



PICK YOUR BREAKS

Select one AM break and one PM break for \$50* per person. Breaks must not exceed 40 person maximum.

AM BREAKS | CHOOSE ONE

THE REFRESHER

Fruit smoothie - banana, mixed berries, yogurt
Vegetable smoothie - apple, kale, spinach, ginger, lemon
Energy smoothie - pomegranate juice, acai, raspberries

LIQUID ENERGY

Starbucks double shots, Red Bulls, Amps
Carrot juice
“Green machine” smoothie
Strawberry-banana smoothie
Mixed berry smoothie
Coffee, decaffeinated coffee, teas

HEALTHY LIFESTYLE

“Green machine” smoothie
Build your own trail mix
Seasonal sliced fruit
Build your own breakfast trifles: organic yogurt, chia seeds, seasonal berries, house-made granola, Virginia honey

PM BREAKS | CHOOSE ONE

RETRO CANDY

M&M's, Hershey's, Kisses, Reese's Pieces, Wonka's selection of Gobstoppers, Swedish Fish, Nerds, salt water taffy, & Pixie Stix

LOW CARB

Individual vegetable display, green goddess dressing,
Selection of warm gourmet olives
Sweet & spicy bacon sticks
House roasted mixed nuts

FIT FOR YOU

Individual seasonal mini fruit skewers
Deviled eggs: classic, bacon, lump crab-old bay
Chickpea hummus, sumac, crisp flat bread
Tabbouleh salad, lavosh

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*All prices listed are subject to additional sales tax and service charge.