES
Designed especially for dry, chapped hands, our luxurious exfoliating scrub gently polishes the skin in preparation for the moisturizing massage that follows.

GENTLEMEN'S MANICURE

25 MINUTES
Specifically designed for men, this treatment moisturizes and invigorates while leaving skin hydrated and looking incredibly groomed and refreshed. Treatment includes cuticle trimming and a natural buff.

MOKARA PEDICURE

50 MINUTES
Perfect for the active lifestyle, this pedicure is designed for feet in need of intensive renewal. Your skin will be treated to a luxurious scrub, mask and massage. Cuticles are perfected and nails are trimmed, shaped, buffed and polished.

DELUXE PEDICURE

80 MINUTES
All the elements of the Mokara Pedicure with the addition of paraffin and additional massage.

GENTLEMEN'S PEDICURE

50 MINUTES
Specifically designed for men, this treatment moisturizes and invigorates while leaving skin hydrated and looking incredibly groomed and refreshed. Treatment includes cuticle trimming and a natural buff.

POLISH CHANGE FOR HANDS

25 MINUTES

POLISH CHANGE FOR FEET

25 MINUTES

GEL REMOVAL

25 MINUTES

ADD-ON SERVICES

- French polish for hands and/or feet
- Paraffin for hands and/or feet
- Gel polish for hands and/or feet

DETAILS

SPA & SALON HOURS

Open Thursday – Monday | 10 a.m. – 5 p.m.

SPA CUISINE

Specially designed by our Executive Chef, our spa cuisine is a delicious option to include with your spa treatments and packages. The varied menu features natural foods — fresh fish, poultry, fruits, vegetables as well as house made salads, dressings and soups. Our Mokara Spa guests will enjoy their healthy meal on the Rooftop Café.

SPA BOUTIQUE AND GIFTING SERVICE

To continue your treatment benefits, a comprehensive offering of home care products, including those recommended by your therapist, are available in the Mokara Spa Boutique on the lobby level of the Spa. We also have developed a fine selection of gift items so you can spoil yourself and loved ones back home. Mokara gift bags are available to be delivered to your room. If you are unable to carry your purchase in your luggage, we can arrange for it to be sent via courier to your desired destination upon your request.

GIVE THE GIFT OF RELAXATION

Our Mokara Spa gift card is a thoughtful present for every occasion. Choose from any of our treatments and services or packages and programs to gift the opportunity of experiencing truly memorable relaxation and rejuvenation.

BRIDAL & WEDDING PACKAGES

Bridal & wedding packages at Mokara Spa are exclusively designed to satisfy the bride, groom and bridesmaids. Radiance and beauty await you on your special day.





CALL TODAY TO MAKE YOUR SPA APPOINTMENT.

212 West Crockett Street, San Antonio TX 78205 • 210-396-5840

MokaraSpas.com/SanAntonio

MOKARA
HOTEL  SPA